

**Community Education Committee (CEC)
Redding Library, Foundation Room
1100 Parkview Avenue**

Mission statement: The CEC works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

AGENDA

1-2 p.m. April 11, 2017

- 1. WELCOME and INTRODUCTIONS**
- 2. WOMEN'S HEALTH CONNECT SITE - Tracy Osterday**
- 3. BRAVE FACES PLANNING**
 - a. Speaking engagements**
 - i. Recap presentations since last meeting
 - ii. Future plans/brainstorming
 - b. Displays**
 - i. Shingletown Medical Center, HHS Adult Services, Redding First Church of the Nazarene, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Lotus Center, Circle of Friends, CARE Center
- 4. TRANSITIONS - update**
- 5. MEN's MENTAL HEALTH CAMPAIGN - update**
- 6. MINDS MATTER & MENTAL HEALTH MONTH PLANNING**
- 7. MINDS MATTER TV and PODCASTING UPDATE**
- 8. MEMBER SHARING**

REMINDER The next Community Education Committee (CEC) will be held 1-2 p.m. May 9, 2017 at the Redding Library.