



P R E S S R E L E A S E

FOR IMMEDIATE RELEASE

Date: January 8, 2020

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MAKE YOUR VOICE HEARD ABOUT MENTAL HEALTH SERVICES

SHASTA COUNTY - The public is invited to a quarterly meeting to help provide guidance on Mental Health Services Act-funded programs. For the first time, in an attempt to better accommodate people's diverse schedules, **two** sessions will be held on **Tuesday, January 14, 2020** – one from 10 to 11:30 a.m., or one from 2 to 3:30 p.m. Both sessions will be at the Mae Helene Bacon Boggs Conference Center, 2420 Breslauer Way, Redding. The agenda will be the same for both meetings, so it is not necessary to attend both. Snacks will be provided.

The statewide Mental Health Services Act was designed to create a system that promotes recovery, wellness and resiliency for residents with serious mental health challenges and their families. It is funded by a 1 percent tax on personal income of more than \$1 million.

In Shasta County, the Health and Human Agency (HHSA) and its many community partners have used this funding to create programs, from suicide prevention to wellness centers, for people of all ages. HHSA continues to improve these programs based on feedback from people who use them, their loved ones, service providers and the community at large. Meeting attendees will have an opportunity to share input on current and future programs.

To learn more about local Mental Health Services Act programs, go to www.shastamhsa.com. For more information, email mhsa@co.shasta.ca.us or call 225-3678.