

Community Education Committee (CEC)
Redding Library, Foundation Room
1100 Parkview Avenue

Mission statement: The CEC works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

MINUTES

1-2 p.m. August 8, 2017

Attendance: Members – Kenneth Cho, SCHC; Nancy Saeteurn, SCHC; Dee Madden, NVCSS; Nancy Alcalá, People of Progress; Jeanine Gonzales, Circle Of Friends; Dan Trott, Circle of Friends; B. Johnson, Community Member.

HSA Staff – Amy Sturgeon, CES Suicide Prevention; Marc Dadigan, Supervising CES; Tracy Osterday; Sam Hummel; Liz Leslie, Whole Person Care.

1. BRAVE FACES PLANNING

Carrie Jo spoke about the upcoming presentation taking place at the Woodlands with David Wharton and Chris Paradis. The intent of the event is to help build community among the residents.

a. Speaking engagements

- i. Recap presentations since last meeting
- ii. Future plans/brainstorming

b. Displays

- i. Shingletown Medical Center, HSA Adult Services, Redding First Church of the Nazarene, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Lotus Center, Circle of Friends, CARE Center

2. RECOVERY MONTH PLANNING – Update

Carrie Jo gave an update on the Recovery Happens event coming up on September 30th. Two musical acts have volunteered to provide entertainment, DJ Justin Babb and Stormy Weather, the registration for resource tables will be open soon, and advertising will be available before the end of August. Several local nonprofits are involved in the planning.

3. MINDS MATTER TV SHOW AND PODCAST – Update

Marc Dadigan gave a brief update on Minds Matter TV which is still going through the contracts process. The show will feature Brave Faces speakers and guest professionals and

cover a variety of mental health topics.

4. ACES/BRAVE FACES FORUM – October

Carrie Jo said plans for the ACEs forum are in progress and that it will possibly be scheduled for October.

5. HOPE IS ALIVE! OPEN MIC – Sept. 9 @ The Arts Council

Carrie Jo reminded the committee about the September 9th Hope Is Alive! Open Mic Night taking place at the Shasta County Arts Council in the evening after the Out of the Darkness Suicide Prevention Walk.

6. MEN'S MENTAL HEALTH CAMPAIGN – Sneak Peak!

Amy Sturgeon, CES for Suicide Prevention, gave a sneak peak of the Men's Mental Health campaign that is due to be released soon. The campaign targets men ages 46-65, as this age group is 3.5 more times as likely to complete suicide than women. The intention is to allow men to define what strength and resilience means to them, as well as direct them to a resource website www.ShastaSuicidePrevention.com/Men once the campaign is released.

7. WHOLE PERSON CARE – Liz Leslie

Liz Leslie presented on HHS's Whole Person Care Program. The program helps people who have complex medical, mental health and social issues, and are homeless or at risk of homelessness. Clients are also frequent users of the ER, and priority is given to people with serious mental illness and/or substance use issues. A team helps coordinate appointments and provides intensive case management. The program is currently serving 35 individuals with a capacity of 50. There are about 115 referrals.

8. MEMBER SHARING

REMINDER The next Community Education Committee (CEC) will be held 1-2 p.m. September 12, 2017 at the Redding Library.