

SHASTA COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB) and PUBLIC HEALTH ADVISORY BOARD (PHAB)

Joint Meeting

Shasta County Mae Helene Bacon Boggs Conference Center
2420 Breslauer Way, Redding CA 96001

AGENDA

January 8, 2020 – 5:15 p.m.

I. CALL TO ORDER AND INTRODUCTIONS

II. PUBLIC COMMENT PERIOD – OPEN TIME

To Address the Board During Public Comment:

The Brown Act (Government Code Section 54950 et seq) requires that every agenda for regular meetings provide an opportunity for members of the public to directly address the Shasta County Mental Health, Alcohol and Drug Advisory Board on any item of interest to the public, before or during the Board's consideration of the item. Persons wishing to address the Board should fill out a Speaker Request Form by 4:30 p.m. prior to the beginning of the meeting (forms are available from Teri Linson, Health and Human Services Agency Adult Services, 2640 Breslauer Way, Redding, CA 96001). When the Chairperson announces the public comment period, any person wishing to address the Board will be recognized by the Chairperson and is requested to state their name and make their comments. Each speaker is allocated up to three (3) minutes to speak. **Comments must be limited to matters within the jurisdiction of the Board.** The Board will take no action and will hold no discussion on matters presented during public comment unless the matter is an action item on the Board agenda. The Board may refer the subject matter to the appropriate department or agency for follow-up and/or to schedule the matter on a subsequent Board agenda.

III. ANNOUNCEMENTS

Welcome New MHADAB Board Member – Christine Stewart

IV. ACTION ITEM

A. Consider approval of the Shasta County Data Notebook 2019 (MHADAB Members)

V. DIRECTOR'S REPORT (written report)

Donnell Ewert, HHS Director

Brandy Isola, Public Health Branch Director

Dean True, Adult Services Branch Director and Drug and Alcohol Administrator

Nancy Bolen, Children's Services Director

VI. PRESENTATIONS

A. HHS Strategic Plan – Donnell Ewert, HHS Director

B. Mental Health Well Being Plan – April Jurisich, Public Health Program Manager

C. Purposed Sales Tax – Donnell Ewert, HHS Director

VII. REMINDERS

A. The next **Shasta County Mental Health, Alcohol and Drug Advisory Board (MHADAB)** meeting will be on March 4, 2020 at 5:15 p.m. at the Mae Helene Bacon Boggs Conference Center. For information, please contact Teri Linson at 229-8062, or via e-mail at tlinson@co.shasta.ca.us.

- B. **Shasta County Mental Health, Alcohol and Drug Advisory Board Executive Committee (MHADABEC)** meeting will be on February 10, 2020 at 11 a.m. in the Administrative Conference Room at Mental Health. For information, please contact Teri Linson at 229-8062, or via e-mail at tlinson@co.shasta.ca.us.
- C. The next **MHSA Stakeholder Workgroup** meeting will be held on January 14, 2020 with 2 sessions, the first at 10 a.m. and the second at 2 p.m. at the Mae Helene Bacon Boggs Conference Center. For information, please contact Kerri Schuette at 245-6951 or via email at kschuette@co.shasta.ca.us.
- D. The next **Stand Against Stigma Committee (SASC)** meeting will be January 14, 2020 @ 1:30 p.m. at the Hill Country CARE Center. For information, please contact Carrie Jo Diamond at 229-8484, or via e-mail at cdiamond@co.shasta.ca.us.
- E. The next **Suicide Prevention Workgroup** meeting will be January 21, 2020 at 2:30 p.m. at the Hill Country CARE Center. For information, please contact Lindsay Tibbetts at 229-8426, or via e-mail at ltibbetts@co.shasta.ca.us.
- F. The next **ADP Provider** meeting will be February 26, 2020 at 10:00 a.m. at the Mae Helene Bacon Boggs Conference Center. For information, please contact Katie Cassidy at 225-5997, or via e-mail at kcassidy@co.shasta.ca.us.
- G. The next **Public Health Advisory Board Executive Committee** meeting will be February 12, 2020.
- H. The next **Public Health Advisory Board (PHAB)** meeting will be March 11, 2020.

VIII. ADJOURNMENT

The County of Shasta does not discriminate on the basis of disability in admission to, access to, or operation of its buildings, facilities, programs, services, or activities. The Shasta County Mental Health, Alcohol and Drug Advisory Board will make available to any member of the public who has a disability a needed modification or accommodation including an auxiliary aid or service, in order for that person to participate in the public meeting. A person needing assistance should contact Teri Linson by telephone at (530) 229-8062, or in person 2640 Breslauer Way, Redding, or by mail at P. O. Box 496048, Redding CA 96049-6048, or by e-mail at tlinson@co.shasta.ca.us at least two (2) working days in advance. Accommodations may include, but are not limited to, interpreters, assistive listening devices, accessible seating, or documentation in an alternate format. If requested, this document and other agenda materials may be made available in an alternative format for persons with a disability who are covered by the Americans with Disabilities Act. Questions, complaints or requests for additional information regarding the Americans with Disabilities Act (ADA) may be forwarded to the County's ADA Coordinator: Angela Davis, Director of Support Services, County of Shasta, 1450 Court Street, Room 348, Redding, CA 96001-2676 Phone: (530) 225-5515 Fax: (530) 225-5345 California Relay Service: 711 or 1-(800)-735-2922, E-mail: adacoordinator@co.shasta.ca.us.

Public records which relate to any of the matters on this agenda (except Closed Session items), and which have been distributed to the members of the Advisory Board, are available for public inspection at Shasta County Health and Human Services Agency, 2640 Breslauer Way, Redding, CA 96001. If there are any questions regarding this agenda please contact Teri Linson at 229-8062, or via e-mail at tlinson@co.shasta.ca.us.

**Health & Human Services Agency & Public Health Branch
Director's Report - Public Health Advisory Board
January 8th, 2020**

CURRENT ISSUES:

Health & Human Services Agency (HHS) Update

- Brandy Isola has been permanently appointed as the Branch Director for Public Health. She served as the interim Branch Director for five months before her permanent appointment.
- Miguel Rodriguez has been appointed as the new Deputy Branch Director for Children's Services. Miguel was previously a Clinical Division Chief in Adult Services.
- The electronic medical record system operated by HHS for our specialty mental health services has been connected to the health information exchange (HIE) operated by SacValley MedShare. This connection will allow our providers to see what treatment clients are receiving in other medical settings, and likewise, will allow other providers to see what treatment our clients are receiving. Hopefully this will result in higher quality care, For public health purposes, the data in the HIE can be used for various community health assessment purposes.

Public Health Branch Update

- Our Accreditation Site Visit is happening on January 8th and 9th. We will be hosting an Accreditation Specialist, employed by the Public Health Accreditation Board (the other PHAB) and 3 Public Health peers from other jurisdictions.
- California Children's Services: Christmas party was very successful. A total of 200 children and their families attended. "Santa" passed out gifts to each child in attendance. Also CCS is currently in the process of working with Shasta College to accept their physical therapy assistant students to receive hands-on training in the near future.
- Children's Health and Disability Prevention Program has received direction from the state in a provider bulletin (starting 1/2020) as to new responsibilities for the program. CHDP Nurse Case managers will assist families in accessing and keeping dental care and help clients to establish a dental home. We will be informing M/Cal Dental Service providers of our role and referral form will be provided.
- Local Oral Health Program: The state approved our Oral Health Needs Assessment. They are moving into a new phase with RFP – and School based/School Linked Oral health programs. We are launching into our media campaign to help educate our community as to the importance of Early and regular dental care. Plan to use many platforms with this effort from social media to bus-stop signage and bill boards.

- Healthy Shasta has kicked off Shasta Walks 2020 with a virtual walking challenge along the Pacific Crest Trails. Visit www.healthyshastawalks.org for more information on how to sign up.
- The Emergency Preparedness Unit held a Full-Scale Exercise in November, a continuation of the tabletop exercise that was held in September. We practiced staffing a shelter and standing up our HHSA Department Operations Center (DOC).
- Jessica Duckett has been chosen to be the new Community Health Protection Division manager, effective January 6th. Jessica had been the Alcohol and Other Drug prevention unit supervisor for the previous three years and has many years of experience in the HHSA.
- Our senior-most Disease Investigation Specialist, Carmel Calway, recently received her California certification in phlebotomy, so we will soon be expanding our sexually transmitted disease testing and treatment services.
- Our Clinical Program Coordinator, Scott Bray was named January's employee of the month and will be recognized at the January 7th Board of Supervisor's meeting.
- We submitted a grant proposal to the California Department of Public Health to receive up to \$400,000 (over 2+ years) to prevent and support Alzheimer's Disease caregivers in Shasta County. We solicited a lot of stakeholder input about the strengths and needs of our community around this critical health issue for our aging population.

BOARD OF SUPERVISOR STAFF REPORTS (November):

- California Department of Public Health Maternal, Child, and Adolescent Health Funding Agreement
- Shasta Regional Community Foundation- Adverse Childhood Experiences Resilience and Hope



Shasta County Health & Human Services Agency

Directors' Report – January 8, 2020 Mental Health, Alcohol and Drug Advisory Board (MHADAB)

Adult Services Branch Update:

- **Medication Assisted Treatment (MAT) in the Jail:** HHSA is close to completing the necessary contract amendment with Empire to provide substance use disorder assessment/counseling services in the jail. At the same time, the Sheriff's Office is nearing completion with contract language and amendments with WellPath – contracted medical provider for those incarcerated—to provide MAT in the jail setting.
- **Grant Application:** Adult Services is submitting a grant application within the overarching framework of 'Behavioral Health / Physical Health Integration'. The process is early, but the general goal is to fund a position that could provide short term follow-up case management to those who have been treated in one of our emergency rooms for a mental health crisis, but who did NOT require inpatient hospitalization.
- **Crisis Intervention Team (CIT) Training:** the dates for next trainings will be April 1,2, & 3, and August 24,25, & 26. There will also be a “one day” training for select individuals who have contact with those exhibiting mental health symptoms within the greater criminal justice system including those working in the Courts, and Public Defender/District Attorney offices. The date for this one day training has not yet been set.
- **Drug Medi-Cal Organized Delivery System:** While significant progress continues to be made for Shasta County's participation in the first regional model in California, the “go live” date has now been pushed to March 1st.
- **ADP Provider Meeting:** The quarterly meeting was held on Wednesday, November 27.
Highlights:
 - Discussion around Statewide Opioid Response projects going on in Shasta County including:
 - Mother Baby Substance Exposure Initiative - The purpose of the Mother and Baby Substance Exposure Initiative is to help Shasta County enhance our ecosystem of treatment, recovery and support for mothers, babies and families affected by perinatal OUD/SUD. The Initiative was “kicked-off” in June at a convening of hospital and community based partners. Mercy Medical Center Redding has been working to improve the care of the mother-baby dyad. The

“Engaging individuals, families and communities to protect and improve health and wellbeing.”

Donnell Ewert, MPH, Director

Dean True, RN, MPA, Adult Services Branch Director and Alcohol and Drug Program Administrator

Nancy Bolen, MSW, Children's Services Branch Director

www.shastahhsa.net

community-based partners met in September and identified key concerns such as stigma and barriers to treatment. The community-based activities of the Initiative will be advanced through the convening of North State Healthy Moms. To participate, contact Elizabeth Ketterer, MCAH Coordinator at HHSA Public Health (eketterer@co.shasta.ca.us).

- Transitions of Care - a two-day event was held in October and we are now working with a coach for technical assistance on prioritizing the opportunities for our community.
- Touchpoints - several agency and community members have attended two layers of training talking about how we can better serve people who are engaged with multiple systems and needing MAT. The train the trainer portion of this project is scheduled for January 14 and HHSA is sending several people along with probation and other community partners.
- Youth Opioid Response - Children's Services received a grant to address the needs of youth with OUD in our community and are contracting with Empire for services and working with the schools for an education and awareness component.
- MAT video produced by HMA was presented showing several jails who have begun providing MAT to inmates. Link to the video: <https://vimeo.com/user12199306/review/374489607/8867d514ad>
- Next Quarterly Meeting: **Wednesday, February 26, 2020 at 10:00 am at the Mae Helene Bacon Boggs Conference Center.**

Children's Services Branch Update:

- **CANS & CFTs:** Children's Services continues to pilot the use of the Child and Adolescent Needs and Strengths (CANS) assessment in child and family teams for those youths in foster care. The CANS are used as the communication tool between Mental Health and Child Welfare. The CANS help the Child Family Team (CFT) gain a shared understanding of the child's strengths and needs which results in better case planning. We are participating on the Statewide Implementation team: Lori Steele from Mental Health, Daniel Lynch with Child Welfare.
- **Organization Provider Request for Proposal:** Children's Services is in the process of reviewing proposals for specialty mental health organizational providers to serve children ages 0-21.
- **Intensive Services Foster Care (ISFC):** Children's Services was approved to provide Intensive Services Foster Care (ISFC); both the plan and the rate were approved by the California Department of Social Services. The intensive services will include behaviorally based services, mental health services, supervision, care, and activities in a resource family home with wraparound care and practices using child family team meetings. We are excited to provide intensive services to youth in a family home setting. Each resource home will be limited to 2 children/youth receiving ISFC.

"Engaging individuals, families and communities to protect and improve health and wellbeing."

Donnell Ewert, MPH, Director

Dean True, RN, MPA, Adult Services Branch Director and Alcohol and Drug Program Administrator

Nancy Bolen, MSW, Children's Services Branch Director

www.shastahhsa.net

- **Children’s Services Leadership Transition:** Miguel Rodriguez, LCSW, has joined the Children’s Services Branch as the Deputy Branch Director.
- **Harmful Substance Use Prevention Collaborative:** Children’s Services continues to be a member of the Collaborative, which works on strategies to address the prevention, early intervention, and treatment of substance use in youth. We have five leadership staff attending a “Train the Trainer” session on the neuro science of Medication Assisted Treatment (MAT) to conduct internal training to staff on an ongoing basis. This is through the DHCS, County Touchpoints in Access to MAT.
- **MAPP Steering Committee:** Children’s Services continues to participate on this committee, for the Public Health Strategic Plan. The activity we report on is regarding strategies and programs to address substance use in youth.

Board of Supervisor Staff Reports (November - December):

- **Agreement with North Valley Behavioral Health, LLC. for Inpatient Psychiatric Services** (The proposed renewal agreement will allow North Valley Behavioral Health, LLC to continue to provide acute psychiatric inpatient services to Shasta County residents on a fee-for-service basis.)
- **Amendment to the Agreement with Relias LLC for Online Training Software** (This amendment will allow Relias LLC to continue to provide staff with access to online training courses, tests, and assessments on a variety of topics.)
- **Amendment to the Agreement with Cascades Management Inc., dba Ridgeview Residential Care Home** (The proposed agreement will allow Cascades Management, Inc., dba Ridgeview Residential Care Home to continue to provide residential care home services, in the least restrictive environment possible, to people with a serious mental illness who are able to live in the community with the assistance provided by Ridgeview.)
- **Amendment to the Agreement with Crestwood Behavioral Health, Inc for the Provision of Residential Mental Health Treatment Services** (The proposed amendment will allow Crestwood Behavioral Health, Inc. to continue to provide residential treatment program options for Shasta County clients with serious mental illness which include 24-hour, long-term residential treatment.)
- **Appointments to the Mental Health, Alcohol and Drug Advisory Board** (Take the following actions for the Shasta County Mental Health, Alcohol and Drug Advisory Board: (1) Appoint Christine Stewart for a term to expire December 31, 2020; and (2) reappoint Kalyn Jones, Ronald Henninger, Dale Marlar, Jo-Ann Medina, and Connie Webber for terms to expire December 31, 2022.)
- **California Department of Health Care Services Mental Health Performance Agreement** (This renewal agreement with the California Department of Health Care Services establishes performance expectations for Shasta County, through its Health and Human Services Agency, as the Medi-Cal specialty mental health services provider for Shasta County. In addition, provisions in this agreement assure that HHSA continues to receive access to State and Federal funding, along with local realignment funds to support mental health care.)
- **Agreement for Transitional Housing Program** (Approve an agreement with Shasta Women’s Refuge, Inc., dba One Safe Place in an amount not to exceed \$74,164 to provide a transitional housing program for crime victims for the period January 1, 2020 through December 31, 2020.)
- **First Amendment with Star View Behavioral Health, Inc.** (This proposed amendment to the active agreement will allow Star View Behavioral Health, Inc to continue to provide medically necessary specialty mental health services and inpatient psychiatric services for Shasta County youth who are placed

“Engaging individuals, families and communities to protect and improve health and wellbeing.”

Donnell Ewert, MPH, Director

Dean True, RN, MPA, Adult Services Branch Director and Alcohol and Drug Program Administrator

Nancy Bolen, MSW, Children’s Services Branch Director

www.shastahhsa.net

out-of-county in residential facilities designed to address their mental health needs. The increase of maximum compensation is due to the increase in the length of stay for the youth being served by Star View.)

- **First Amendment with Starshine Treatment Center** (This proposed amendment to the active agreement will allow Starshine Treatment Center to continue to provide medically necessary mental health treatment for Shasta County youth who are placed out-of-county in residential facilities designed to address their mental health needs for the entire agreement term.)
- **Revenue agreement with California Institute for Behavioral Health Solutions** (Take the following actions: (1) Approve a retroactive revenue agreement with the California Institute for Behavioral Health Solutions in an amount not to exceed \$157,060 to provide prevention and treatment of opioid use by youth for the period August 1, 2019 through August 31, 2020; and (2) approve a budget amendment increasing appropriations and revenue by \$130,108 in the Alcohol and Drug budget.)

“Engaging individuals, families and communities to protect and improve health and wellbeing.”

Donnell Ewert, MPH, Director

Dean True, RN, MPA, Adult Services Branch Director and Alcohol and Drug Program Administrator

Nancy Bolen, MSW, Children’s Services Branch Director

www.shastahhsa.net