

Each year, more than 1,100 elderly and dependent Shasta County adults are provided support so they can live in a healthy environment, free from abuse, neglect and financial mistreatment.

## Recognize the warning signs

While one sign does not necessarily indicate abuse, some things to watch for are:

- Bruises, scratches or other suspicious injuries.
- Poor hygiene, dirty or torn clothes.
- Lack of appropriate shelter.
- Untreated medical conditions.
- Not enough food and water.
- Withdrawn or secretive behavior. Hesitant to talk freely around caregiver.
- Family members or caregivers restrict contact with other people.
- Unusual bank account activity, including unexplained ATM withdrawals.
- Unpaid bills, eviction notices or utilities shut off.
- Changes to finances or accounts.

### Adult Protective Services Redding Office

2640 Breslauer Way  
Redding, CA 96001  
(530) 225-5798

Mandated Reporter Training available at  
[www.cdss.ca.gov](http://www.cdss.ca.gov)

24-hour APS hotline: 225-5798

[www.shastahsa.net](http://www.shastahsa.net)

Updated 10/18

# Adult Protective Services



*Safety and well-being for  
elderly and dependent  
adults.*



Health and Human Services Agency



Our goal is to ensure the safety and well-being of elderly and dependent adults in Shasta County. With the support of families, the community, and agency partners, our clients can live independently and safely within their homes and communities.

## Ensuring Safety, Achieving Independence

*Shasta County Health and Human Services is here to help.*

Each year, many older and dependent adults are victims of mistreatment by family members, caregivers and others responsible for their well being. While we don't know all the details about why abuse occurs, we do know that we can help prevent it.

Shasta County Adult Protective Services (APS) is committed to helping seniors (65 and older) and dependent adults (18-64) live in a safe environment, free from abuse and exploitation. APS investigates, intervenes and provides services to those who are unable to protect their own interests or to care for themselves.

Social workers investigate allegations of abuse, exploitation and abandonment, and also help provide information and referrals for housing, food, clothing and case management.

With the client's consent, we work to stabilize their situation and ensure their protection. APS staff can provide information and referrals to:

- **Victim advocacy**
- **Counseling**
- **Money management**
- **Referrals for food, clothing, housing and other resources.**
- **Referrals to community partners.**
- **Conservatorship**

**If you suspect abuse, report it. 225-5798**



## Protect Yourself!

- Avoid isolation. Socialize with family members as well as neighbors and friends.
- Use community resources and learn what is available. Don't depend on one caregiver.
- Be cautious letting grown children or grandchildren, especially those with troubled lives, live with you or be involved in your finances.
- Don't leave all financial matters to one person.
- Get a second opinion before you sign any documents or contracts.
- If you are a victim, you are not alone. Tell someone!