

FIRST 5 SHASTA and Triple P

Triple P Practice

The first rule in any parenting program is to provide your child with consistent messages. Although there are other effective parenting programs available, First 5 Shasta believes it is imperative that our local service system stick with the use of Triple P and follow this rule as well. As a group we could provide consistent messages to the families we serve so they can in turn provide consistent messages to their children.

In an effort to provide families with consistent messages First 5 Shasta maintains the following practice:

- If First 5 Shasta funding of any sort is used for Parenting (Behavior Management of Young Children), First 5 will only fund Triple P.
- If Parenting is part of a grant or program, Triple P must be used.
- When First 5 Shasta grantees implement Triple P, their Evaluation Plan requires use of Triple P evaluation tools found on the Online Scoring Database. The grantees must complete the required paperwork for each child and turn in reports from the Online Scoring Database.

Triple P Investment

First 5 Shasta began investing in Triple P during Fiscal Year 2010 – 2011 and continues into the current Fiscal Year. Investments to date total over \$1 million and includes:

- Triple P pilot in Shasta County (at Shasta Head Start, completed 6/30/10)
- Numerous Grants with Triple P in the S.O.W.
- All costs for:
 - Initial Manager's Meeting
 - First round of training: Level 2, Level 2 Seminar, Level 3, Level 4 and Level 5 Combined with Pre-Accreditation/Peer Support workshop for Levels 3 – 5
 - Additional Level 3 Training
 - Special Training and Accreditation for Level 4 Providers to become Level 3 Providers
 - Two one-day refresher trainings for Triple P Level 3 Providers
- Food and space cost for all trainings
- Out of town trainings for 0-to-5 providers when needed
- Staff time for coordination of Triple P Implementation

Grants with Triple P

As stated above, when First 5 Shasta grantees provide parenting, Triple P is used. Below is a sample of grants that include Triple P services from just one Fiscal Year of grant funding:

- | | | |
|---|---------------------------------|-----------|
| • READY! for School Shasta | January 1, 2013 – June 30, 2015 | \$276,330 |
| ○ Referral to Triple P Services | | |
| • GAPS | January 1, 2013 – June 30, 2015 | \$167,120 |
| ○ Home visiting including Triple P Tip Sheets and Level 3 Services | | |
| • Bright Futures | January 1, 2013 – June 30, 2015 | \$156,550 |
| ○ Referral by Law Enforcement to Triple P, Triple P Services (Level 3) in English & Spanish | | |
| • Triple P Sustainability Committee | May 21, 2013 – July 31, 2013 | \$1500 |
| ○ Triple P Implementation Celebration | | |
| • Bridges to Success Expansion | January 1, 2013 – June 30, 2015 | \$150,000 |
| ○ Multiple Levels of Triple P Service including Level 5 | | |
| • Triple P Discussion Groups | Week of the Young Child | \$500 |
| ○ Implementation of a new type of Triple P called Discussion Groups | | |

Future Triple P Investments

- Training
- Triple P "Parties" (Level 2)
- Triple P Group Level 4
- Training of Individual Practitioners in new Triple P curricula
- Ongoing participation in the Triple P Sustainability group