

Stand Against Stigma Committee
Hill Country CARE Center - 1400 Gold St.
AGENDA
September 11, 2018

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHS Staff –

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions			
2. Special Guest and/ or Presentation	Presentation by Connie Webber, North American Mental Health Services, Stigma and the Disabled Community		
3. August/ September in Review	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • August – Presentations cancelled due to the Carr Fire <p>Events</p> <ul style="list-style-type: none"> • Events cancelled due to Carr Fire <p>Community Outreach</p> <ul style="list-style-type: none"> • Shasta College Welcome Day 8/29 		
4. Upcoming Events, Presentations and Outreach	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • September – HHS TOP Unit • October – HHS Clerical All Staff (10/4) CAPCC AmeriCorps Orientation (10/6), Shasta College Sociology of Gender Class (10/11) <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> • September – Recovery Happens – Saturday 9/29, 10 a.m.-2 p.m., at the Lake Redding Park Gazebo <ul style="list-style-type: none"> ○ Next planning meeting 9/13, 3-4 p.m. in the Redding Library’s Fireside Room ○ Booth application available now, space is very limited. 		

	<ul style="list-style-type: none"> • May – *Minds Matter (*Tentative) – Friday, May 10th, 5-9 p.m. at the Sundial Bridge; Resource Fair 5-9 p.m., Headline Musical Acts 5-6 p.m., Hope Is Alive! Open Mic 6-9 p.m. <p>Community Outreach</p> <ul style="list-style-type: none"> • September – Out of the Darkness Walk (9/8), Project Homeless Connect (9/12), CalTrans Employee Resource Fair (9/12), Redding LGBTQ+ Pride Festival (9/22), Recovery Happens (9/29) • October – Music in the Park (10/6) 		
5. Gallery	<p>New portraits</p> <ul style="list-style-type: none"> • Cherish Padro <p>Currently on display at</p> <ul style="list-style-type: none"> • Shingletown Medical Center, Mountain Valley Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends 		
6. Social Media/Website	<p>Facebook</p> <ul style="list-style-type: none"> • Mental Illness Awareness Week October 7th-13th <ul style="list-style-type: none"> ○ Short videos highlighting the more stigmatized and misunderstood diagnoses – OCD, Bipolar, Schizophrenia, Borderline Personality Disorder, <p>Instagram</p> <ul style="list-style-type: none"> • Mental Illness Awareness Week <ul style="list-style-type: none"> ○ Memes highlighting myths about mental illness <p>Website</p> <ul style="list-style-type: none"> • Revamp expected to start in November 		
7. Minds Matter TV/Podcast	<p>Production Test Run - postponed due to Carr Fire and hoping to have the first show produced by October or November. * Note - The show will take the place of the Brave Faces Forums for the time being.</p>		
8. Resource Sharing	<p>Community Partner Updates – Open to all</p> <p>Carr Fire Recovery Mental Health Related Resources</p> <ul style="list-style-type: none"> • www.shastareddingrecovers.org 		

	<ul style="list-style-type: none">• California Hope (NVCSS)		
9. Community Planning, Education and Collaboration	Discussion (*time permitting) – Stigma and Vulnerability; TEDx Talk - Brene Brown “The Power of Vulnerability”		