

What is SafeCare®?



SafeCare® is an evidence-based, parent-training curriculum for parents

who are at-risk or have been reported for maltreatment.

Through SafeCare®, trained professionals work with families in their home to improve skills in several areas. Parents are taught, for example how to plan and implement activities with their children, respond appropriately to child behaviors, improve home safety, and address health and safety issues.

SafeCare® is generally provided in weekly home visits lasting from 1-2 hours. The program typically lasts 18-20 weeks for each family.



SafeCare®

for more information, contact:

Shasta County Health & Human Services Agency

Children's Services
1313 Yuba Street
Redding, CA 96001
530-225-5650

www.shastahhsa.net



For more information about the program and the activities of the National SafeCare® Training and Research Center please visit:

www.safecarecenter.org



SafeCare®



Teaching parents the tools to raise children in safe, healthy and loving environments.

SafeCare® Modules: Home Safety, Health, Parent/Child Interactions

Home Safety



The Home Safety Module helps identify and eliminate safety and health hazards in the home.

Using the Home Accident

Prevention Inventory, providers work with parents to identify environmental and health hazards in each room.

Hazards may include: unguarded stairs, access to cleaning materials, uncovered electrical outlets, etc.

Once the home has been evaluated, providers use a variety of training methods to teach parents how to identify and reduce the number of hazards, and make existing hazards inaccessible to children. Safety latches are supplied to families.

Evidence has shown this module to be effective in significantly reducing hazards in the home and that parents do, in fact, maintain safety improvements over time.



Health

The goals of this module are to train parents to use health reference materials, prevent illness, identify symptoms of childhood illnesses or injuries, and provide or seek appropriate treatment when needed.



To assess actual health-related behavior, parents role-play health scenarios and decide whether to treat the child at home, call a medical provider, or seek emergency treatment. Parents are provided with a medically-validated health manual that includes: a symptom guide, information about planning and prevention, and how to care for a child at home. An evaluation tool helps parents determine the most appropriate plan of action. Parents are also supplied with health recording charts and basic health supplies (e.g., thermometer).

After successfully completing this module, parents are able to identify symptoms of illnesses and injuries, as well as determine and seek the most appropriate health treatment for their child.

Parent - Child Interactions

This module consists of training on parent-infant interactions (birth to 10 months) and parent-child interactions (11 months to 5 years).

The purpose of this module is to teach parents to provide engaging and stimulating age-appropriate activities; increase positive interactions; and prevent troublesome child behavior.

The primary method for teaching this module is Planned Activities Training (PAT) Checklist. Providers observe parent-child play and/or daily routines and code for specific parenting behaviors. Positive behaviors are reinforced and problematic behaviors are addressed and modified during the in-home sessions. Providers teach parents to use PAT checklists to help structure their everyday activities. Parents also receive activity cards that have prompts for engaging in planned activities.

