

Stand Against Stigma Committee
Hill Country CARE Center - 1401 Gold St.
AGENDA
July 9, 2019
1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSA Staff –

| Agenda Item | Discussion | Notes & Actions | Individuals Commenting |
|--|--|-----------------|------------------------|
| 1. Welcome & Introductions | <i>Your name, role in the community and what you are doing to fight stigma.</i> | | |
| 2. Special Guest, Presentation and/or Discussion | Mind-Body Workshop with Lindsay Tibbetts, HHSA Suicide Prevention Coordinator. | | |
| 3. Resource Sharing | <p>Community Partner Updates – Open to all</p> <p>Carr Fire Recovery Mental Health Related Resources</p> <ul style="list-style-type: none"> • www.shastareddingrecovers.org • California HOPE Shasta Update (NVCSS) • Anniversary Resource Fair – 7/27 at City Hall 10 a.m.-2 p.m. | | |
| 4. Community Planning, Education and Collaboration | Minds Matter Fair Video | | |
| 5. June/July in Review | <p>Speaking Engagements</p> <ul style="list-style-type: none"> • June – Stand Against Stigma Mtg. (6/11), Suicide Prevention Mtg., RPD Records Techs. | | |

| | | | |
|---|--|--|--|
| | <p>Community Outreach</p> <ul style="list-style-type: none"> June – Shasta County Employee Appreciation Day (6/12), Shasta District Fair (6/19-6/21); Colt 45s Game (6/21) <p>Events</p> <ul style="list-style-type: none"> None for June | | |
| <p>6. Upcoming Events, Presentations and Outreach</p> | <p>Speaking Engagements</p> <ul style="list-style-type: none"> July – Simpson College Human Sexuality Class (7/23), Adult Services Outpatient Staff (7/26) <p>Community Outreach</p> <ul style="list-style-type: none"> July – Pitt River Health Fair (7/12) August – Rancheria Health Fair (8/7) <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> July <ul style="list-style-type: none"> Becoming Brave Training – Saturday, July 27th, 10 a.m.-4 p.m. in the Boggs Conference Center 2420 Breslauer Way September <ul style="list-style-type: none"> Recovery Happens Month 2019 - Recovering Together – Unity in Our Community <ul style="list-style-type: none"> Next planning meeting – July 18, 3-4 p.m., Redding Library Foundation Reading Room *September 9 – Recovery March Downtown Redding, 5:30-6:30 p.m. sign making; 6:30-7:30 p.m. march. *September 16-20 - Recovery Program Passport (Open houses at different recovery programs/facilities) *September 28 – Recovery Happens Event, Lake Redding Park Gazebo 10 a.m.- 3 p.m. Hope Is Alive! Open Mic - Suicide Prevention October <ul style="list-style-type: none"> Hope Is Alive! Open Mic in Burney November <ul style="list-style-type: none"> Hope Is Alive! Open Mic w/ Art from the Ashes (???) | | |

| | | | |
|----------------------------|---|--|--|
| 7. Gallery | <p>New portraits</p> <ul style="list-style-type: none"> • Coming soon – David Wharton, Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert <p>Currently on display at:</p> <ul style="list-style-type: none"> • Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019) • Shasta County Mental Health | | |
| 8. Social Media/Website | <p>Facebook</p> <ul style="list-style-type: none"> • Facebook events for Hope Is Alive! Open Mic and Becoming Brave • #MentalHealthRocks and #MindfulnessMonday • New Brave Faces <p>Instagram</p> <ul style="list-style-type: none"> • @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> • Revamp expected soon and will include Minds Matter Media | | |
| 9. Minds Matter TV/Podcast | <p>Episodes</p> <ul style="list-style-type: none"> • Housing as Treatment for Mental Health Issues with Chante Catt and Donnell Ewert – in editing. • ACEs with Crystal Johnson and Rick Crowley – in editing. • Minds Matter TV Trailer - coming soon to social media. | | |