

**Stand Against Stigma Committee**  
**Hill Country CARE Center - 1400 Gold St.**

**AGENDA**  
**June 11, 2019**  
**1:30-2:30 p.m.**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**Committee Members -**  
**Shasta HHSA Staff -**

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest, Presentation and/or Discussion	<b>Presentation: Whole Person Care, Rhonda Schultz, HHSA Community Program Coordinator and Joel Covert, Whole Person Care graduate.</b>		
3. April/May in Review	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• May – Tehama County Behavioral Health (5/2); Minds Matter (5/10); SASC Meeting in Burney (5/14);</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• May - Minds Matter (5/10)</li> </ul> <p><b>Events</b></p> <ul style="list-style-type: none"> <li>• <b>Becoming Brave Training</b> - (5/4)</li> <li>• <b>Minds Matter</b> – Friday, May 10<sup>th</sup>, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m.</li> </ul>		
4. Upcoming Events, Presentations and Outreach	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• CIT Training (5/15)</li> <li>• June – RPD Records Techs and Cadets (6/20); Suicide Prevention Workgroup Meeting (6/18);</li> </ul>		

	<p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• June – Shasta County Employee Appreciation Day (6/12); Shasta District Fair (6/19-6/21); Colt 45s Game (6/21)</li> <li>• July – Pitt River Health Fair</li> <li>• August – Rancheria Health Fair</li> </ul> <p><b>Events (* = Tentative)</b></p> <ul style="list-style-type: none"> <li>• May <ul style="list-style-type: none"> <li>○ <b>Intermountain Mental Health Week -</b></li> </ul> </li> <li>• July <ul style="list-style-type: none"> <li>○ <b>Stand Against Stigma Visioning Meeting -</b> Tuesday, July 9, 2019, 8 a.m.-5 p.m., Location TBA.</li> <li>○ <b>*Hope Is Alive!</b> Open Mic – July 13 - TBA</li> <li>○ <b>Becoming Brave Training -</b> July 27 - TBA</li> </ul> </li> <li>• August <ul style="list-style-type: none"> <li>○ <b>*Hope Is Alive!</b> Open Mic for Carr Fire Anniversary</li> </ul> </li> <li>• September <ul style="list-style-type: none"> <li>○ Recovery Happens – Sept 28 (???) <ul style="list-style-type: none"> <li>▪ First planning meeting 6/20 3-4 p.m. at the Redding Library</li> </ul> </li> </ul> </li> </ul>		
5. Gallery	<p><b>New portraits</b></p> <ul style="list-style-type: none"> <li>• Coming soon – David Wharton, Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert</li> </ul> <p><b>Currently on display at:</b></p> <ul style="list-style-type: none"> <li>• Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019)</li> <li>• Shasta County Mental Health</li> </ul>		
6. Social Media/Website	<p><b>Facebook</b></p> <ul style="list-style-type: none"> <li>• Minds Matter TV trailer (coming soon)</li> <li>• Facebook events for Hope Is Alive! Open Mic</li> </ul> <p><b>Instagram</b></p> <ul style="list-style-type: none"> <li>• @shastabracefaces</li> </ul>		

	<b>Website</b> <ul style="list-style-type: none"> <li>• Revamp expected soon and will include Minds Matter Media</li> </ul>		
7. Minds Matter TV/Podcast	<ul style="list-style-type: none"> <li>• <b>Housing as Treatment for Mental Health Issues</b> with Chante Catt and Donnell Ewert – currently being edited.</li> <li>• <b>ACEs</b> with Crystal Johnson and Rick Crowley – in editing.</li> <li>• <b>Minds Matter TV Trailer</b> - coming soon to social media.</li> </ul>		
8. Resource Sharing	<b>Community Partner Updates</b> – Open to all <b>Carr Fire Recovery Mental Health Related Resources</b> <ul style="list-style-type: none"> <li>• <a href="http://www.shastareddingrecovers.org">www.shastareddingrecovers.org</a></li> <li>• California HOPE Shasta Update (NVCSS)</li> </ul>		
9. Community Planning, Education and Collaboration	<b>Mental Health Month Feedback</b>		