

**Stand Against Stigma Committee  
Hill Country CARE Center - 1400 Gold St.**

**AGENDA  
April 9, 2019  
1:30-2:30 p.m.**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**Committee Members –  
Shasta HHSa Staff –**

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest, Presentation and/or Discussion	<b>Community Conversation: Fighting Homelessness, Amy Sturgeon HHSa</b>		
3. March/April in Review	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• Institute of Technolog</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• Compass Health and Wellness Fair, International Women’s Day; Mayers Health and Wellness Fair (4/6), Sportsmans Expo (4/6-4/7).</li> </ul> <p><b>Events</b></p> <ul style="list-style-type: none"> <li>• April <ul style="list-style-type: none"> <li>○ <b>Restoration: Healing through Art.</b> Spoken Word Workshop High School Tour and Hope Is Alive! Open Mic for youth - 4/1-4/5, 2019.</li> <li>○ <b>Hope Is Alive! Open Mic for Youth</b> – 4/5/2019 6-9 p.m. at Old City Hall; performer sign in at 5:30 p.m.</li> </ul> </li> </ul>		

<p>4. Upcoming Events, Presentations and Outreach</p>	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• April – One Safe Place (4/8 &amp; 4/19), IOT (4/11), Shasta College Sociology (4/29)</li> <li>• May – Tehama County Behavioral Health (5/2); Minds Matter (5/10); SASC Meeting in Burney (5/14)</li> <li>• June – RPD Records Techs and Cadets (6/20)</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• April – Take Back The Night (4/3), Sportsman’s Expo (4/6-4/7); Shasta CAPCC Week of the Young Child (4/10), Whole Earth and Watershed Festival (4/20);</li> <li>• May - Healthy Aging Fair and Minds Matter (5/10)</li> <li>• June – Shasta County Employee Appreciation Day (6/12)</li> </ul> <p><b>Events (* = Tentative)</b></p> <ul style="list-style-type: none"> <li>• May <ul style="list-style-type: none"> <li>○ <b>Minds Matter</b> – Friday, May 10<sup>th</sup>, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m.</li> <li>○ <b>Intermountain Mental Health Week</b> – <ul style="list-style-type: none"> <li>▪ M - 5/13 – Mental Health First Aid</li> <li>▪ T - 5/14 – SASC Mtg. in Burney</li> <li>▪ W - 5/15 – Resilience Screening</li> <li>▪ Th - 5/16- Mindfulness Skills Workshop</li> <li>▪ F - 5/17 – Hope Is Alive! Open Mic</li> </ul> </li> </ul> </li> <li>• July <ul style="list-style-type: none"> <li>○ <b>Stand Against Stigma Visioning Meeting</b> – Tuesday, July 9, 2019, 8 a.m.-5 p.m., Location TBA.</li> </ul> </li> </ul>		
<p>5. Gallery</p>	<p><b>New portraits</b></p> <ul style="list-style-type: none"> <li>• Coming soon – David Wharton, Chris Paradis, Crystal Johnson, Aiden Mares, Denise Green.</li> </ul> <p><b>Currently on display at:</b></p> <ul style="list-style-type: none"> <li>• Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019)</li> </ul>		

6. Social Media/Website	<p><b>Facebook</b></p> <ul style="list-style-type: none"> <li>• Minds Matter TV trailer (coming soon)</li> <li>• Facebook events for Hope Is Alive! Open Mic</li> </ul> <p><b>Instagram</b></p> <ul style="list-style-type: none"> <li>• @shastabravefaces</li> </ul> <p><b>Website</b></p> <ul style="list-style-type: none"> <li>• Revamp expected soon and will include Minds Matter Media</li> </ul>		
7. Minds Matter TV/Podcast	<ul style="list-style-type: none"> <li>• <b>Housing as Treatment for Mental Health Issues</b> with Chante Catt and Donnell Ewert – currently being edited.</li> <li>• <b>ACEs</b> with Crystal Johnson and Rick Crowley – in editing.</li> <li>• <b>Minds Matter TV Trailer</b> - coming soon to social media.</li> </ul>		
8. Resource Sharing	<p><b>Community Partner Updates</b> – Open to all</p> <p><b>Carr Fire Recovery Mental Health Related Resources</b></p> <ul style="list-style-type: none"> <li>• <a href="http://www.shastareddingrecovers.org">www.shastareddingrecovers.org</a></li> <li>• California HOPE Shasta Update (NVCSS)</li> </ul>		
9. Community Planning, Education and Collaboration	<p><b>None</b></p>		