



## COVID-19 INCIDENT UPDATE: April 30, 2021

Statistics from April 29, 2021

INCIDENT FACTS AND SUMMARY			
Total Confirmed Cases: <b>11,901</b>	Hospitalized in Shasta County <b>10</b>	In Isolation <b>121 (estimate)</b>	Active Cases <b>131 (estimate)</b>
Confirmed Cases Thursday <b>21</b>	Currently in the Intensive Care Unit (ICU) <b>4</b>	Available Regional ICU Capacity <b>27.3%</b>	Released from Isolation to Date <b>11,550</b>
Newly Received Negative Tests <b>753</b>	Number of Tests in the Past 14 Days (+ and -) <b>8,025</b>	Total Tests <b>199,081</b>	Deaths <b>220</b>

### CURRENT SITUATION

- We had 21 cases Thursday, including 11 men and 10 women:
  - 2 children under age 13
  - 4 teenagers
  - 6 people in their 20s
  - 3 people in their 30s
  - 4 people in their 40s
  - 2 people in their 50s
- Don't forget about the Johnson & Johnson and Moderna clinic scheduled for Lakehead on Saturday (May 1). If you live in the Lakehead area and wish to be vaccinated, you can sign up at [myturn.ca.gov](https://myturn.ca.gov), or you can drop by the Lakehead Lions Club (20814 Mammoth Drive, Lakehead) between 10 a.m. and 4 p.m. Saturday.
- **Myth:** More than 90 percent of people who have died from COVID had a terminal illness. **Fact:** More than 90 percent of people who have died from COVID had an **underlying health condition**. Some of the most common conditions include being overweight, being a smoker, or having high blood pressure, diabetes or asthma. Many Shasta County residents have these conditions. They can often be managed by medication or lifestyle changes and may never cause their death. Unfortunately, these conditions may make COVID-19 symptoms worse, which can lead to premature death. In these cases, the death would not have happened without a COVID infection.
- **Question:** Do most people have major side effects after the vaccine? **Answer:** No. After COVID-19 vaccination, your arm may hurt where you got your shot or you may have redness or swelling. You may be tired or have a headache, muscle pain, chills, fever, or nausea. These are normal signs that your body is building immunity. They may affect your ability to do daily activities, but should go away in a few days. Some people have no side effects. If you have experienced a side effect after COVID-19 vaccination, you should report it to [VAERS](https://vaers.hhs.gov) (Vaccine Adverse Event Reporting System) and [V-safe](https://v-safe.hhs.gov) (After Vaccination Health Checker).