



COVID-19 INCIDENT UPDATE: March 11, 2021

Statistics from March 10, 2021

INCIDENT FACTS AND SUMMARY			
Total Confirmed Cases:	Hospitalized in Shasta County	In Isolation	Active Cases
11,163	9	101 (estimate)	110 (estimate)
Confirmed Cases Wednesday	Currently in the Intensive Care Unit (ICU)	Available Regional ICU Capacity	Released from Isolation to Date
14	4	37.3%	10,865
Newly Received Negative Tests	Number of Tests in the Past 14 Days (+ and -)	Total Tests	Deaths
1,090	7,537	166,169	188

CURRENT SITUATION

- We had 14 cases Wednesday, including 7 men and 7 women:
 - 2 children under age 13
 - 2 people in their 20s
 - 1 person in their 30s
 - 1 person in their 40s
 - 1 person in their 50s
 - 5 people in their 60s
 - 1 person in their 70s
 - 1 person over the age of 89
- We are sorry to have to report six deaths today. They are a man in his 50s, two women in their 80s, a woman over 89, and two men over 89.
- **VACCINE CLINICS:** Several first- and second-dose clinics are available in the next few weeks in Shasta County. Learn more at www.ShastaReady.org – click on “Vaccinations.”
- **Question:** How long does it take for the vaccine to be effective and provide protection against COVID-19? **Answer:** Immunity begins about 2 weeks after the first dose, but maximum immunity may not be achieved for 2 to 4 weeks after the second dose. It may take 6 to 8 weeks to get the full benefits of the vaccine. Therefore, it is possible that a person could be infected by COVID-19 just before or just after vaccination and then get sick because the vaccine did not have enough time to provide full protection. This means even fully vaccinated people should continue to get tested if they experience COVID symptoms, wear a mask and social distance.
- Feeling overwhelmed by the pandemic? Experiencing grief from the loss of a loved one or job? Get tools to cope with stress and process trauma by joining an online mind-body skills group. It is not therapy, but an opportunity to connect with others and learn practical, healthy skills to deal with life’s challenges. Learn more at www.ShastaSelfCare.org.