

Community Education Committee (CEC)
Redding Library, Foundation Room
1100 Parkview Ave.

Mission statement: The CEC works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

AGENDA

1-2 p.m. Tuesday, December 12, 2017

- 1. WELCOME and INTRODUCTIONS**
- 2. BRAVE FACE STORY – Aiden Mares, Parent and Transgender Advocate**
- 3. OCT/NOV IN REVIEW**
 - a. Presentations – Simpson College and National University
 - b. Gallery Install – Mountain Valley Health Center
 - c. Events – Facing ACEs Forum
 - d. Community Outreach – MLK Resource Fair and Sam Quinones Forum on Opioid Abuse
- 4. UPCOMING EVENTS, PRESENTATIONS & OUTREACH**
 - a. BRAVE FACES PLANNING
 - b. Speaking engagements
 - i. Shasta CAPCC/AmeriCorps
 - c. Displays
 - i. Shingletown Medical Center, Mountain Valley Medical Center, HHS Office of the Director, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends
 - d. HOPE IS ALIVE! OPEN MIC – Fri., Jan. 12th | Old City Hall | 6-9 p. m.
 - e. BECOMING BRAVE TRAINING – Sat., Jan. 27th | Boggs | 10 a.m.-4 p.m.
 - f. MINDS MATTER MENTAL HEALTH FAIR – Sat., May 5th | Promenade | 12-4 p.m.
- 5. SOCIAL MEDIA/WEBSITE**
- 6. SUICIDE PREVENTION | Amy Sturgeon**
- 7. RESOURCE SHARING**
- 8. COMMUNITY PLANNING AND COLLABORATION**
 - a. Captain Awesome recruitment for Men's Mental Health Campaign
 - b. Minds Matter Mental Health Fair

REMINDER The next Community Education Committee (CEC) will be held Tuesday, January 9th, 1-2 p.m., 2017 at the Redding Library.