



## COVID-19 INCIDENT UPDATE: January 4, 2021

Statistics from December 31, 2020 and January 1 and 2, 2021

INCIDENT FACTS AND SUMMARY			
Total Confirmed Cases: <b>8,268</b>	Hospitalized in Shasta County <b>40</b>	In Isolation <b>372 (estimate)</b>	Active Cases <b>412 (estimate)</b>
Confirmed Cases Thursday, Friday and Saturday <b>113 Thursday, 58 Friday, 37 Saturday</b>	Currently in the Intensive Care Unit (ICU) <b>8</b>	Available Regional ICU Capacity <b>30.0%</b>	Released from Isolation to Date <b>7,778</b>
Negative Tests Thursday, Friday and Saturday <b>2,381</b>	Negative Tests to Date <b>110,288</b>	Total Tests <b>118,556</b>	Deaths <b>78</b>

### CURRENT SITUATION

- We had 208 cases on Thursday, Friday and Saturday, including 84 men and 124 women:
  - 7 children under age 13
  - 17 teenagers
  - 27 people in their 20s
  - 37 people in their 30s
  - 24 people in their 40s
  - 35 people in their 50s
  - 29 people in their 60s
  - 13 people in their 70s
  - 14 people in their 80s
  - 4 people over age 89
  - 1 person of unknown age
- Are you a small business owner in need of economic relief? The state's Small Business COVID-19 Relief Grant Program is designed to help small businesses impacted by COVID-19. The \$500 million program covers a wide range of expenses incurred as a result of the pandemic. Grants range from \$5,000 to \$25,000. Applications are due Jan. 8. Learn more at [www.CAReliefgrant.com](http://www.CAReliefgrant.com).
- Let's all start the new year with a resolution to stay healthy! Here are a couple of tips:
  - Get your flu shot – it's the easiest way to protect yourself from seasonal flu. Learn more at [www.ShastaFluShots.com](http://www.ShastaFluShots.com).
  - Find a new walking or biking trail. Visit [www.HealthyShasta.org](http://www.HealthyShasta.org) for maps.
  - Make appointments for your routine medical care. You can and should make appointments for screenings, preventive care and chronic disease management. Early detection saves lives.
  - Do a mental health self-check. Visit [www.ShastaReady.org](http://www.ShastaReady.org) and click "Caring for your mental health" for some tips on coping with stress and anxiety.