



Shasta County Health & Human Services Agency

Directors' Report – May 5, 2021

Mental Health, Alcohol and Drug Advisory Board (MHADAB)

Adult Services Branch Update:

- **Crisis Stabilization Unit (CSU) Partnership:** We are currently working with Shasta Regional Medical Center (SRMC) to partner in the development of a CSU within their emergency department setting. They have an eight-bed “overflow” unit behind the Emergency Room Department, but we will only contract for six of those beds. While this will not be a “locked” facility, Safety Officers will provide security for the unit, assisting and ensuring that the health and well-being of everyone is protected. The contract is mostly complete, and we’ve set a tentative go-live date of June 1st.
- **CIRT (Crisis Intervention & Response Team):** This group of individuals have been working like busy little beavers and wow, have we made progress! The launch date has been set to May 4th as this team will be working 4-10’s, Tuesday through Friday, 9:00a.m. to 7:00p.m. or 10:00a.m. to 8:00p.m. We have hired the LCSW who will be working on the CIRTeam as our Clinician, Nichole Brandon. She has been riding along with Redding Police Department (RPD), Sheriff’s Office (SO) and Hill Country Health and Wellness personnel to get exposure to their experience and completing some online POSTrainings. RPD will be holding interviews as they had three officers interested in the position. The Sheriff is waiting for the return of a couple of officers and the addition of a couple more. Then he will post the position for recruitment. The team has decided to move forward with the RPD officer and Clinician until the Sheriff Deputy is able to join the team. They will be moving to the substation downtown as soon as the RPD officer is identified. Several folks have been identified to attend the enhanced Mental Health training that will be held on April 14th, conducted by Marcia Ramstrom. We are SUPER excited about the launch of this new enhanced mobile crisis team and I look forward to reporting to the board on their progress.
- **Assisted Outpatient Treatment (Laura’s Law/AOT):** Laura's Law is a California state law that allows for court-ordered assisted outpatient treatment. To qualify for the program, the person must have a serious mental illness plus a recent history of psychiatric hospitalizations, jailing or acts, threats or attempts of serious violent behavior towards self or others. Hill Country has been delivering these services for Shasta County, through a contract, since 2017. In 2020/2021, Kings View will begin delivering AOT services as the County “Engaging individuals, families and communities to protect and improve health and wellbeing.”

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contract provider for this program. We have hit some snags along the way and are optimistic we can conquer the contracting process. We expect to be through it early in the new year. Update: And...as promised. It looks like the completion of this contract will take place in early March. Whew! This has been a labor of love and we can't wait for Kings View to begin delivering services to those in need. **WAIT! Hold the phone...new update:** Our snag turned into a large crevasse and danged if we didn't fall right into it. Ugh! It looks like it's going to take a bit longer than expected 😞. We're keeping our fingers AND toes crossed that Kings View will be able to start serving clients sometime in June...

- **COVID-19:** I'm happy to report (knock on wood) that our COVID-19 related absences have decreased so we have been safe in our building 😊. Most of our folks are back working in the building, coordinating schedules with other workers when they share an office but all-in-all, they seem happy to be back. Adult Services, as shared before, have continued with service delivery throughout this pandemic. The work our staff do is an integral part of our client's ongoing recovery and stability.
- **Triennial Review by the Department of Health Care Services (DHCS):**...our state Medi-Cal boss. We did so great in our triennial audit...accolades to HSA staff who work hard every day to make sure the services provided are reflected through timely documentation and billing, and to those who make sure our policies align with our practices. While we had several corrective action plan items to work on (which are complete 😊), the amount in recoupment was a whopping \$87.12. Fantastic! And the collaborative work completed across the branches to ensure the CAPs success was stellar to watch. Teamwork!!
- **DMC-ODS Regional Model:** We continue to work the bugs and insects out of our processes with this Drug Medi-Cal - Organized Delivery System, our new model. We continue to have much to learn but we are in good company with our local SUD (substance use disorder) providers and PHP (Partnership Health Plan). More to come as we move forward.
- **CDCR (California Department of Corrections & Rehabilitation):** The release of individuals with serious mental illness (SMI) transitioning from the prison system has slowed over this past quarter. Having said that, those coming to us from CDCR with SMI have very complex care needs. Under the proposed Medi-Cal pre-release application mandate, enhanced care management (in lieu of services) through the CalAIM waiver would provide the opportunity to better coordinate medical, behavioral health, and non-clinical social services for Justice-Involved individuals prior to and upon release from county jails and county juvenile facilities. The Department of Health Care Services is advancing and innovating 20 California Medi-Cal proposal facilities. These efforts will support scaling of diversion and re-entry efforts aimed at keeping some of the most acute and vulnerable individuals with serious medical or behavioral health conditions out of jail/prison and in their communities. This aligns "Engaging individuals, families and communities to protect and improve health and wellbeing."

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with other state hospital efforts to better support care for those who are incompetent to stand trial and other forensic state-responsible populations. While this a post-release proposal, CalAIM is endeavoring to support preventative measures to keep individuals with mental illness from entering the justice system. Here's what they say: "This aspect of enhanced care management will support the scaling of diversion efforts aimed at keeping some of the most acute and vulnerable individuals with serious medical or behavioral health conditions out of jail/prison and in their communities." In this case, Medi-Cal managed care plans can contract with county and non-profit entities that work to meet the health care needs of those who are involved in pre-booking or post-booking diversion behavioral health and criminogenic treatment programs. These individuals are at risk for incarceration and could, through care coordination and service placement, have a treatment plan built to divert into community-based care and services. Furthermore, to complement this enhanced care management benefit, DHCS is proposing to mandate that all counties implement a county inmate pre-release Medi-Cal application process by January 1, 2023. Very exciting things on the horizon, we will continue to update you as things progress.

- **Adult Services Continuum of Care Additional Service:** Adult Services (AS) continues to work diligently on enhancing our current continuum of care while concurrently filling in the details of our service model. Recently the AS program IHSS (In Home Support Services) met with the Good News Rescue Mission and toured the facility in order to work together to put in place IHSS services for homeless individuals while residing at the Mission. Some of our homeless Whole Person Care clients and others will benefit from this partnership.

Children's Services Branch Update:

- **COVID-19:**
 - **Children's Services Adaptation to the Pandemic Conditions:** Teletherapy, counseling, and tele-medication services are provided, among other virtual formats, to deliver the program. The doors are open to clients and there are walk-ins and crisis cases with plenty of staff and PPE available.
- **Family Urgent Response Service**
FURS Statewide Hotline/Mobile Response: Children's Services has a team prepared to do in person crisis response. The Shasta County Mobile Intervention and Stabilization Team (**MIST**) will respond to referrals from the statewide hotline to families in crisis, 24 hours a day, 7 days a week. The MIST consists of dedicated mental health and social service staff to respond to calls from the Statewide Hotline with caregivers of youth who are experiencing a behavioral or mental health instability. Cases involving youth with current or prior juvenile probation oversight will be contacted by the **MCT (Mobile Crisis Team)** for collaboration in response.

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- **Judicial Learning Collaborative/Opioid and Stimulant Abuse - MAT (Medication Assisted Treatment):** Children’s Services has submitted an application with the state to participate in a learning collaborative model with the Dependency Court and Child Welfare System. The goal is to work with key players in the Child Welfare system such as the court, judges, child and parent attorneys, county counsel, and others to identify best practices regarding MAT education, and to develop policies and procedures related to testing and treatment for individuals receiving Family Reunification and other child welfare services. Shasta County has received support from its judicial partners to participate. Thirteen counties in the state will be selected.
- **Mental Health and Juvenile Rehabilitation Facility (JRF):** Partnership is expanding. We are going to provide the mental health services and medication management in the JRF. A recruitment for a second mental health clinician is underway.
- **INVO Healthcare / Impact Program:** A unique program to provide behavior and mental health support services for Shasta County youth in partnership with Shasta County Office of Education is taking referrals. A copy of the flyer and referral form are attached.

Board of Supervisors Staff Reports (March-April):

- **Approve a retroactive agreement with ShiningCare** Approve a retroactive agreement with ShiningCare, Inc. in an amount not to exceed \$290,000 to provide Alzheimer’s and dementia awareness, conduct memory screenings, and increase social support for older adults for the period October 1, 2020 through June 30, 2022.
- **Mental Health Services Act (MHSA) Innovation (INN) project plan** Take the following actions for the Health and Human Services Agency’s (HHS) new Mental Health Services Act (MHSA) Innovation (INN) project plan: (1) Receive a presentation from Donnell Ewert, HHS Director and Michael Burke, Executive Director of Pathways to Hope for Children regarding “Hope Park,” a new approach to improve the mental health of youth and seniors through prevention and early intervention; (2) approve in concept the project proposal called “Hope Park,” which includes developing a new teen center in the City of Redding; and (3) authorize staff to submit the project to the state Mental Health Services Oversight & Accountability Commission for approval.
- **Project Homekey** Receive an update on Project Homekey from Health and Human Services Agency Director Donnell Ewert, K2 Development Companies Executive Officer Daniel Knott, and Hill Country Health and Wellness Center CEO Lynn Dorroh.
- **Care Horizons** Approve a renewal agreement with Dragos Adrian Lordache-Stir dba Care Horizons Assisted Living in an amount not to exceed \$504,000 to provide adult residential care facility services for the period July 1, 2021 through June 30, 2024.
- **BHC Sierra Vista Hospital** Approve a retroactive renewal agreement with BHC Sierra Vista Hospital, Inc. in amount not to exceed \$450,000 to provide inpatient psychiatric hospitalization services for the period July 1, 2020 through June 30, 2023.
- **Hill Country Community Clinic** Approve a retroactive renewal agreement with Hill Country Community Clinic in an amount not to exceed \$1,110,000 to provide a Community Mental Health Resource Center for the period January 1, 2021 through June 30, 2022.

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- **Shasta County “Child Abuse Prevention Month”** Adopt a proclamation which designates April 2021 as “Child Abuse Prevention Month” in Shasta County.
- **Crisis Intervention & Response Team (CIRT) Pilot Presentation** Receive a presentation regarding the newly developing enhanced mobile crisis unit – Crisis Intervention & Response Team (CIRT) pilot project from Health and Human Services Agency – Adult Services Branch Director, Paige Greene, and Shasta County Sheriff, Eric Magrini.
- **Redwood Community Services, Inc** Approve a retroactive agreement with Redwood Community Services, Inc. in an amount not to exceed \$360,000 to provide specialty mental health services to eligible children for the period January 20, 2021 through January 19, 2022, with two automatic one-year renewals.
- **Remi Vista, Inc.** Approve a retroactive amendment, effective February 1, 2021, to the agreement with Remi Vista, Inc. to provide therapeutic behavioral services and youth residential specialty mental health services for eligible children which increases the compensation by \$450,000, for a new maximum compensation of \$1,350,000, to provide services for additional clients resulting from the new presumptive transfer rule, retaining the term July 1, 2020 through June 30, 2021, with two automatic one-year renewals.
- **Lotus Educational Services, Inc.** Approve an agreement with Lotus Educational Services, Inc. in an amount not to exceed \$180,000 to provide trainings about suicide prevention for the period of three years effective date of signing.

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