



# Skin Infections/ Staph MRSA



Handwashing is the best way to prevent the spread of infection.



### What is it?

Staphylococcus aureus (S. aureus) is a type of bacteria that is commonly carried on the skin or in the nose of healthy people. Some S. aureus are resistant to a medicine that kills the bacteria - an antibiotic called methicillin - and are referred to as Methicillin Resistant Staphylococcus Aureus or MRSA.

### Symptoms

Symptoms of a Staph/MRSA infection may include redness, warmth, swelling, fever, tenderness of the skin, or boils/blisters. What may appear to be a spider bite may actually be signs of Staph/MRSA infection and prompt medical attention is necessary.



### How is Infection Prevented?

Pay attention to the 4 C's:

- **Cuts:** Keep cuts and scrapes clean with soap and water
- **Contact:** Avoid skin contact and sharing of personal items with infected individuals
- **Clean:** Thoroughly clean objects and surfaces that are shared with others
- **Call:** Make an appointment with a doctor if a skin infection is present



For more information please call Shasta County Public Health at (530) 225-5591 or 1-800-971-1999