

# WHEN CAN I LEAVE QUARANTINE?



## When should I quarantine?

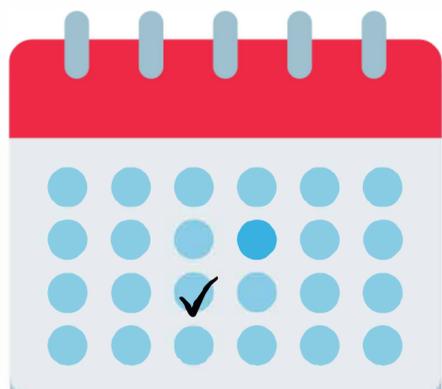
You should stay home for 14 days after your last close contact with anyone who has/might have COVID-19. If possible, stay away from others, especially people who are at higher risk for getting very ill from COVID-19.



## What do we mean by Close Contact?

You had close contact if you spent more than 15 minutes within 6 feet of someone with COVID-19, even if you both wore face coverings.

This rule also applies when multiple shorter periods of contact add up to 15 minutes or more in a day.



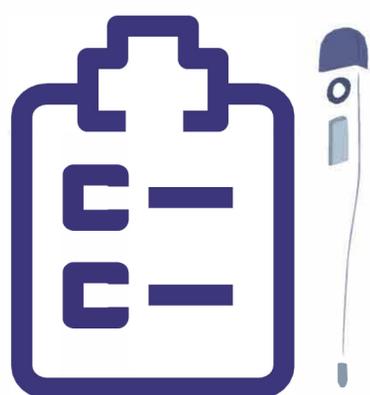
## Should I get tested for COVID-19 while I'm in quarantine and do not have symptoms?

Everyone in quarantine *may* be tested.

People at high risk of transmitting to others *should* be tested.

If your test results are negative, you still need to quarantine for 14 days.

If your test results are positive, you will need to go into isolation.



## What if I develop symptoms while in quarantine?

Watch for fever (100°F), cough, shortness of breath, or other symptoms of COVID-19. If you develop symptoms, you should start isolation. Contact your healthcare provider and get tested.