

Stand Against Stigma Committee

GoToMeeting

AGENDA

July 14, 2020

1:30-3 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members – Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>	
2. Special Guest, Presentation and/or Discussion	Brainstorming session: <ul style="list-style-type: none">Minds Matter TV/Podcast Episodes	
3. Resource Sharing	Community Partner Updates – Open to all	
4. Community Planning, Education and Collaboration	Future events	
5. Review of Recent Events, Presentations and Outreach	Speaking Engagements <ul style="list-style-type: none">IOT (6/16) Community Outreach <ul style="list-style-type: none">Cancelled due to COVID-19	

	<p>Events</p> <ul style="list-style-type: none"> • Virtual Mental Health Month <ul style="list-style-type: none"> ○ Mind-Body Skills Workshop – 6-8 p.m., Wednesday, 6/24 ○ What is WRAP – 12-1 p.m., Friday, 6/26 ○ Refocus (Journaling) - 11 a.m.-1 p.m., Tuesday, 6/30 ○ Untangling Uncertainty – TBA (sometime May 25-29, 2020) 	
6. Upcoming Events, Presentations and Outreach	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • One Safe Place (TBA) • Open to requests for online presentations. Themed presentations to come. <p>Community Outreach</p> <ul style="list-style-type: none"> • Cancelled due to COVID-19 <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> • Becoming Brave Training (s) – ? 	
7. Gallery	<p>New portraits</p> <ul style="list-style-type: none"> • Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert, Josie Englin <p>Currently on display at:</p> <ul style="list-style-type: none"> • Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building. • Shasta County Mental Health 	
8. Social Media/Website	<p>Facebook</p> <ul style="list-style-type: none"> • Monthly Brave Faces presentation highlights <p>Instagram</p> <ul style="list-style-type: none"> • @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> • Hoping to launch in August 2020 	
9. Minds Matter TV/Podcast	<p>Launching soon.</p>	