

Stand Against Stigma Committee
Hill Country CARE Center - 1400 Gold St.

AGENDA

December 11, 2018

1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest and/ or Presentation	Brave Faces Story – Welcome new Brave Faces Advocate, Emalee Mims.		
3. November/ December in Review	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • November – MHSA Academy (11/16), Healthy Shasta (11/21), One Safe Place (11/28), Medication Assisted Treatment Collaborative (11/29) • December – National University (12/5) <p>Community Outreach</p> <ul style="list-style-type: none"> • December – Promotores Open House Carnival – Hmong/Mein Community (12/8) <p>Events</p> <ul style="list-style-type: none"> • November <ul style="list-style-type: none"> ○ <i>Becoming Brave Training</i> – Saturday, Nov. 3rd, 10 a.m.-4 p.m., at the Boggs Building 2420 Breslauer, Redding ○ <i>Hope Is Alive! Open Mic</i> – Friday, Nov. 9th, performer check in at 5:30 p.m., open mic 6-9 p.m. at Old City Hall 1313 Market St., Redding 		

<p>4. Upcoming Events, Presentations and Outreach</p>	<p>Speaking Engagements</p> <ul style="list-style-type: none"> December – Anderson Union High School District Alt. Ed. (12/14) <p>Community Outreach</p> <ul style="list-style-type: none"> January – Redding Health Expo (1/5-1/6) <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> January <ul style="list-style-type: none"> <i>*Becoming Brave – Saturday, 1/12/19 – 10 a.m.-4 p.m. at the Boggs Building (2420 Breslauer)</i> <i>*Hope Is Alive! Open Mic – February (?)</i> May <ul style="list-style-type: none"> <i>*Minds Matter (*Tentative) – Friday, May 10th, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m.</i> <i>*Intermountain Mental Health Week – 5/13-5/18 – Stand Against Stigma Meeting, Resilience Screening (ACEs), Hope Is Alive! Open Mic, Mental Health First Aid Training (?), Brave Faces presentations at the schools (?)</i> July <ul style="list-style-type: none"> Stand Against Stigma Visioning Meeting – Tuesday, July 9, 2019, 8 a.m.-5 p.m., Location TBA. 		
<p>5. Gallery</p>	<p>New portraits</p> <ul style="list-style-type: none"> Coming soon – David Wharton & Chris Paradis <p>Currently on display at:</p> <ul style="list-style-type: none"> Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends <p>Soon to be on display at:</p> <ul style="list-style-type: none"> Shasta County Admin Building (1/2-3/31/2019) 		
<p>6. Social Media/Website</p>	<p>Facebook</p> <ul style="list-style-type: none"> Minds Matter trailer (coming soon) 		

	<ul style="list-style-type: none"> Facebook events for Hope Is Alive! Open Mic and Becoming Brave <p>Instagram</p> <ul style="list-style-type: none"> Cherish Padro's story <p>Website</p> <ul style="list-style-type: none"> Revamp expected soon and will include Minds Matter Media 		
7. Minds Matter TV/Podcast	<ul style="list-style-type: none"> Housing as Treatment for Mental Health Issues with Chante Catt and Donnell Ewert – currently being edited. ACEs with Crystal Johnson and Rick Crowley – scheduling re-shoot. Minds Matter TV Trailer - coming soon to social media. 		
8. Resource Sharing	<p>Community Partner Updates – Open to all</p> <p>Carr Fire Recovery Mental Health Related Resources</p> <ul style="list-style-type: none"> www.shastareddingrecovers.org California HOPE Shasta Update (NVCSS) Reminder to check in with others – 5-6 months after a traumatic event is when PTSD symptoms set in. 		
9. Community Planning, Education and Collaboration	None.		