

**Community Education Committee (CEC)
Redding Library, Foundation Room
1100 Parkview Ave.**

Mission statement: The CEC works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

AGENDA

1-2 p.m. Tuesday, November 14, 2017

1. **WELCOME and INTRODUCTIONS**
2. **OCT/NOV IN REVIEW**
 - a. Presentations – Shasta College Student Ambassadors Meeting, Burney Rotary
 - b. Gallery – Installed three sets of portraits in Shingletown Medical Center
 - c. Events – Becoming Brave Training
 - d. Community Outreach – Shasta College Human Library
3. **UPCOMING EVENTS, PRESENTATIONS & OUTREACH**
 - a. **BRAVE FACES PLANNING**
 - b. **Speaking engagements**
 - i. Diverse Minds Book Release (Chico), National University, Shasta CAPCC/AmeriCorps
 - c. **Displays**
 - i. Shingletown Medical Center, HHSA Adult Services, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends
 - d. **FACING ACES FORUM – Tues., Dec. 5th | United Methodist Church | 6 p. m.-8 p. m.**
 - e. **HOPE IS ALIVE! OPEN MIC – Fri., Jan. 12th | Old City Hall | 6 p. m. -9 p. m.**
 - f. **BECOMING BRAVE TRAINING – Sat., Jan. 20th | Boggs | 10 a.m.-4 p.m.**
 - g. **MINDS MATTER MENTAL HEALTH FAIR – Sat., May 5th | Details TBA**
 - h. **SOCIAL MEDIA/WEBSITE**
 - i. Men’s Mental Health Campaign, Veterans Resources, National Hunger and Homelessness Week and International Day of Suicide Loss.
 - ii. Working on a better layout and flow for standagainststigma.com
4. **RESOURCE SHARING**
5. **COMMUNITY PLANNING AND COLLABORATION**
 - a. Changing the CEC’s name to Stand Against Stigma Committee, or similar title
 - b. Follow up discussion - outreach to elementary school age youth
6. **BRAVE FACE STORY – Susan Power, Parent and President of Shasta County NAMI**

REMINDER The next Community Education Committee (CEC) will be held 1-2 p.m. December 12, 2017 at the Redding Library.