

Community Education Committee (CEC)
Redding Library, Foundation Room
1100 Parkview Avenue

Mission statement: The CEC works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

AGENDA

1-2 p.m. Feb. 14, 2017

- 1. WELCOME and INTRODUCTIONS**
- 2. BRAVE FACES SPEECH – TBD**
- 3. BRAVE FACES PLANNING**
 - a. Speaking engagements**
 - i. Recap presentations since last meeting
 - ii. Future plans/brainstorming
 - b. Displays**
 - i. Shingletown Medical Center, HHS Adult Services, Redding First Church of the Nazarene, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Lotus Center, Circle of Friends
- 4. MINDS MATTER & MENTAL HEALTH MONTH PLANNING**
- 5. MANAGING MEDICATIONS FORUM**
- 6. MINDS MATTER TV and PODCASTING UPDATE**
- 7. HOPE IS ALIVE! 9 – wrap-up**
- 8. VIDEO PROJECTS**
- 9. MENTAL HEALTH HACKATHON**
- 10. MEMBER SHARING**

REMINDER The next Community Education Committee (CEC) will be held 1-2 p.m. March 8, 2017 at the Redding Library.