

Stand Against Stigma Committee
Hill Country CARE Center - 1400 Gold St.
AGENDA
November 13, 2018
1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest and/ or Presentation	Cal HOPE Shasta , Emotional support and resource linkage for Carr Fire survivors.		
3. October/ November in Review	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • October – HHSa Clerical All Staff (10/4), Shasta CAPCC AmeriCorps Orientation (10/5); CHYBA MHSA Academy (10/29); <p>Community Outreach</p> <ul style="list-style-type: none"> • October – Out of the Darkness Walk (10/14) <p>Events</p> <ul style="list-style-type: none"> • November <ul style="list-style-type: none"> ○ Becoming Brave Training – Saturday, Nov. 3rd, 10 a.m.-4 p.m., at the Boggs Building 2420 Breslauer, Redding ○ Hope Is Alive! Open Mic – Friday, Nov. 9th, performer check in at 5:30 p.m., open mic 6-9 p.m. at Old City Hall 1313 Market St., Redding 		

<p>4. Upcoming Events, Presentations and Outreach</p>	<p>Speaking Engagements</p> <ul style="list-style-type: none"> November – MHSA Academy (11/16); Healthy Shasta (11/21), One Safe Place (11/28); MAT for Addiction in Correctional Settings (11/29) <p>Community Outreach</p> <ul style="list-style-type: none"> January – Redding Health Expo (1/5-1/6) <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> January <ul style="list-style-type: none"> <i>*Becoming Brave – Saturday, 1/12/19 – 10 a.m.-4 p.m. at the Boggs Building (2420 Breslauer)</i> <i>*Hope Is Alive! Open Mic – February (?)</i> May <ul style="list-style-type: none"> <i>*Minds Matter (*Tentative) – Friday, May 10th, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m.</i> <i>*Intermountain Mental Health Week – 5/13-5/18 – Stand Against Stigma Meeting, Resilience Screening (ACEs), Hope Is Alive! Open Mic, Mental Health First Aid Training (?), Brave Faces presentations at the schools (?)</i> 		
<p>5. Gallery</p>	<p>New portraits</p> <ul style="list-style-type: none"> Coming soon – David Wharton & Chris Paradis <p>Currently on display at</p> <ul style="list-style-type: none"> Shingletown Medical Center, Mountain Valley Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends 4 sets of portraits need a temporary home. 		
<p>6. Social Media/Website</p>	<p>Facebook</p> <ul style="list-style-type: none"> Minds Matter trailer (coming soon) Facebook events for Hope Is Alive! and Becoming Brave <p>Instagram</p> <ul style="list-style-type: none"> Cherish Padro’s story 		

	<p>Website</p> <ul style="list-style-type: none"> • Revamp expected soon and will include Minds Matter Media 		
7. Minds Matter TV/Podcast	<p>First show re-scheduled to be produced in Nov. and expected to air in December – Stay tuned!</p>		
8. Resource Sharing	<p>Community Partner Updates – Open to all</p> <p>Carr Fire Recovery Mental Health Related Resources</p> <ul style="list-style-type: none"> • www.shastareddingrecovers.org • California HOPE Shasta Update (NVCSS) 		
9. Community Planning, Education and Collaboration	<p>Discussion (*time permitting) – Visioning Meeting (*July 9, 2019) – consensus workshop and action planning – All day meeting.</p>		