

PHAB

Public Health Advisory Board Agenda - Regular Meeting

Date: July 10, 2019 **Time:** 12:00 – 2:00 pm
Location: Shasta County Public Health, 2660 Breslauer Way
Community Conference Room

1. **Call to Order and Introductions:**

2. **Public Comment Period:**

To address the Board during Public Comment Time: The speaker should approach the table and, after receiving recognition from the chair, give their name and affiliation prior to comments or questions. Sixteen (16) copies of any written material used in the presentation must be provided to the clerk. There is a three-minute limit to an individual's comments, and the speaker may defer comments to a specific agenda item. Pursuant to the Brown Act, action or Board discussion cannot be taken on open time matters other than to receive comments.

3. **Member Sharing/Announcements:**

4. **Action:**

- a. Approval of Minutes: May 8, 2019

5. **Committee Reports:**

- a. Executive Committee: Kristen Lyons
- b. Membership: Linda Heick Kilzer

6. **Director's Report:**

- a. Health & Human Services Agency: Donnell Ewert
- b. Public Health Branch: Brandy Isola
 - o Legislative Update

7. **Presentation:** Agency and Branch Emergency Preparedness Efforts, Brandy Isola, MPH

8. **Presentation:** Healthcare Coalition, Karen Ramstrom, DO, MSPH

9. **Adjourn**

Next Meeting: Community Health Awards, September 11, 2019 @ 12:00 noon

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Public Health Advisory Board

Minutes for May 8, 2019 - Draft

Item 1: Call to Order:

Member Lyons, called the meeting to order at 12:06 p.m. The following Public Health Advisory Board (PHAB) members were present during at least part of the meeting: John Coe, Laura Dougan, Deanna Gallagher, Sharon Hanson, Linda Heick Kilzer, Kristen Lyons, Mike Mangas, Judith Menoher, Richard Yoder

Members not in attendance: Joe Ayer, Carissa Ballew, Toni Donovan, Ann Morningstar, Kristie Stephens

Others present: Health and Human Services Agency (HHS) Director Donnell Ewert, Public Health (PH) Deputy Branch Director Brandy Isola, Health Officer Karen Ramstrom, PH Program Manager Kathey Kakiuchi, PH Program Manager April Jurisich, PH Program Manager Robin Schurig, Agency Staff Services Analyst Sara Westmoreland, PH Executive Assistant Erin Gibson

Guests: Shasta County Supervisor Steve Morgan, District 4, Shasta County Supervisor Mary Rickert, District 3, Juliana Gilson PH Intern, and Lindsay Tibbets PH Community Education Specialist

Item 2: **Public Comments**

No comments.

Item 3: **Member Sharing/Announcements**

None.

Item 4: **Action** - Approval of Minutes

a. March 13, 2019

Motion: Member Coe, seconded by Member Dougan, made a motion to approve the minutes of the March 13, 2019 Meeting. The motion carried by a unanimous vote of the members present.

Item 5: **Committee Reports**

a. Executive Committee:

Member Lyons reported that the committee met on April 10, 2019 and discussed the agenda for the May 9, 2019 meeting. It was decided that an overview of the Navigation Center, and Mental Wellbeing update would be presented. The Executive Committee also discussed PHAB membership (see Membership Committee below for full report), and the Community Health Awards on September 11th. The topic of this year's awards ceremony will be harmful substance use. During the Executive Committee meeting location was discussed and a decision was made that PH staff would explore venues and menus for cost.

b. Membership Committee:

- i. Member Kilzer reported that the two new Board of Supervisors PHAB District Representatives were discussed at the Executive Committee meeting. Following that, they were formally approved at the Board of Supervisors meeting on April 23, 2019 and welcomed to the PHAB.
 - **Sharon Hanson** - Primary Women's Health Nurse Practitioner, practicing 25 years in Fall River and for 14 years at Mountain Valleys Health Center
 - **Deanna Gallagher** - Executive Director of Shasta Thrive; certified John Maxwell Trainer, she likes to develop leaders

- ii. HHS-PA Deputy Branch Director Brandy Isola advised the Board that, Joe Ayer is resigning from the PHAB. We will mail Joe a certificate of appreciation for his dedicated service as a member of PHAB from 2011-2019, as he was not at the meeting.

Item 6: Director's Report

a. Health & Human Services:

HHS-PA Director Donnell Ewert referred to his written report highlighting the following:

- (Not noted in his written report) Public Health Branch Director Terri Fields Hosler announced her retirement. Terri has been with the Agency for more than 17 years, and has been in administration for nearly 15 years. She takes her vast experience and institutional knowledge with her as she leaves. A recruitment for the new Branch Director of the Public Health will be started soon. We will keep the PHAB Board posted.
- The Sheriff has decided to offer medication assisted treatment to inmates who arrive in the jail, in need of suboxone.
- The Board of Supervisors approved the use of the \$1.7 million in Homeless Emergency Aid Program (HEAP) funds for an unsheltered adult navigation center.
- Pending the governor's proposed \$100 million to go to counties implementing the Whole Person Care Pilot, Shasta will receive approximately \$1.2 million to be spent over five years to assist in housing costs for homeless individuals.
- The Children's Services Branch recently kicked off its System Improvement Plan process. They are required to do this every five years. This in particular relates to the whole Child Welfare system. Mainly, their System Improvement Plan deals with secondary and tertiary prevention. They have a prevention effort when they find families that don't meet the criteria of the case. They find ways to improve parenting and safety situations in the home. They are looking at looking at all systems within Child Welfare to find ways to reduce and prevent child abuse and neglect.
- Refer to Agency Director's Report

b. Public Health Branch:

Deputy Branch Director Brandy Isola referred to her written report adding the following:

- The PHAB was provided with the Public Health Branch Improving Together Newsletter in their meeting materials packet. This edition highlights the Branch's efforts to become nationally accredited by the Public Health Accreditation Board. The Public Health Branch just "pushed the button" on April 22, 2019 submitting 335 documents to the Public Health Accreditation Board for consideration. This edition highlights the timeline of the accreditation journey.
- The Public Health Branch has been working on four cases of the measles in Shasta County, three of which are local cases. Health Officer Karen Ramstrom, Public Health Nurses, and all our Communicable Disease Staff have been working diligently since the initial outbreak. The Branch is also re-invigorating the campaign "Friends Don't Give Friends the Measles" which was the initial brain child of PHAB Member Richard Yoder.
- SB-276 (Pan) Immunizations: Medical exemptions would be tightened for childhood immunizations, including standardization of forms and approval by California Department of Public Health.
- SB-38 (Hill) Flavored tobacco products: Would prohibit the sale of flavored tobacco products.
- Refer to Agency Director's Report

Item 7: Presentation: Navigation Center, Donnell Ewert, HHSa Director

HHSa Director Donnell Ewert gave a presentation on the Navigation Center. “The Place” stands for Providing a Location of Accountability, Compassion, and Engagement. The purpose of this facility is to coordinate existing resources for unsheltered adults with behavioral health challenges. Planning for the Navigation Center started in July of 2018, with a collaborative of public and private stakeholders. The vision was to have a three-prong approach; The Navigation Center, The Sobering Center Pilot, and Medical Respite Pilot. Currently the Sobering Center is open and functioning at Empire Recovery Center. The Sobering Center is a safe, short-term option specializing in monitoring and management of persons who are under the influence of alcohol and/or drugs. This provides them an alternative to arrest and or going to jail. Medical Respite offers a safe location or appropriate discharge referrals from area hospitals for homeless persons who are too ill or frail to recover from a physical illness or injury on the street but are not ill enough to continue to be in the hospital. The Navigation Center is a secular assessment and treatment facility, offering a centralized network of additional support services addressing specific issues causing homelessness with case plans. The Navigation Center offers a Whole Person Care (WPC) approach. The recommendation: a prefab structure with an estimated cost to build of \$6,041,279. The projected annual expenditures are \$1.3 million.

Item 8: Presentation: Mental Wellbeing, Brandy Isola, PH Deputy Branch Director

PH Deputy Branch Director Brady Isola introduced Community Education Specialist Lindsay Tibbets who is one of the three people in Shasta County who are trained to facilitate Mind, Body, Medicine Skills work groups. After the Carr Fire, Sonoma County extended the invitation for three individuals from Shasta County to take part in the Sonoma Resilience Collaborative. The Resilience Collaborative was derived from the catastrophic fires they experienced. The other two trainers are Amy Cavalleri, who is a consultant with Shasta Health and Redesign Collaborative (SHARC) and Healthcare Alliance of Northern California (HANC), and Amy Braun from Shasta Community Health Center. They are leading small groups in Shasta County through this experience. Lindsay just finished her first group session at the end of April. It was an eight-week session and they met for two hours a week. The Health Alliance of Northern California hosted a ¾ day Center for Mind Body Medicine workshop to assess the community interest in this intervention. The Center for Mind Body Medicine does these trainings all over the world; in war torn countries, Louisiana, and in other communities that have experienced natural disasters. HANC facilitated a steering group which includes Deputy Branch Director Brandy Isola and member, Kristen Lyons and devised a plan to bring Center of Mind Body Medicine here to train up to 100 community members to facilitate more workshops locally. Part of the Public Health Branch’s accreditation process required that a Community Health Assessment and Community Health Improvement Plan be developed. Many community stakeholders as well as community members chose Mental Wellness as one of their priorities. The Mental Health Wellbeing Workgroup is made up of internal HHSa Staff, Shasta County Office of Education, Kristen Lyons from the YMCA, First 5 Shasta, Partnership HealthPlan of California, local mental health clinicians, and Amy Cavalleri.

See handout for more information on foundational concepts of community mental wellbeing Full report www.thepreventioninstitute.org
(Lindsay led the group in an activity)

Item 9: Discussion:

Member Mangas asked Public Health Deputy Branch Director Brandy Isola and Health Officer Karen Ramstrom if Shasta County was over the measles. Health Officer Karen Ramstrom commented that Shasta County was not beyond the incubation period yet. HHSa Epidemiologists have advised that we are not free and clear until there are two incubation periods. Dr. Ramstrom noted that we are not quite to one incubation period. It was noted that the incubation period is 21 days.

Item 11: Adjourned at 1:46 pm

Health & Human Services Agency & Public Health Branch
Director's Report - Public Health Advisory Board
July 10th, 2019

CURRENT ISSUES:

Health & Human Services Agency (HHS) Update

- Due to the lack of financial resources to develop a navigation center for the homeless, I withdrew my proposal for The Place on May 14 in lieu of a proposal to contribute the Homeless Emergency Aid Program (HEAP) funds to development of a Medical Respite center by Shasta Community Health Center (\$700,000) and two mini-navigation centers in the form of houses (\$985,000). The Continuum of Care Executive Committee approved the funds for medical respite but rejected the request to modify the proposal for the navigation center. The \$985,000 in HEAP funds will be reallocated to Faith Works to build permanent supportive housing on Linden Street in Redding.
- Interviews of six candidates for the Branch Director of the Public Health Branch were held on June 28. Kristen Lyons, the chairperson of PHAB, participated on the interview panel.
- Dianna Wagner, Branch Director of Children's Services, has left county service. A recruitment is under way for her replacement, and closes on July 9. Interviews should be held in late-July.
- The state budget was very positive for county HHS programs. In the area of public health, the state allocated \$40 million for communicable disease control and another \$20 million specifically for control of STDs.

Public Health Branch Update

- The Office of Traffic Safety (OTS) has awarded Shasta County \$340,000 in a competitive grant process. Our proposal was entitled "**Shasta County Prevents Impaired Driving.**" We will be focusing on drugged and distracted driving with these grant monies. This tentative grant award is contingent on approval from the National Highway Traffic Safety Administration.
- The **Maternal, Child and Adolescent Health (MCAH) five year needs** assessment was completed and submitted to the State on June 14, 2019. The MCAH program will be completing the next step of process by creating a new five-year Scope of Work (SOW) due to the state in March 2020.
- May is Bike Month and there was another successful **Bike Challenge**. The 786 Shasta County participants pedaled 115,928 miles during the Challenge. Shasta County ranked #2 nationally at the end of May for our size of community and #4 overall in the nation. Keep pedaling Shasta!
- **FARM Club**, a program that encourages for children to choose fruits and vegetables at the Redding Farmers' Market, is in full swing providing tokens to children ages 3-25 to purchase local produce. It runs June 1-July 7th and again September 7 – October 5. See healthyshasta.org for more information.
- The next **ACE Meta Leader Luncheon** is scheduled for July 30th at NVCSS.
- The Tobacco Program completed over 220 surveys of retailers who sell tobacco and vape products for a statewide survey to look at ease of minors accessing tobacco products in our communities.
- The **CCS Medical Therapy Unit** held a successful Medical Therapy Conference where they completed the medical management of 40 CCS clients over a two day period. The conference included a physician from UCSF Benioff Oakland Children's hospital who provides spasticity management with Botox injections for our children in need.
- The **Local Oral Health Program**, in collaboration with the HHS Outcomes, Planning and Evaluation team, completed a GIS Story Map. This is an interactive map that focuses on the Oral Health of Shasta County, including but not limited to the prevalence of dental decay, a map of dental practices in our county and some health resources.
- The first cohort of participants of **Community Organizing Institute for Leadership (COIL)** graduated in May. This is a series of eight six-hour classes that teach informal community leaders tools and methods to use when

organizing community action on an issue that will have a positive impact on health. We will continue to provide support to these graduates, and will be starting another series in the Fall.

- We received the results of our completeness review from the **Public Health Accreditation Board** (the other PHAB), and submitted our response. There were only 16 documents out of 335 that needed addressing, and most were minor changes. Next steps are a site visit sometime in the Fall and a decision by early next year.
- The California Department of Public Health implemented the **Electronic Birth Registration System** (EBRS) in Shasta County on May 7, 2019. We are very excited about this implementation as the EBRS will streamline the registration process for births by removing the cumbersome and time consuming process of routing paper certificates for signatures and registration. We expect this new functionality to increase the percentage of births that are registered within the 10-day requirement from 80% to 95%. We also expect a reduction in errors on certificates and a corresponding reduction in rejection/amendment of birth records.

BOARD OF SUPERVISOR STAFF REPORTS (May & June):

- Agreement with the City of Redding for purchase of Homeland Security Grant emergency preparedness equipment.