

**Stand Against Stigma Committee**  
**Hill Country CARE Center - 1401 Gold St.**  
**AGENDA**  
**September 10, 2019**  
**1:30-2:30 p.m.**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**Committee Members –**  
**Shasta HHSa Staff –**

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i><b>Your name, role in the community and what you are doing to fight stigma.</b></i>		
2. Special Guest, Presentation and/or Discussion	<b>Presentation: WRAP – Wellness, Recovery, Action Plan:</b> Courtney Parker, HHSa Peer Support Specialist and Jullie Calkins, Brave Face and Certified WRAP Facilitator.		
3. Resource Sharing	<b>Community Partner Updates</b> – Open to all <ul style="list-style-type: none"> <li>• Aegis full clinic for Medication Assisted Treatment</li> <li>• Recovery Happens Month Events</li> </ul>		
4. Community Planning, Education and Collaboration	<ul style="list-style-type: none"> <li>• Minds Matter Fair Video</li> <li>• Venues for Hope Is Alive! Open Mics</li> <li>• Brave Faces TEDx style event for Mental Health Month</li> </ul>		
5. July/August in Review	<b>Speaking Engagements</b> <ul style="list-style-type: none"> <li>• August – One Safe Place (8/22 and 8/23), Olberg Wellness Center (8/26)</li> </ul> <b>Community Outreach</b> <ul style="list-style-type: none"> <li>• August – Rancheria Health Fair (8/7), Shasta College Welcome Day (8/28)</li> <li>• September – Shasta College Health and Safety Fair (9/5)</li> </ul>		

	<p><b>Events</b></p> <ul style="list-style-type: none"> <li>• Becoming Brave Training (8/17)</li> <li>• S-Word Documentary and Hope Is Alive! Open Mic (8/24)</li> </ul>		
<p>6. Upcoming Events, Presentations and Outreach</p>	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• September– One Safe Place (9/26), Recovery Happens (9/29)</li> <li>• October – ACEs Learning Community (10/11), Shasta College Sociology (10/16)</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• September – Shasta College Health and Safety Fair (9/5), City of Redding Health and Safety Fair (9/11), Written Off Documentary (9/12), Redding LGBTQ+ Pride Festival (9/21), Recovery Happens Event (9/29)</li> </ul> <p><b>Events (* = Tentative)</b></p> <ul style="list-style-type: none"> <li>• <b>Becoming Brave Training (s)</b> – Saturday, 11/16/19, 2/22/2020, 6/6/2020 10 a.m.-4 p.m. in the Boggs Conference Center 2420 Breslauer Way</li> <li>• September <ul style="list-style-type: none"> <li>○ <b>Recovery Happens Month 2019 - Recovering Together – Unity in Our Community</b> <ul style="list-style-type: none"> <li>▪ <b>Next planning meeting</b> – September 19th, 3-4 p.m., Redding Library Foundation Reading Room</li> <li>▪ <b>*September 16-20 - Recovery Program Passport</b> (Open houses at different recovery programs/facilities)</li> <li>▪ <b>September 23</b> – Sober Living Symposium, Holiday Inn on Hilltop, 9 a.m.-3:30 p.m.</li> <li>▪ <b>September 29</b> – Recovery Happens Event, Lake Redding Park Gazebo 10 a.m.-3 p.m.</li> </ul> </li> </ul> </li> <li>• <b>Hope Is Alive! Open Mic</b> - Suicide Prevention <ul style="list-style-type: none"> <li>○ November 1<sup>st</sup> – Art from the Ashes; Old City Hall 6-9 p.m., performer sign in 5:30 p.m.</li> </ul> </li> </ul>		

7. Gallery	<p><b>New portraits</b></p> <ul style="list-style-type: none"> <li>• Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert</li> </ul> <p><b>Currently on display at:</b></p> <ul style="list-style-type: none"> <li>• Shingletown Medical Center, HHSa Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019)</li> <li>• Coming soon to Shasta County Mental Health</li> </ul>		
8. Social Media/Website	<p><b>Facebook</b></p> <ul style="list-style-type: none"> <li>• Recovery Happens Month events</li> <li>• New Brave Faces</li> </ul> <p><b>Instagram</b></p> <ul style="list-style-type: none"> <li>• @shastabracefaces</li> </ul> <p><b>Website</b></p> <ul style="list-style-type: none"> <li>• Revamp expected soon and will include Minds Matter Media</li> </ul>		
9. Minds Matter TV/Podcast	<p><b>Episodes</b></p> <ul style="list-style-type: none"> <li>• <b>Housing as Treatment for Mental Health Issues</b> with Chante Catt and Donnell Ewert – in editing.</li> <li>• <b>ACEs</b> with Crystal Johnson and Rick Crowley – in editing.</li> <li>• <b>Minds Matter TV Trailer</b> - coming soon to social media.</li> </ul>		