

Stand Against Stigma Committee
Hill Country CARE Center - 1400 Gold St.
AGENDA
March 12, 2019
1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members -
Shasta HHSa Staff -

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest, Presentation and/or Discussion	Supporting the Homeless Navigation Center		
3. February in Review	Speaking Engagements <ul style="list-style-type: none"> • Feb. SASC meeting, UPrep Community Outreach <ul style="list-style-type: none"> • None Events <ul style="list-style-type: none"> • Hope Is Alive! Open Mic 		
4. Upcoming Events, Presentations and Outreach	Speaking Engagements <ul style="list-style-type: none"> • March – IOT (3/18), • April – One Safe Place (4/8 & 4/19), IOT (4/11), Shasta College Sociology (4/29) • May – Tehama County Behavioral Health (5/2); Minds Matter (5/10); SASC Meeting in Burney (5/14) 		

	<p>Community Outreach</p> <ul style="list-style-type: none"> • March – Compass Health & Wellness Fair (3/8), International Women’s Day (3/9) • April – Take Back The Night (4/3), Sportsman’s Expo (4/6-4/7); Whole Earth and Watershed Festival (4/20) <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> • April <ul style="list-style-type: none"> ○ Restoration: Healing through Art. Spoken Word Workshop High School Tour and Hope Is Alive! Open Mic for youth - 4/1-4/5, 2019. ○ Hope Is Alive! Open Mic for Youth – 4/5/2019 6-9 p.m. at Old City Hall; performer sign in at 5:30 p.m. • May <ul style="list-style-type: none"> ○ Minds Matter – Friday, May 10th, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m. ○ Intermountain Mental Health Week – <ul style="list-style-type: none"> ▪ M - 5/13 – Mental Health First Aid ▪ T – 5/14 – SASC Mtg. in Burney ▪ F – 5/17 – Hope Is Alive! Open Mic at the Rex Club ▪ Training Resilience Screening (ACEs), Mindfulness Activity? • July <ul style="list-style-type: none"> ○ Stand Against Stigma Visioning Meeting – Tuesday, July 9, 2019, 8 a.m.-5 p.m., Location TBA. 		
5. Gallery	<p>New portraits</p> <ul style="list-style-type: none"> • Coming soon – David Wharton, Chris Paradis, Crystal Johnson, Aiden Mares, Denise Green. <p>Currently on display at:</p> <ul style="list-style-type: none"> • Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019) 		

6. Social Media/Website	<p>Facebook</p> <ul style="list-style-type: none"> • Minds Matter TV trailer (coming soon) • Facebook events for Hope Is Alive! Open Mic <p>Instagram</p> <ul style="list-style-type: none"> • @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> • Revamp expected soon and will include Minds Matter Media 		
7. Minds Matter TV/Podcast	<ul style="list-style-type: none"> • Housing as Treatment for Mental Health Issues with Chante Catt and Donnell Ewert – currently being edited. • ACEs with Crystal Johnson and Rick Crowley – in editing. • Minds Matter TV Trailer - coming soon to social media. 		
8. Resource Sharing	<p>Community Partner Updates – Open to all</p> <p>Carr Fire Recovery Mental Health Related Resources</p> <ul style="list-style-type: none"> • www.shastareddingrecovers.org • California HOPE Shasta Update (NVCSS) 		
9. Community Planning, Education and Collaboration	<p>None</p>		