

California Children's Services provides physical and/or occupational therapy to clients who qualify for such services.



**California Children's Services**  
(Medical Therapy Unit)  
3499 Hiatt Drive  
Redding, CA 96003  
Phone: (530) 225-5574  
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# CALIFORNIA CHILDREN'S SERVICES

**California Children's Services**  
(Administrative Services)  
2650 Breslauer Way  
Redding, CA 96001  
Phone: (530) 225-5760  
Fax: (530) 225-5355



The Medical Therapy team is here to help you with any questions you may have. Please feel free to call your therapist if you should have any questions about your child's services.

Our ultimate goal is to provide the appropriate services which are the best fit for your child.

Shasta County Health & Human Services Agency  
Public Health Branch  
California Children's Services Division  
2615 Breslauer Way, Bldg.5  
Redding, CA 96001  
(530) 225-5760

## MEDICAL THERAPY UNIT

3499 Hiatt Drive  
Redding, CA 96003  
(530) 225-5574

## The Purpose of CCS Medical Therapy

The purpose of the CCS Medical Therapy Program (MTP) is to help children with physical disabilities achieve their maximum level of independence. **Families and/or caregivers are a very important part of this achievement.** On a daily basis a therapy program followed at home (developed w/your therapist) will help strengthen and reinforce skills needed for maximum independence. We appreciate a family's help and commitment.

Your child may start with the **Medical Therapy Program** receiving active therapy, but his or her therapy may **change** over time. To receive active therapy means that your child is **making measurable changes**, about every six months, as documented by your occupational and physical therapist. The documentation shows that if your child is making gains they require the skills of their physical and or occupational therapist to continue to make gains.

### Some examples of measurable gains are the ability to:

- Sit without support
- Drink from a sippy cup
- Roll over
- Crawl

If these or other measurable gains level off, or your child no longer needs the skills of a therapist, the therapy team will talk to you about transitioning your child to a different level of therapy services.



The CCS Medical Therapy Program (MTP) provides several levels of therapy services. There are many variables in each category. Your child may receive a combination of levels of therapy and services while with the MTP.

## LEVELS INCLUDE:

### Evaluation

- Initial evaluation to establish the level of services needed
- Ongoing evaluation to assess the child's response to treatment
- Evaluation of equipment needs
- Evaluation of home and/or school environment for accessibility

### Active Therapy

- Scheduled visits with a therapist, a minimum of one time a week
- Goals of active therapy treatment are based upon improving mobility or Activities of Daily Living (ADL) (i.e. dressing, feeding, play skills)

### Monitoring

- Monitoring frequency ranges from monthly to yearly visits with the therapists and/or the Medical Therapy Unit's Conference (Clinic), depending on need
- Monitoring and assessment of equipment needs
- Monitoring of home exercise program

### Consultation

- Identify child's needs after consulting with any of the following: child, family, teachers, community providers
- Parent, child or teacher can ask for consultation as need arises
- Offer advice and help with equipment and physical barrier issues
- Consultation acts as a bridge to social, educational, and vocational opportunities

## Important Things to Remember

When your child transitions to a different level of services it does NOT mean that he or she has left the program, nor does it mean that they can never return to active therapy again. As your child's needs change, therapy levels can change as well. Therapists are still available for support, to answer questions, to reassess skills and therapy needs, evaluate equipment needs, and confer with teachers. They will remain an important part of your child's team.



Therapy levels and frequency can change as your child's needs may require. Sometimes after a surgery or illness a little more therapy may be required for a short time to get them back to their best.

