

**Stand Against Stigma Committee**  
**Hill Country CARE Center - 1401 Gold St.**  
**AGENDA**  
**October 8, 2019**  
**1:30-2:30 p.m.**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**Committee Members –**  
**Shasta HHSa Staff –**

| Agenda Item  | Discussion   | Notes & Actions |
|--|--|-----------------|
| 1. Welcome & Introductions                         | <i>Your name, role in the community and what you are doing to fight stigma.</i>  |                 |
| 2. Special Guest, Presentation and/or Discussion   | <b>Brave Faces Speaker</b> – Gene Ward will share his story for the first time.  |                 |
| 3. Resource Sharing                                | <b>Community Partner Updates</b> – Open to all <ul style="list-style-type: none"> <li>• Center for Mind Body Medicine Training</li> </ul>  |                 |
| 4. Community Planning, Education and Collaboration | <b>Mental Health Month</b> <ul style="list-style-type: none"> <li>• Minds Matter Fair Video</li> <li>• Brave Faces TEDx style event for Mental Health Month?</li> <li>• Minds Matter (Burney Version)?</li> </ul>  |                 |
| 5. September/October in Review                     | <b>Speaking Engagements</b> <ul style="list-style-type: none"> <li>• September– One Safe Place (9/26), Recovery Happens (9/29)</li> </ul> <b>Community Outreach</b> <ul style="list-style-type: none"> <li>• August – Rancheria Health Fair (8/7), Shasta College Welcome Day (8/28)</li> <li>• September – Shasta College Health and Safety Fair (9/5); Written Off Documentary (9/12)</li> </ul> <b>Events</b> <ul style="list-style-type: none"> <li>• Recovery Happens 9/29</li> </ul> |                 |

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|---|--|--|
| <p>6. Upcoming Events, Presentations and Outreach</p> | <p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>October – ACEs Learning Community (10/11), Shasta College All Things Not Being Equal – Gender in the Northstate (10/16)</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>October – Veterans Stand Down (10/24-26)</li> </ul> <p><b>Events (* = Tentative)</b></p> <ul style="list-style-type: none"> <li><b>Becoming Brave Training (s)</b> – Saturday, 11/16/19, 2/22/2020, 6/6/2020<br/>10 a.m.-4 p.m. in the Boggs Conference Center 2420 Breslauer Way</li> <li><b>Hope Is Alive! Open Mic</b> – Friday, November 1<sup>st</sup>, Art from the Ashes; Old City Hall 6-9 p.m., performer sign in 5:30 p.m.</li> </ul> |  |
| <p>7. Gallery</p>                                     | <p><b>New portraits</b></p> <ul style="list-style-type: none"> <li>Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins</li> </ul> <p><b>Currently on display at:</b></p> <ul style="list-style-type: none"> <li>Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019)</li> <li>Shasta County Mental Health</li> </ul>  |  |
| <p>8. Social Media/Website</p>                        | <p><b>Facebook</b></p> <p><b>Instagram</b></p> <ul style="list-style-type: none"> <li>@shastabravefaces</li> </ul> <p><b>Website</b></p> <ul style="list-style-type: none"> <li>New website under development</li> </ul>   |  |
| <p>9. Minds Matter TV/Podcast</p>                     | <p><b>Episodes</b></p> <ul style="list-style-type: none"> <li><b>Housing as Treatment for Mental Health Issues</b> with Chante Catt and Donnell Ewert – in editing.</li> <li><b>ACEs</b> with Crystal Johnson and Rick Crowley – in editing.</li> <li><b>Minds Matter TV Trailer</b> - coming soon to social media.</li> </ul>   |  |