



Shasta County

DEPARTMENT OF RESOURCE MANAGEMENT
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HEALTH NOTICE TO FOOD HOTEL/MOTEL AND BED & BREAKFAST OPERATORS IN SHASTA COUNTY

Shasta County Environmental Health Division (SCEHD) is asking for your assistance to help prevent the spread of the recent coronavirus disease 2019 (COVID-19) in Shasta County as cases occur locally. You can take part in preventing the spread of COVID-19.

What is COVID-19?

Coronaviruses are a large family of viruses that spread from person-to-person. Information to date shows this new virus causes symptoms consistent with a respiratory illness, such as cough, fever, and, in some, shortness of breath or difficulty breathing.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing

Or at least two of these symptoms:

- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

How is COVID-19 spread?

COVID-19 is spread to others by an infected person who may or may not have symptoms as follows:

- Droplets produced when an infected person coughs or sneezes;
- Close personal contact, such as caring for an infected person;

☐ Suite 101
AIR QUALITY MANAGEMENT DISTRICT
(530) 225-5674
Fax (530) 225-5237

☐ Suite 102
BUILDING DIVISION
(530) 225-5761
Fax (530) 245-6468

☐ Suite 103
PLANNING DIVISION
(530) 225-5532
Fax (530) 245-6468

☐ Suite 201
ENVIRONMENTAL HEALTH DIVISION
(530) 225-5787
Fax (530) 225-5413

☐ Suite 200
ADMINISTRATION
(530) 225-5789
Fax (530) 225-5807

- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands.

Recommended strategies to prevent exposures to respiratory illnesses, including COVID-19:

- Establish a written, worksite-specific, COVID-19 prevention plan at every location. Keep a copy of the plan at the facility. Follow the COVID-19 Industry Guidance and Checklist for your plan:
 - <https://covid19.ca.gov/pdf/guidance-hotels.pdf>
- Ensure that employees have access to alcohol-based hand sanitizer that contains at least 60-95% alcohol.
- Provide training to employees on proper use of cloth face coverings, gloves, hand washing, and other routine preventive measures (personal protective equipment is advised when interacting with customers and when employees cannot maintain 6 feet from others.)
- Routinely clean and disinfect all frequently touched surfaces, such as tables, remote controls, refrigerators, reusable literature/menus, light switches, doorknobs, handrails, telephones, clocks/radios, microwaves, coffee makers and countertops. Use the cleaning agents that are usually used in these areas and follow the directions on the label. Do not mix chemicals!
- Cups left in rooms for guest use shall be washed between guest stays. Disposable cups and utensils shall be discarded between guest stays, even if not used. Contamination can still occur even if items are not used.
- Place barriers between customers and staff at the check-in/out counter to prevent transmission of COVID-19.
- Sanitize keycards between customers if they are reused.
- Wash all linens, including comforters and robes between customers, even if it looks like they have not been used.
- Ensure bathrooms are sanitized as well as thoroughly cleaned between occupants.
- If you offer self-serve breakfast, be sure to place whole fruit under a sneeze guard. Otherwise, customers can contaminate the fruit by coughing on it and guests will consume the contamination directly from the fruit or from the contamination on their hands after handling the fruit.
- **Do not allow employees that are sick to work.** Offering paid time off for sick employees is ideal.
- Post informational flyers at the facility entrances that advise people to protect others and stay home when sick. A flyer can be found at the website link below:

https://www.co.shasta.ca.us/docs/libraries/hhsa-docs/healthandsafety/stopspreadinggerms2020.pdf?sfvrsn=e6e7f089_2

Facility owners/operators can call the COVID-19 Hotline at (530) 245-7894 with additional questions. We encourage you to visit the Shasta Ready webpage for additional resources:

<https://www.co.shasta.ca.us/covid-19/overview>

SCEHD continues to be open to provide public services, at this time, and can be contacted by phone at (530) 225-5787 or email at scehd@co.shasta.ca.us. We appreciate your commitment and dedication to keeping residents and visitors in the County of Shasta healthy.