



# Shasta County

DEPARTMENT OF RESOURCE MANAGEMENT  
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## HEALTH NOTICE TO GROCERY STORE OPERATORS IN SHASTA COUNTY

Shasta County Environmental Health Division (SCEHD) is asking for your assistance to help prevent the spread of the recent coronavirus disease 2019 (COVID-19) in Shasta County as cases occur locally. You can take part in preventing the spread of COVID-19.

### What is COVID-19?

Coronaviruses are a large family of viruses that spread from person-to-person. Information to date shows this new virus causes symptoms consistent with a respiratory illness, such as cough, fever, and, in some, shortness of breath or difficulty breathing.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing

*Or at least two of these symptoms:*

- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

### How is COVID-19 spread?

COVID-19 is spread to others by an infected person who may or may not have symptoms as follows:

- Droplets produced when an infected person coughs or sneezes;
- Close personal contact, such as caring for an infected person;

☐ Suite 101  
AIR QUALITY MANAGEMENT DISTRICT  
(530) 225-5674  
Fax (530) 225-5237

☐ Suite 102  
BUILDING DIVISION  
(530) 225-5761  
Fax (530) 245-6468

☐ Suite 103  
PLANNING DIVISION  
(530) 225-5532  
Fax (530) 245-6468

☐ Suite 201  
ENVIRONMENTAL HEALTH DIVISION  
(530) 225-5787  
Fax (530) 225-5413

☐ Suite 200  
ADMINISTRATION  
(530) 225-5789  
Fax (530) 225-5807

- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands.

### **Recommended strategies to prevent exposures to respiratory illnesses, including COVID-19:**

- Establish a written, worksite-specific, COVID-19 prevention plan at every location. Keep a copy of the plan at the facility.
- Ensure that employees have access to alcohol-based hand sanitizer that contains at least 60-95% alcohol.
- Consider assigning specific staff to just clean the facility throughout their shift.
- Routinely clean and disinfect all frequently touched surfaces such as shopping cart handles, motorized scooters, refrigerator/freezer door handles, scales, debit/credit key pads, self-check stands, and checkout conveyor belts. Use the cleaning agents that are usually used in these areas and follow the directions on the label. Do not mix chemicals!
- Ensure bathrooms are sanitized as well as thoroughly cleaned at regular intervals. Sanitize the handles for the bathroom doors even more often.
- Follow the COVID-19 Industry Guidance and checklist for dine-in services:
  - <https://covid19.ca.gov/pdf/guidance-dine-in-restaurants.pdf>
  - <https://covid19.ca.gov/pdf/checklist-dine-in-restaurants.pdf>
- Provide training to employees on proper use of cloth face coverings, gloves, hand washing, and other routine preventive measures (Personal protective equipment is advised when interacting with customers and when employees cannot maintain 6 feet from others.)
- Frequently sanitize counters and cases that are between customers and staff where orders are taken. These surfaces can become contaminated as people talk over them.
- Place barriers between customers and staff at checkout to prevent transmission of COVID-19.
- Please continue to keep your self-service areas closed to prevent customers from congregating and contaminating shared surfaces.
- **Do not allow employees that are sick to work.** Offering paid time off for sick employees is ideal.
- Post informational flyers at the facility entrances that advise people to protect others and stay home when sick. A flyer can be found at the website link below:

[https://www.co.shasta.ca.us/docs/libraries/hhsa-docs/healthandsafety/stopspreadinggerms2020.pdf?sfvrsn=e6e7f089\\_2](https://www.co.shasta.ca.us/docs/libraries/hhsa-docs/healthandsafety/stopspreadinggerms2020.pdf?sfvrsn=e6e7f089_2)

Facility owners/operators can call the COVID-19 Hotline at (530) 245-7894 with additional questions. We encourage you to visit the Shasta Ready webpage for additional resources:

<https://www.co.shasta.ca.us/covid-19/overview>

SCEHD continues to be open to provide public services, at this time, and can be contacted by phone at (530) 225-5787 or email at [scehd@co.shasta.ca.us](mailto:scehd@co.shasta.ca.us). We appreciate your commitment and dedication to keeping residents and visitors in the County of Shasta healthy.