

**Stand Against Stigma Committee**  
**Hill Country CARE Center - 1401 Gold St.**

**AGENDA**  
**June 11, 2019**  
**1:30-2:30 p.m.**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**Committee Members –**  
**Shasta HHSA Staff –**

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest, Presentation and/or Discussion	<b>Presentation: Whole Person Care, Rhonda Schultz, HHSA Community Program Coordinator and Joel Covert, Whole Person Care graduate.</b>	<p>Rhonda Schultz gave an overview of the Whole Person Care program. They help members of the community that are homeless or at risk of homelessness that have had frequent hospitalizations. People in the program also have a diagnosis of serious mental illness, substance use disorder.</p> <p>Joel Covert, an ex-volunteer firefighter and Whole Person Care success story shared his personal experiences with alcohol abuse and suicide attempts. He also spoke about how the Whole Person Care program and his stay in the Crisis Residential Recovery Center help him turn his life around.</p>	
3. April/May in Review	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• May – Tehama County Behavioral Health (5/2); Minds Matter (5/10); SASC Meeting in Burney (5/14);</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• May - Minds Matter (5/10)</li> </ul>	<p>Carrie Jo asked for feedback on the Minds Matter Mental Health fair. The committee enjoyed the addition of the Hope Is Alive! Open Mic and the Sundial Bridge location. Dan Trott of Circle of Friends suggested that there is better transportation, like a golf cart, for people who have trouble getting around.</p>	

	<p><b>Events</b></p> <ul style="list-style-type: none"> <li>• <b>Becoming Brave Training</b> - (5/4)</li> <li>• <b>Minds Matter</b> – Friday, May 10<sup>th</sup>, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m.</li> </ul>		
<p>4. Upcoming Events, Presentations and Outreach</p>	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• CIT Training (5/15)</li> <li>• June – RPD Records Techs and Cadets (6/20); Suicide Prevention Workgroup Meeting (6/18);</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• June – Shasta County Employee Appreciation Day (6/12); Shasta District Fair (6/19-6/21); Colt 45s Game (6/21)</li> <li>• July – Pitt River Health Fair</li> <li>• August – Rancheria Health Fair</li> </ul> <p><b>Events (* = Tentative)</b></p> <ul style="list-style-type: none"> <li>• May <ul style="list-style-type: none"> <li>○ <b>Intermountain Mental Health Week</b> –</li> </ul> </li> <li>• July <ul style="list-style-type: none"> <li>○ <b>Stand Against Stigma Visioning Meeting</b> – Tuesday, July 9, 2019, 8 a.m.-5 p.m., Location TBA.</li> <li>○ <b>*Hope Is Alive!</b> Open Mic – July 13 - TBA</li> <li>○ <b>Becoming Brave Training</b> – July 27 - TBA</li> </ul> </li> <li>• August <ul style="list-style-type: none"> <li>○ <b>*Hope Is Alive!</b> Open Mic for Carr Fire Anniversary</li> </ul> </li> <li>• September <ul style="list-style-type: none"> <li>○ Recovery Happens – Sept 28 (???) <ul style="list-style-type: none"> <li>▪ First planning meeting 6/20 3-4 p.m. at the Redding Library</li> </ul> </li> </ul> </li> </ul>	<p>Carrie Jo gave very brief updates on upcoming events.</p>	
<p>5. Gallery</p>	<p><b>New portraits</b></p> <ul style="list-style-type: none"> <li>• Coming soon – David Wharton, Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert</li> </ul> <p><b>Currently on display at:</b></p>		

	<ul style="list-style-type: none"> <li>• Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019)</li> <li>• Shasta County Mental Health</li> </ul>		
6. Social Media/Website	<p><b>Facebook</b></p> <ul style="list-style-type: none"> <li>• Minds Matter TV trailer (coming soon)</li> <li>• Facebook events for Hope Is Alive! Open Mic</li> </ul> <p><b>Instagram</b></p> <ul style="list-style-type: none"> <li>• @shastabravefaces</li> </ul> <p><b>Website</b></p> <ul style="list-style-type: none"> <li>• Revamp expected soon and will include Minds Matter Media</li> </ul>		
7. Minds Matter TV/Podcast	<ul style="list-style-type: none"> <li>• <b>Housing as Treatment for Mental Health Issues</b> with Chante Catt and Donnell Ewert – currently being edited.</li> <li>• <b>ACEs</b> with Crystal Johnson and Rick Crowley – in editing.</li> <li>• <b>Minds Matter TV Trailer</b> - coming soon to social media.</li> </ul>		
8. Resource Sharing	<p><b>Community Partner Updates</b> – Open to all</p> <p><b>Carr Fire Recovery Mental Health Related Resources</b></p> <ul style="list-style-type: none"> <li>• <a href="http://www.shastareddingrecovers.org">www.shastareddingrecovers.org</a></li> <li>• California HOPE Shasta Update (NVCSS)</li> </ul>		
9. Community Planning, Education and Collaboration	<p><b>Mental Health Month Feedback</b></p>		