

Medication Support Services

The program consists of one part-time on-site Psychiatrist, two part-time Telepsychiatrists, a Nurse Practitioner, a Registered Nurse, and two Case Managers. They provide initial psychiatric evaluations, medication monitoring and consultation for youth age 2-21 to stabilize and move the youth to higher levels of functioning. Case managers provide treatment planning, supportive skill building and linkage to other services. The goal is to create greater stability, improved functioning, fewer trauma reactions and increased social interactions.

At-Risk Middle School Program

This includes evidence-based programs in underserved populations of Shasta County specifically targeting middle school students. The Botvin Life Skills program is being piloted at Shasta Lake Elementary and Anderson Middle School in grades 6-8 to help improve social functioning and drug and alcohol resistance.

Child Welfare Mental Health Services

Additional mental health services are provided to youth within the foster care system by Foster Care Mental Health Clinicians, Foster Care Public Health Nurses, and an Adoptions Mental Health Clinician. The Mental Health Clinicians and Public Health Nurses are co-located with child welfare staff in the Children's Services Branch.

Call

(530) 225-5252

to access any of the services
within this brochure.



Shasta County
**Health & Human
Services Agency**

To learn more about children's
mental health services provided
by our community partners, visit
www.211norcal.org, call 2-1-1, or
text your ZIP code to 898211.



If you have private insurance,
consult your plan to learn which
service providers are covered by
your insurance.

Children's Mental Health and Substance Use Services



A referral guide

Call (530) 225-5200 to access
any of these services



Shasta County
**Health & Human
Services Agency**



Shasta County Health and Human Services Agency programs

Early Onset of Serious Mental Illness

A Mental Health Clinician, a Peer Support Specialist and a Parent Partner address the mental health needs of Transitional Age Youth (TAY) clients who are age 15-24 and may be experiencing serious mental illness for the first time (first break). They may also be having psychotic symptoms which have not been assessed or treated adequately.

Prevention and Early Intervention, Age 0-5

These services are provided to children ages 0-5 by two Mental Health Clinicians and a Clinical Program Coordinator. One Clinician works closely with Bridges to Success/Shasta County Office of Education, and the other works with children within Child Welfare to reduce emotional and behavioral issues. Cornerstones of the program include the Positive Parenting Program (Triple P) and trauma-informed interventions, which increase parenting skills to stabilize and enrich the whole family, and to reduce effects of trauma in the child.

Shasta Triumph and Recovery (STAR)

The STAR program consists of one Mental Health Clinician and a team of other mental health professionals (Peer Support Specialist, Parent

Partner and Assistant Social Worker). This Full-Service Partnership program focuses on wellness, recovery and resiliency. It is a “whatever it takes” model. This program serves children with severe emotional disturbance who are homeless or at risk of homelessness, incarceration, or have an increased risk of psychiatric hospitalization. They may also have a substance use disorder.

Access

The Access team includes three Mental Health Clinicians, two Community Mental Health Workers and a Clinical Program Coordinator. They evaluate and assess all people who are referred or who are seeking mental health services, either over the phone or by walk-in. After determining what the child needs, he or she is referred to a service provider, either within the Health and Human Services Agency or in the community.

Crisis Services

Three Mental Health Clinicians work together to help any youth experiencing a mental health crisis, either in the outpatient clinic or in the local emergency rooms. Youth may need an involuntary mental health hold, acute psychiatric hospitalization or specialized services to maintain a lower level of care and stability. Services include

discharge planning to coordinate transition of care, emergency services and 24/7 telephone crisis services.

Triple P (Positive Parenting Program)

Four community providers contract with Shasta County to provide Triple P at no cost to families. These providers are Shasta County Office of Education, Northern Valley Catholic Social Service, Family Dynamics, and Wright Education. Triple P is a multi-level prevention program and family support strategy that aims to prevent severe behaviors, emotional and developmental problems in children by building parents’ knowledge, skills and confidence.

WINGS/Juvenile Drug Court

These are collaborative programs between Children’s Services Branch and Shasta County Probation. The team is made up of a Mental Health Clinician, Probation Officer, Drug and Alcohol Counselor, Skill Builder and Parent Partner. The team “wraps” the family to provide services for the child and family to be successful, graduate the program, and exit out of the Juvenile Justice System. These services are by referral only from Probation and the Juvenile Court.