

Stand Against Stigma Committee
Hill Country CARE Center - 1400 Gold St.
AGENDA
December 11, 2018
1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest and/ or Presentation	Brave Faces Update – Chante Catt		
3. November/ December in Review	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • December – National University (12/5), Stand Against Stigma Meeting (12/11), NVHS (12/14), <p>Community Outreach</p> <ul style="list-style-type: none"> • December – Promotores Open House Carnival – Hmong/Mein Community (12/8) • January – Redding Health Expo (1/5-1/6/2019) <p>Events</p> <ul style="list-style-type: none"> ○ December - None 		
4. Upcoming Events, Presentations and Outreach	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • January – *UPrep, *Rocky Point Charter School <p>Community Outreach</p> <ul style="list-style-type: none"> • January – Promotores (1/12) 		

	<p>Events (* = Tentative)</p> <ul style="list-style-type: none"> • January <ul style="list-style-type: none"> ○ <i>*Becoming Brave – Saturday, 1/12/19 – 10 a.m.-4 p.m. at the Boggs Building (2420 Breslauer)</i> ○ <i>*Hope Is Alive! Open Mic – Friday, February 22nd at Old City Hall 6-9 p.m., Performer sign in at 5:30 p.m.</i> • May <ul style="list-style-type: none"> ○ <i>*Minds Matter (*Tentative) – Friday, May 10th, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m.</i> ○ <i>*Intermountain Mental Health Week – 5/13-5/18 – Stand Against Stigma Meeting, Resilience Screening (ACEs), Hope Is Alive! Open Mic, Mental Health First Aid Training (?), Brave Faces presentations at the schools (?)</i> • July <ul style="list-style-type: none"> ○ Stand Against Stigma Visioning Meeting – Tuesday, July 9, 2019, 8 a.m.-5 p.m., Location TBA. 		
5. Gallery	<p>New portraits</p> <ul style="list-style-type: none"> • Coming soon – David Wharton & Chris Paradis <p>Currently on display at:</p> <ul style="list-style-type: none"> • Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends <p>Soon to be on display at:</p> <ul style="list-style-type: none"> • Shasta County Admin Building (1/2-3/31/2019) 		
6. Social Media/Website	<p>Facebook</p> <ul style="list-style-type: none"> • Minds Matter trailer (coming soon) • Facebook events for Hope Is Alive! Open Mic and Becoming Brave <p>Instagram</p> <ul style="list-style-type: none"> • Cherish Padro’s story 		

	<p>Website</p> <ul style="list-style-type: none"> • Revamp expected soon and will include Minds Matter Media 		
7. Minds Matter TV/Podcast	<ul style="list-style-type: none"> • Housing as Treatment for Mental Health Issues with Chante Catt and Donnell Ewert – currently being edited. • ACEs with Crystal Johnson and Rick Crowley – scheduling re-shoot. • Minds Matter TV Trailer - coming soon to social media. 		
8. Resource Sharing	<p>Community Partner Updates – Open to all</p> <p>Carr Fire Recovery Mental Health Related Resources</p> <ul style="list-style-type: none"> • www.shastareddingrecovers.org • California HOPE Shasta Update (NVCSS) • Reminder to check in with others – 5-6 months after a traumatic event is when PTSD symptoms set in. 		
9. Community Planning, Education and Collaboration	None.		