



COVID-19 INCIDENT UPDATE: March 29, 2021

Statistics from March 26 and 27, 2021

INCIDENT FACTS AND SUMMARY			
Total Confirmed Cases: 11,365	Hospitalized in Shasta County 7	In Isolation 86 (estimate)	Active Cases 93 (estimate)
Confirmed Cases Friday and Saturday 13 Friday, 19 Saturday	Currently in the Intensive Care Unit (ICU) 0	Available Regional ICU Capacity 29.1%	Released from Isolation to Date 11,068
Newly Received Negative Tests 1,385	Number of Tests in the Past 14 Days (+ and -) 8,091	Total Tests 177,045	Deaths 204

CURRENT SITUATION

- We had 32 cases Friday and Saturday, including 16 men and 16 women:
 - 2 children under age 13
 - 8 teenagers
 - 3 people in their 20s
 - 3 people in their 30s
 - 3 people in their 40s
 - 3 people in their 50s
 - 5 people in their 60s
 - 2 people in their 70s
 - 3 people in their 80s
- We are sorry to have to report two deaths today. They were a man in his 70s and a woman over age 89.
- **Question:** If I'm on quarantine and I test negative, can I end my quarantine early? **Answer:** Quarantine is necessary if you have been within 6 feet of a positive patient for more than 15 minutes, because you may have gotten COVID-19 from that person. If you don't develop symptoms, your quarantine lasts for 10 days after your last exposure to that person, because that's the period of time in which you could become infectious. You should continue to monitor for symptoms through Day 14 after your exposure. Public Health recommends that you get tested, but in most cases, it will not end your quarantine early. Learn more about quarantine at www.ShastaReady.org; click "Quarantine and Isolation Instructions."
- The state has released new guidance for [live events and entertainment with audiences](#). Shasta County is in the red tier, so this means that effective April 1, outdoor venues can open for performances or events with live audiences with a maximum 20 percent capacity. Audiences are limited to California residents and advance reservations are required, among other modifications.