

# FAMILY RESOURCES IN SHASTA COUNTY

## Abuse or Neglect

Adult Protective Services	225-5798
Child Protective Services 24-hour line	225-5144
One Safe Place 24-hour line	(844) 244-0117
One Safe Place, Redding	244-0117
One Safe Place, Shingletown	474-1910

## Alcohol & Other Drugs

Aegis Treatment Center (methadone)	345-3491
Ala-Teen	376-0159
Churn Creek Healthcare	768-2436
Empire Outpatient Services	244-7074
Empire Recovery Center	243-7470
Hill Country Community Clinic	241-4100
Maternal Substance Use, PH Nurse	225-5850
Right Road Recovery Program	365-8523
Shasta County Outpatient Program	225-5240
Shasta County Perinatal Program	245-6411
Shasta Options	224-5469
Visions of the Cross	722-1114
Women's Connect	229-8431
Woman's New Life Recovery Program at House of Hope	241-3608

## Breastfeeding Support

Growing Together Perinatal Program	(800) 809-1350
Le Leche League, Redding	524-1130
Le Leche League, Greater Redding	247-7406
Mercy Resource Center	225-7485
Shasta Mom's Circle	245-6466
Women Infants and Children (WIC)	229-8446

## Child Care

Early Childhood Services (SCOE)	225-2999
Shasta College Early Childhood Education Center	242-7601
Shasta Head Start	241-1036

## Child Health Care

Well Child free check-ups	225-5122
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## Child Safety

Children and Family Services (CFS)	229-8080
Poison Control	(800) 222-1222
SIDS Information	225-5129

## Child Safety Seats

Car Seat Classes	225-5850
CHP Area Office, 2503 Cascade Blvd	225-0500
CHP Northern Division, 2485 Sonoma St	242-4300
Department of Motor Vehicles (DMV) Toll Free	(800) 777-0133 (800) 300-5122
Shasta County HHSA, Public Health Branch	225-5850
Women Infants and Children (WIC)	225-5168

## Community Centers and Support

Family Resource Center	242-2020
MLK Jr. Center	225-4375
NorCal Outreach (LGBTQ+ Support)	241-5802
Southeast Asian Christian Ministry (SEACM)	241-5802
Tri Counties Community Network	335-4600

## Counseling

Bridges to School Success	225-0350
Chemical People	241-5958
Crime Victim Assistance Center	225-5220
Hill Country C.A.R.E Center	691-4446
Hill Country Community Clinic	241-4100
National Alliance for Mental Illness (NAMI)	691-4450

Helpline/Toll Free	225-5252/(888) 385-5201
Northern Valley Catholic Social Services	241-0552
Partnership Health Plan Members (Beacon)	(855) 765-9703
Shasta County Perinatal Program	245-6411
Wright Education Services	223-5122

## Developmental Disabilities

California Children Services	225-5574
Early Childhood Services (SCOE)	225-2999
Far Northern Regional Center	222-4791
Rowell Family Empowerment	226-5129
Shasta Head Start	241-1036

## Families of Incarcerated Individuals

Friends Outside	(209) 955-0701
Root & Rebound	(510) 279-4662

## Family Planning

### Anderson

Shasta Community Health Center	378-0486
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### Cottonwood

Lassen Medical Group	347-3418
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### Eastern Shasta County

Burney Health Center	335-5457
Fall River Valley Health Center	336-6535
Hill Country Health and Wellness	337-5750
Pit River Health Services	335-3651
Shingletown Medical Center	474-3390

### Happy Valley

Shasta Community Health Center Satellite	357-2860
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### Redding

Hill Country Community Clinic	241-4100
Mercy Maternity Clinic	225-7480
Planned Parenthood	351-7100
Redding Rancheria	224-2700
Women's Health Specialists	221-0193

### Shasta Lake

Shasta Lake Family Health Center	276-9168
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# FAMILY RESOURCES IN SHASTA COUNTY

## Financial Assistance

CALWORKS	225-5000
Eligibility & Employment Services	225-5767
Employment Development Department	225-2185
Faith Works	242-1441
Labor Ready	(707) 476-9037

## HIV & STD Testing

Planned Parenthood	351-7100
Women's Health Specialists	221-0193

## Home Visits

Nurse-Family Partnership	225-5394
Parent Partner Programs- CAPCC	242-2020
Shasta Head Start	241-1036
TAPP (Teenage Pregnancy & Parenting Program)	241-0552

## Legal Services

Crime Victim Assistance Center	225-5220
Family Law Facilitator	245-6900
Legal Services of Northern California	241-3565

## Maternity & Baby Clothes

Care Net Pregnancy Center	246-7075
Life Light Pregnancy Help Center	222-5200
Living Hope	243-8066
People of Progress	243-3811
Salvation Army, Larkspur Ln	222-2207
Salvation Army, Westside Rd	244-2296

## Mental Health

Behavioral Health Services	245-6411
Crisis Services	224-5252
Healthy Babies	225-5850
HELP Inc.	244-2222
Hill Country C.A.R.E Center	691-4446
Maternal Mental Health: PH Nurse	225-5850
Mental Health	225-5200

## Nutrition

CalFresh	(877) 652-0731
Women, Infants and Children (WIC)	225-5168

## Parenting Education

Bridges to School Success	225-0350
Child Abuse Prevention Coordinating Council (CAPCC)	241-5816
Hill Country Community Clinic	241-4100
Kids Turn (separation/divorce)	244-5749
Local Indians for Education (LIFE)	275-1513
Manter House	365-6183
Parents in Control	526-8380
Shasta Head Start	241-1036
TAPP (Teenage Pregnancy & Parenting Program)	241-0552
Triple P Shasta	(855) 275-8109

## Pregnancy Resources

Childbirth Education Classes	246-3729
MCAH Referral Line	(800) 300-5122
Mercy Healthline	246-3729
Mercy Maternity Clinic	225-7480
Text4Baby	Text BABY to 511411

## Prenatal Care

Growing Together Perinatal Program	(800) 809-1350
Prenatal Care Guidance Program	225-5850
Toll Free	(800) 300-5122
Text4Baby	Text BABY to 511411

## Referral Lines for Community Services

Shasta 211	211
Network of Care	(415) 458-5900

## Suicide Prevention

Alex Project	Text LISTEN to 741741
Trevor Project (LGBT Youth)	(866) 488-7386
Lifeline	(800) 273-8255

## Teen Parenting Classes

Parents in Control	526-8380
CAL-SAFE (California School Age Families Education Program)	245-2672
Gateway Early Head Start	275-8913
Shasta Head Start	241-1036
TAPP (Teenage Pregnancy & Parenting Program)	241-0552

## Teen Pregnancy Services

Growing Together Perinatal Program	(800) 809-1350
Planned Parenthood	351-7100
TAPP (Teenage Pregnancy & Parenting Program)	241-0552

## Teen Services

Ala-Teen	376-0159
Anderson Teen Center	365-9021
Tobacco Education Program- Cessation (Project Ex)	244-7194
Youth Violence Prevention Council	244-7194

## Tobacco Cessation

CA Smokers Line	(800) 662-8887 (NO BUTTS)
Cessation	229-8467
Project Ex	244-7194
Quit4Good	246-3729
Second Wind	406-9678
Tobacco Education	225-5134

## Toy & Book Lending Library

Redding Library	245-7250
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## Transportation

RABA- The Ride	241-2877
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