



COVID-19 INCIDENT UPDATE: April 1, 2021

Statistics from March 31, 2021

INCIDENT FACTS AND SUMMARY			
Total Confirmed Cases:	Hospitalized in Shasta County	In Isolation	Active Cases
11,381	10	97 (estimate)	107 (estimate)
Confirmed Cases Wednesday	Currently in the Intensive Care Unit (ICU)	Available Regional ICU Capacity	Released from Isolation to Date
28	2	33.1%	11,067
Newly Received Negative Tests	Number of Tests in the Past 14 Days (+ and -)	Total Tests	Deaths
896	6,671	179,081	207

CURRENT SITUATION

- We had 28 cases Wednesday, including 13 men and 15 women:
 - 3 children under age 13
 - 3 teenagers
 - 6 people in their 20s
 - 4 people in their 30s
 - 1 person in their 40s
 - 2 people in their 50s
 - 2 people in their 60s
 - 3 people in their 70s
 - 2 people in their 80s
 - 2 people over age 89
- Healthy people age 50 and older are now eligible to receive vaccine. To make an appointment, please go to www.ShastaReady.org and click on "Vaccinations." Many appointments are available in many locations.
- **Question:** How does the COVID vaccine work? **Answer:** The Pfizer and Moderna vaccines use messenger RNA (mRNA), while the Janssen vaccine by Johnson & Johnson uses viral vector technology. In both cases, the vaccines teach cells in our body to make the harmless protein spike found on the outside of the virus that causes COVID-19. The harmless protein spikes make our immune system think we've been infected, producing an immune response that creates antibodies. If a person is exposed to the virus that causes COVID in the future, the antibodies will recognize and attack the virus, preventing infection. All three brands are safe and effective.
- Easter Sunday is just a few days away, and so far, it looks like no rain. With a little creativity, you can make a few adjustments to your Easter traditions to reduce risk without reducing any of the fun. Hold your egg hunt outdoors, and if you want to include more than three households, moving your Easter brunch to a virtual meeting is a great way to safely include all of your loved ones.