

Community Education Committee (CEC)
Redding Library, Foundation Room
1100 Parkview Ave.

Mission statement: The CEC works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

AGENDA

1-2 p.m. Tuesday, October 10, 2017

1. **WELCOME and INTRODUCTIONS**
2. **SEPT/OCT IN REVIEW**
 - a. **Hope is Alive! 11 Open Mic Night, Suicide Prevention & Mental Health Symposium, Recovery Happens Celebration**
3. **UPCOMING EVENTS, PRESENTATIONS & OUTREACH**
 - a. **BRAVE FACES PLANNING**
 - b. **Speaking engagements**
 - i. Recap presentations since last meeting
 - ii. Future plans/brainstorming
 - c. **Displays**
 - i. New locations for posters and displays will be needed in November
 - ii. Old City Hall, HHS Adult Services, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends
 - d. **RECOVERY HAPPENS DEBRIEF - Oct 12th | The Sweetspot | 3:30 p.m.**
 - e. **ACEs/BRAVE FACES FORUM – TBA | United Methodist Church | 6 p. m.-8 p. m.**
 - f. **HOPE IS ALIVE! OPEN MIC – TBA | Old City Hall | 6 p. m. -9 p. m.**
 - g. **BECOMING BRAVE TRAINING – October 21st | Boggs | 10 a.m.-4 p.m.**
 - h. **MINDS MATTER MENTAL HEALTH FAIR – May 2018 | Details TBA**
4. **SOCIAL MEDIA**
5. **RESOURCE SHARING**
 - a. **Men's Mental Health Campaign – Amy Sturgeon, Suicide Prevention Workgroup**
6. **COMMUNITY PLANNING AND COLLABORATION**

REMINDER The next Community Education Committee (CEC) will be held 1-2 p.m. November 14, 2017 at the Redding Library.