

Stand Against Stigma Committee
Hill Country CARE Center - 1401 Gold St.

AGENDA

January 14, 2020

1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members – Connie Webber MHADAB; Bonnie Hyatt, NorCal OUTreach; William Battles, People First; Tina Stephenitch, Olberg Supervisor; James Daniels, Community Member; Stephanie Lopez-Charlten, Student Nurse; Michai Renard, Student Nurse; Hannah Youngman-Tiner, Student Nurse; Marci Fernandez, Community Member

Shasta HHSa Staff – Christopher Diamond, CES; Gene Ward, HHSa Drug and Alcohol Counselor; Rhonda Schultz, Community Development Coordinator; Jehoisabiah Englin, HHSa Peer Support Specialist; Tracy Osterday, Public Health Nurse; Kim Limon, Adult Services OA Supervisor; Ajia McAferty, CES

Agenda Item	Discussion	Notes & Actions
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>	Christopher (formally Carrie Jo) briefly let the committee know that he has started gender transition from female-to-male and provided a handout with some basic vocabulary and tips for being supportive.
2. Special Guest, Presentation and/or Discussion	Brave Faces Talk – Jehoisabiah “Josie” Englin	Josie shared her story of mental health recovery and experiences living with PTSD, Major Depressive Disorder and domestic abuse survival. Josie is also a Peer Support Specialist with HHSa, a job she loves to do, because she is able to give hope to the people she serves on a daily basis.
3. Resource Sharing	<p>Community Partner Updates – Open to all</p> <p>MHSA Stakeholder Survey: https://shastahhsa.sjc1.qualtrics.com/jfe/form/SV_9YtXKOUoFIHkTCI</p>	<p>Connie Webber talked about the Emergency Preparedness for Far Northern Regional Center is putting on for people with disabilities. It will be happening on April 14 at the Mormon Church across from Enterprise High School.</p> <p>Along the same note, Tina Stephenitch said NVCSS currently has funding to do</p>

		Emergency Preparedness Awareness Trainings for any business, organization or agency in the County. NVCSS also has crisis counseling support for 2018 wildfire survivors. Contact April De Mercurio for details.
4. Community Planning, Education and Collaboration	Minds Matter and Mental Health Month	Christopher announced that the contract has been approved and the Minds Matter Mental Health Festival will be held at the Sundial Bridge again on Friday, May 8, 2020. The registration form will go out soon.
5. December/ January in Review	<p>Speaking Engagements</p> <ul style="list-style-type: none"> December – National University MFT class (12/13) <p>Community Outreach</p> <ul style="list-style-type: none"> January – Redding Health Expo <p>Events</p> <ul style="list-style-type: none"> No events. 	
6. Upcoming Events, Presentations and Outreach	<p>Speaking Engagements</p> <ul style="list-style-type: none"> February – Dignity Health Connected Living staff (2/20). <p>Community Outreach</p> <ul style="list-style-type: none"> January – Dr. Lake talk on combating bullying in school settings. <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> Becoming Brave Training (s) – 2020 training dates – 2/22, 6/6, 7/18, 11/14; 10 a.m.-5 p.m. in the Boggs Conference Center 	
7. Gallery	<p>New portraits</p> <ul style="list-style-type: none"> Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert, Josie Englin <p>Currently on display at:</p> <ul style="list-style-type: none"> Shingletown Medical Center, HHS Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building. Shasta County Mental Health 	

<p>8. Social Media/Website</p>	<p>Facebook</p> <ul style="list-style-type: none"> • Monthly Brave Faces presentation highlights <p>Instagram</p> <ul style="list-style-type: none"> • @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> • Hoping to launch in February 2020 	<p>Christopher updated the committee on the new website which features event information, resources, Minds Matter Media, and more, in addition to the Brave Faces Gallery.</p>
<p>9. Minds Matter TV/Podcast</p>	<p>Working to have previously taped episodes aired by May.</p>	<p>Christopher let the committee know that the Minds Matter TV/Podcast is back up and running. The goal is to have at least one episode aired during Mental Health Month and that we will resume production in the summer.</p>