

**Stand Against Stigma Committee**  
**Hill Country CARE Center - 1400 Gold St.**  
**AGENDA**  
**February 5, 2018**  
**1:30-2:30 p.m.**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**Committee Members -**  
**Shasta HHS Staff -**

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest and/ or Presentation	<b>Brave Faces Speaker - Denise Green</b>		
3. January in Review	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• January - none</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• January - Redding Health Expo (1/5-1/6/2019)</li> </ul> <p><b>Events</b></p> <ul style="list-style-type: none"> <li>• January - Becoming Brave Training</li> </ul>		
4. Upcoming Events, Presentations and Outreach	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• February - *UPrep</li> <li>• April - One Safe Place</li> <li>• May - Tehama County Behavioral Health</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• March - Compass Health &amp; Wellness Fair (3/8), Living History Days (3/9-3/10)</li> </ul>		

	<p><b>Events (* = Tentative)</b></p> <ul style="list-style-type: none"> <li>• January <ul style="list-style-type: none"> <li>○ <b>Hope Is Alive! Open Mic</b> – Friday, February 22<sup>nd</sup> at Old City Hall 6-9 p.m., Performer sign in at 5:30 p.m.</li> </ul> </li> <li>• March <ul style="list-style-type: none"> <li>○ <b>*DREAMERZ</b> Spoken Word Workshop High School Tour and Hope Is Alive! Open Mic for youth - 3/18-3/22/2018.</li> </ul> </li> <li>• May <ul style="list-style-type: none"> <li>○ <b>*Minds Matter (*Tentative)</b> – Friday, May 10<sup>th</sup>, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m.</li> <li>○ <b>*Intermountain Mental Health Week</b> – 5/13-5/18 – Stand Against Stigma Meeting, Resilience Screening (ACEs), Hope Is Alive! Open Mic, Mental Health First Aid Training (?), Brave Faces presentations at the schools (?)</li> </ul> </li> <li>• July <ul style="list-style-type: none"> <li>○ <b>Stand Against Stigma Visioning Meeting</b> – Tuesday, July 9, 2019, 8 a.m.-5 p.m., Location TBA.</li> </ul> </li> </ul>		
<p>5. Gallery</p>	<p><b>New portraits</b></p> <ul style="list-style-type: none"> <li>• Coming soon – David Wharton &amp; Chris Paradis</li> </ul> <p><b>Currently on display at:</b></p> <ul style="list-style-type: none"> <li>• Shingletown Medical Center, HHS Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019)</li> </ul>		
<p>6. Social Media/Website</p>	<p><b>Facebook</b></p> <ul style="list-style-type: none"> <li>• Minds Matter TV trailer (coming soon)</li> <li>• Facebook events for Hope Is Alive! Open Mic</li> </ul> <p><b>Instagram</b></p> <ul style="list-style-type: none"> <li>• @shastabravefaces</li> </ul>		

	<b>Website</b> <ul style="list-style-type: none"> <li>• Revamp expected soon and will include Minds Matter Media</li> </ul>		
7. Minds Matter TV/Podcast	<ul style="list-style-type: none"> <li>• <b>Housing as Treatment for Mental Health Issues</b> with Chante Catt and Donnell Ewert – currently being edited.</li> <li>• <b>ACEs</b> with Crystal Johnson and Rick Crowley – in editing.</li> <li>• <b>Minds Matter TV Trailer</b> - coming soon to social media.</li> </ul>		
8. Resource Sharing	<b>Community Partner Updates</b> – Open to all <b>Carr Fire Recovery Mental Health Related Resources</b> <ul style="list-style-type: none"> <li>• <a href="http://www.shastareddingrecovers.org">www.shastareddingrecovers.org</a></li> <li>• California HOPE Shasta Update (NVCSS)</li> </ul>		
9. Community Planning, Education and Collaboration	<b>None</b>		