



# Shasta County Health & Human Services Agency

## Directors' Report – January 6, 2020 Mental Health, Alcohol and Drug Advisory Board (MHADAB)

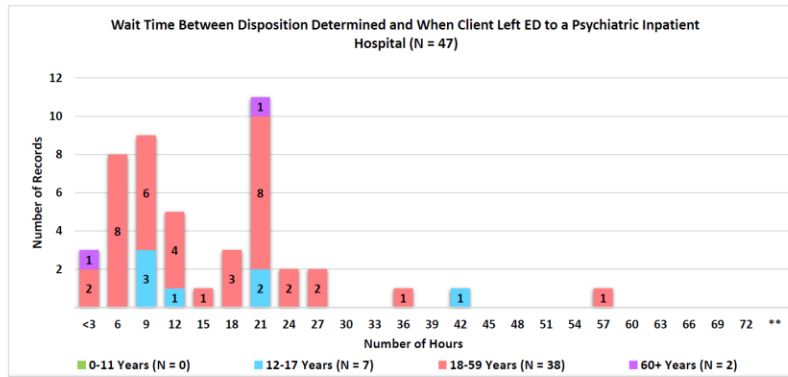
### Adult Services Branch Update:

- County Temporary CSU (Crisis Stabilization Unit) Update:** As you might remember, Adult Services opened the CSU in Early October to reduce the number of mental health folks who might impact the local hospital Emergency Departments as they manage COVID-19 clients. The temporary County run CSU will close on December 30, 2020. There was very limited use of the CSU during its operation. Some explanation is due to our hospitals being so well prepared to deal with the Covid Pandemic, along with the expeditious manner in which mental health clients are evaluated and placed or discharged. See Average Wait Time report below:

**Table 16: Median Wait Time - Dispo Determined and Client Left ED to a Psychiatric IP Hospital Facility**  
Of the 49 records listed as having a disposition of psychiatric inpatient hospital admission, 2 were excluded due to missing date-time information. The following table focus on those 47 records that met criteria.

Average Wait Time Between Disposition Determined and When Client Left ED to a Psychiatric Inpatient Hospital							
Hospital	Initial Status	Number of Records	Average Time (Hours)	Youth 0-11 Average Hours (N = 0)	Youth 12-17 Average Hours (N = 7)	Adult 18-59 Average Hours (N = 38)	Older Adults 60+ Average Hours (N = 2)
Mayers Memorial	Total Mayers	0	NA	NA	NA	NA	NA
	5150	0	NA	NA	NA	NA	NA
	1799.111	0	NA	NA	NA	NA	NA
Mercy Medical Center	Total MMC	10	10	NA	10	10	NA
	5150	2	9	NA	11	6	NA
	1799.111	8	10	NA	8	10	NA
Shasta Regional Medical Center	Total SRMC	37	16	NA	20	16	10
	5150	13	18	NA	15	19	NA
	1799.111	24	14	NA	23	14	10
All Hospitals Combined	Total All	47	15	NA	17	14	10

Chart 3: Wait Time – Disposition Determined and When Client Left ED to a Psychiatric Inpatient Hospital



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We are continuing discussions with a local provider in the hopes of being able to add a CSU to our continuum of care services. More to come about that.

- **Woodlands:** The Woodlands is a development owned by PC Redding Apartments, a Limited Partnership between Palm Communities of Irving, California and Northern Valley Catholic Social Service of Redding, California. The complex consists of 55 units of housing in two-story garden-style walk-up buildings, with approximately eight units in each building. Units will be a mix of 1- and 2- and 3-bedroom apartments, with an on-site manager's unit. The Woodlands includes 19 MHSAs designated units: 14 one-bedroom units and 5 two-bedroom units.

MHSA units are occupied by individuals who are eligible to MHSA services that have a serious mental illness or a child with serious emotional disturbance; and are homeless or at-risk of homelessness, hospitalization, or incarceration; and are un-served or underserved individuals who are eligible to receive FSP intensive services and supports. The Woodlands is a multi-family project and all age groups eligible for FSP services may apply for residency.

The Woodlands 2 is also owned by PC Redding Apartments, a Limited Partnership between Palm Communities of Irvine, California and Northern Valley Catholic Social Service of Redding, California. This second phase consists of 20 units on the parcel adjacent to The Woodlands. Like the original Woodlands, The Woodlands 2 will be two-story garden-style walk-up buildings, with a mix of 1-, 2- and 3-bedroom apartments, and has ten (10) MHSAs designated units: five (5) one-bedroom units and five (5) two-bedroom floating units. The Woodlands' on-site resident manager, case manager and peer support specialists will expand their scope of work to support these new units.

In order to be eligible for an MHSA unit at The Woodlands, an applicant must:

meet the low-income requirement (at or below 30% of Area Median Income)

AND

be eligible for MHSA FSP services: an adult with serious mental illness or a child with severe emotional disturbance; who are homeless, or at-risk of homelessness, hospitalization, or incarceration; and are un-served or underserved. "At risk" may be supported by a history of more than one hospitalization or incarceration within the last 12 months and is related to symptoms of his/her mental health disorder.

*NOTE: Applicants are NOT required to participate in supportive services in order to apply for MHSA supportive housing program; however, SCHSA strongly encourages all applicants to participate in supportive services in order to maximize their success in obtaining and maintaining their MHSA housing.*

The goal of this permanent supportive housing project is to support and advance greater independence for adults with serious mental illness and families with a child with severe emotional disturbance. Available to them is one fulltime onsite case manager provided by the County along with other supportive services, as needed, to those open to County mental

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health services and desiring to participate. Additional collaborative services can be augmented by Peer Support Specialists, Clinicians, Nurses, etc. as needed.

Onsite groups, activities and other independence advancing endeavors are to be offered by both the County and NVCSS. However, implementing these groups and activities consistently over time has been a challenge. However, there is great collaboration between the County and NVCSS in addition to having the supportive involvement of Ron Henninger, David Kehoe and Mary Rickert, and we thank them for their encouragement. At this time, Ron is also working in tandem with NVCSS to represent property management concerns of tenants and support rectifying deficits in these areas. Thanks Ron!

- **CIRT (Crisis Intervention & Response Team):** Formerly under the Collaborative Partnership with Law Enforcement topic area. We are continuing to make progress on this collaborative project. We are working with Redding Police Department, Sheriff's Department, and Hill Country to build two teams for Mobile Response. Team One, will be the current Hill Country Mobile Crisis "Outreach" Team and Team Two will be the new enhanced Crisis Intervention Response Team (CIRT). Hill Country will be expanding their days of operations from 5 days a week to 7 days a week and will serve the City of Redding area along with following up with clients referred by Team Two. The CIRT team will be comprised of a combination of 2 plain clothed Law Enforcement officers (1 Redding Police Officer & 1 Sheriff's Office Deputy), 1 County Mental Health Clinician, and support from clinical Case Managers and/or Peer Support Specialist. Additionally, a Paramedic Supervisor from Mercy Ambulance Service will be on the team. This 2<sup>nd</sup> team will serve the Greater Redding basin; from Shasta Lake to Cottonwood, from Happy Valley to Round Mountain. Both teams can be co-dispatched with Law Enforcement by Shastcom or independently. The goal is to increase engagement with those experiencing a mental health crisis, increase linkage to needed resources and decrease law enforcement time on calls where mental health interventions meet the situation need, along with reducing fatal encounters with persons experiencing extreme mental crisis and a means to harm themselves or others (E.g. weapons) and law enforcement officers. New expected start date is late January. More to come.
- **Assisted Outpatient Treatment (Laura's Law/AOT):** Laura's Law is a California state law that allows for court-ordered assisted outpatient treatment. To qualify for the program, the person must have a serious mental illness plus a recent history of psychiatric hospitalizations, jailings or acts, threats or attempts of serious violent behavior towards self or others. Shasta County began delivering these services through a contract with Hill Country in 2017. In 2020, Kings View will be the new AOT contract provider. We have hit some snags along the way and are optimistic we can conquer the contracting process and be through it early in the new year. Once they are up and running, we will invite them to the board meeting to deliver a presentation. More updates to follow.

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- **COVID-19:** Adult Services continues to be impacted greatly by COVID-19. While we have staff, who can work remotely doing so, and are having department work-teams alter schedules, we continue to experience employees becoming sick with COVID-19, testing positive for COVID-19 or being exposed and having to quarantine. This has significantly affected our workforce and still, we continue to provide services to those in need.
- **Peer Support Specialists - SB-803:** We have been able to recruit, hire and fill all the PSS positions. Yippee! Now, to bring them in is another COVID story. Nonetheless, we have six names of individuals hired and are hoping to have them all onboarded by mid-January.

### Children's Services Branch Update:

- **Intensive Services Foster Care (ISFC):** Children's Services continues to utilize Intensive Services Foster Care for children and youth in the foster care system. The intensive services include behaviorally based services, mental health services, supervision, care, and activities in a resource family home with wraparound care and practices using child family team meetings. Specialty Mental Health services are provided to the family in the home with 24-hour on call response. The program supports youth who require a higher level of intensive services. Children's Services is working with Victor Youth Community Support Services for the Mental Health Services.
- **Juvenile Rehabilitation Facility:** The Probation department has requested partnership from Children's Services to create a Youth Rehabilitation/Vocational/Community Treatment Program in a vacant pod in the JRF. The program will require mental health funding to support the youth who otherwise would have been placed in an STRTP (Short Term Residential Therapeutic Program) for appropriate youth referred for this level of care, but there will be an overall cost savings. There is a gap in both Shasta County and California which will help fill the unmet need due to STRTP/Group Home closures and keep youth locally. Youth would be ordered to this program by the Judge. The name of the program is River's Edge Academy. Probation is funding a full-time mental health clinician working at the juvenile rehab facility. This position is from the Children's team currently working with youth in the JRF and will eventually serve youth in the River's Edge Academy.
- **COVID-19:**
  - **Children's Services Adaptation to the Pandemic Conditions:** Teletherapy, counseling, and tele-medication services are provided, among other virtual formats, to deliver the program. The doors are open to clients and there are walk-ins and crisis cases with plenty of staff and PPE available.
  - **Hotline for Hope:** Children's Services refers children and families impacted by COVID-19 to Pathways to Hope for Children for parenting support and concrete services. This is a hotline for parents to seek parenting support during the stressful

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time of the pandemic which operates extended hours into the evening throughout the week. This is a service that does not replace services from our Branch but can be preventative and offers parent to parent support.

- **FURS:** Children’s Services is working on a plan to submit to the California Department of Social Services for the statewide Family Urgent Response System (FURS). The system (FURS) will be a 24/7 mobile response for the purpose of providing supportive services to address situations of instability, preserve the relationship of the caregiver and the child/youth, develop healthy conflict resolution and relationship skills, promote healing as a family, and stabilize the situation. The state will require that the response system will be able to provide immediate, in-person, face to face response to children, youth, and caregivers living within the geographic bounds. The mobile response is to occur within one hour. Mobile response for nonurgent situations must occur as a same-day response within 24 hours. We are talking with neighboring counties to determine if a regional cross-county mobile response system is possible. The Children’s team working on the project has attended webinars and training in preparation for developing the FURS program. We are waiting for the final letter from CDSS which will outline all the services that can be funded through FURS. Meanwhile, we do know that there will be a coordinated “Warm Handoff” with the Statewide Hotline. The date for implementation has changed from January 2021 to March 2021. In addition to receiving referrals from the State Hotline, families and others will be able to call directly to our after-hours Child Welfare staff.
- **Partnership with Shasta County Office of Education:** Children’s is excited about the new program that is in partnership with the Shasta County Office of Education. It is a mental health and behavioral health applied behavioral analysis project for all school-aged children focused on the impact of adverse childhood experiences. Referrals are not only through the Office of Education but also through HHSa Children’s Branch so many of our kids will benefit from this program.
- **Judicial Learning Collaborative/Opioid and Stimulant Abuse - MAT (Medication Assisted Treatment):** Children’s Services has submitted an application with the state to participate in a learning collaborative model with the Dependency Court and Child Welfare System. The goal is to work with key players in the Child Welfare system such as the court, judges, child and parent attorneys, county counsel, and others to identify best practices regarding MAT education, and to develop policies and procedures related to testing and treatment for individuals receiving Family Reunification and other child welfare services. Shasta County has received support from its judicial partners to participate. Thirteen counties in the state will be selected.

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## Board of Supervisors Staff Reports (November - December):

- **Reappointments to the Mental Health, Alcohol and Drug Advisory Board** (Take the following actions for the Shasta County Mental Health, Alcohol and Drug Advisory Board: (1) Reappoint Charles Menoher, Marvin Peterson, Jessica Mitchell, and Christine Stewart for terms to expire on December 31, 2023.)
- **Receive the Mental Health, Alcohol and Drug Advisory Board's 2019 Annual Report** (Receive the annual report on Mental Health, Alcohol and Drug Advisory Board activities from Chairman Samuel Major.)
- **Third Amendment to the grant agreement with Forward Redding Foundation to administer a grant program for local businesses negatively impacted by COVID-19 pandemic** (Approve an amendment to the CARES Act grant agreement with Forward Redding Foundation to administer grant funding to eligible businesses physically located in Shasta County and operating on or before March 4, 2020 that been negatively impacted by the COVID-19 pandemic which increases compensation by \$1,000,000 for a new maximum compensation not to exceed \$4,000,000, and extends the end date of the term from November 30, 2020 to December 30, 2020.)
- **Agreement with California Correctional Health Care Services** (Take the following actions: (1) Approve Agreement No. 19-00277 with California Correctional Health Care Services at no compensation to ensure secure online transfer of patient-inmate medical records for the period date of signing through June 30, 2022; (2) approve the Secure File Transfer Protocol Electronic Data Sharing Access Request Form authorizing designated users to access medical records; and (3) approve and authorize the Director of the Health and Human Services Agency to: (a) designate an Information Custodian to ensure compliance with privacy and security requirements; and (b) authorize additional users as necessary.)
- **Adopt a Resolution to Accept a Behavioral Health Integration Incentive Program Grant from Partnership HealthPlan of California** (Adopt a resolution which: (1) Approves and authorizes the Health and Human Services Agency Director, or his/her designee, to sign a Grant Memorandum of Understanding (MOU) with Partnership HealthPlan of California in the amount of \$960,000 to participate in the Behavioral Health Integration Incentive Program, for the period January 1, 2021 through December 31, 2022, provided the MOU is substantially similar to the draft MOU dated January 21, 2020 and otherwise complies with Administrative Policy 6-101, Shasta County Contracts Manual; (2) approves and authorizes the Agency Director, or his/her designee, to sign other documents, including retroactive, relating to the activities of the Program, and to make expenditures in furtherance of the Program; (3) ratifies the signature of the Agency's Adult Services Branch Director on the letter of interest and the grant application dated January 13, 2020; and (4) ratifies the signature of the Agency's Business and Support Services Branch Director on a preliminary draft of the MOU which was required with submission of the Grant application for the period April 1, 2020 through December 31, 2022 dated January 21, 2020.)
- **Resolution Designating Professionals Who May Detain Persons with Mental Disorders, Welfare and Institutions Code 5150 and Repeal Res. 2016-135** (Adopt a resolution which: (1) Repeals Resolution No. 2016-135; and (2) designates and updates mental health professionals who may take, or cause to be taken, into custody persons for transportation to approved facilities for 72-hour mental health evaluation and treatment.)
- **Amendment with Shasta Community Health Center for Whole Person Care Pilot Program** (Approve an amendment, effective December 31, 2020, to the agreement with Shasta Community Health Center for the Whole Person Care Pilot Program for intensive medical case management teams which increases compensation by \$633,400, for a new maximum compensation of \$3,005,749, and extends the end date of the term from December 31, 2020 to December 31, 2021.)
- **Child Welfare System Improvement Plan Submission** (Adopt a resolution which: (1) Approves and authorizes the Chairman, the Health and Human Services Agency Children's Services Branch Director, and the Chief Probation Officer to sign and submit the County's Child Welfare System Improvement Plan to the California Department of Social Services; (2) approves a Notice of Intent designating the HHS as the public agency to administer the Child Abuse Prevention, Intervention and Treatment Program /Community-Based Child Abuse Prevention Program and the local welfare department to administer the Promoting Safe and Stable Families Program funds, and providing notification of the County's intent to meet assurances for the CAPIT/CBCAP/PSSF Programs for the plan period June 12, 2020 through June 11, 2025; and (3) approves and authorizes the HHS Director, HHS Branch Director or HHS Deputy Branch Director, as designated by the

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HHS Director to: (a) accept the California Department of Social Services Office of Child Abuse Prevention Program Specific Terms and Conditions for Funding Recipients (OCAP Terms and Conditions); and (b) sign prospective and retroactive minor amendments and other documents, related to the OCAP Terms and Conditions, SIP, and/or Notice of Intent that do not result in a substantial or functional change to the original OCAP Terms and Conditions, SIP, and/or Notice of Intent provided they otherwise comply with Administrative Policy 6-101, Shasta County Contracts Manual.)

- **Agreement with Family Care Network, Inc.** (Approve a retroactive agreement with Family Care Network, Inc., in an amount not to exceed \$343,320 to provide youth wraparound services for the period September 14, 2020 through September 13, 2021, with one automatic one-year renewal.)

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