

Additional Services

You may be eligible for other services to support yourself and your family while you work on your educational goals. Additional services may include:

CalFresh (formerly Food Stamps)

A nutrition program that helps people with low or no income purchase healthy food.

Medi-Cal

Provides healthcare coverage to qualifying residents with income and resources below established limits. Receive prenatal health care and a check-up after the baby is born. Your baby may also receive medical services such as immunizations and well-baby care.

Nurse-Family Partnership

Home visitation services are available to low-income, first-time mothers early on in their pregnancy and continue up to the child's second birthday. Nurses provide education and counseling on health, behavioral, self-sufficiency and parenting issues.

Women, Infants and Children (WIC)

WIC is a nutrition program that helps pregnant women, mothers with infants and young children eat well, be active and stay healthy. WIC participants have healthier pregnancies and fewer premature births.

Other services may also be available. Talk to your worker for more information and assistance.

www.shastahhsa.net

for more information contact:

Mary Shaver
Shasta County CalWORKs
1400 California St.
Redding, CA 96001
(530) 225-5023 or 225-5000
mshaver@co.shasta.ca.us

Locations

Downtown Redding Center
1220 Sacramento St., Redding
(530) 229-8441

Enterprise Regional Office
2757 Churn Creek Rd., Redding
(530) 224-4200

Anderson Regional Office
2889 East Center St., Anderson
(530) 229-8200

Shasta Lake Regional Office
4216 Shasta Dam Blvd., Shasta Lake
(530) 275-7500

Burney Regional Office
36911 Main St., Burney
(530) 335-5576 or (530) 335-6700
(877) 935-5576

Eligibility & Employment Services, Cascade
2640 Breslauer Way, Redding
(530) 225-5767



**Pregnant
and
Parenting
Teen Program**

Shasta County's Pregnant and Parenting Teen program is for moms and dads who receive CalWORKs/TANF. The goal of the Pregnant and Parenting Teen (PPT) program is to help teens graduate from high school or earn their GED, become independent and grow healthy families.



Participate!

If you are receiving CalWORKs/TANF you must participate in the Pregnant and Parenting Teen program. Some teens can become exempt from the program or delay participating under special circumstances.

Qualify

- live in the same household as your child
- be under 20 years of age
- no yet have a high school diploma or GED
- not be in foster care

Earn Bonuses

PPT rewards good performance and hard work.

- Receive good grades & turn in your report card, \$100 will be added to your family's grant
- Graduate from high school, earn \$500

Not participating in PPT or receiving below a D average may result in a sanction.



Develop A Plan

Once in the Pregnant and Parenting Teen program, you will be assigned a worker who will help you develop a plan to finish high school or earn your GED. Your worker will help you choose the right path to attain your educational goals.

Each participant follows the same steps:

Assessment: to determine what services and support you need so you can meet your educational goals.

Develop a plan: so you can receive the services you need and get into school. The plan will also identify what your worker will do for you, and what you will do for yourself.

Take action: you and your worker get to work on your plan, starting you on the road to success.

Tracking: to ensure you are making progress toward your diploma or GED and meeting other goals.

Periodic plan review: to identify what works and what doesn't.

Manage Your Success

Your worker will help you with more than just school. She/he may be able to provide a wide range of support services that can help you meet the challenges you face as a teen parent by working one-on-one with you, your child's other parent and your whole family. Talk to your worker for more information about:

Support Services: You may qualify for other programs and services that can help you with a variety of issues including: health care, housing, legal issues, domestic violence, substance abuse, etc.

Child Care: The program may help pay for child care while you attend school. If you are working and going to school, you may also qualify for child care while you are at work.

Transportation: You may be able to get help paying for transportation to get to and from school.

School Expenses: The GED test, books, and lab fees are some of the things that the PPT program may help you pay for.