

**Stand Against Stigma Committee**  
**Hill Country CARE Center - 1400 Gold St.**  
**AGENDA**  
**August 14, 2018**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**Committee Members –**  
**Shasta HHSa Staff –**

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions			
2. July/August in Review	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• July - Social Security Administration (7/11)</li> <li>• Simpson College Masters in Counseling Class (7/17)</li> </ul> <p><b>Events</b></p> <ul style="list-style-type: none"> <li>• Hope Is Alive! Open Mic (7/13)</li> <li>• Becoming Brave Training (8/4 – <b>cancelled</b> due to Carr Fire)</li> </ul> <p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• Pit River Good Medicine Health Fair (7/13)</li> </ul>		
3. Upcoming Events, Presentations and Outreach	<p><b>Speaking Engagements</b></p> <ul style="list-style-type: none"> <li>• August - presentations cancelled due to the Carr Fire</li> <li>• September – HHSa TOP Unit</li> <li>• October – HHSa Clerical All Staff (10/4) CAPCC AmeriCorps Orientation (10/6), Shasta College Sociology of Gender Class (10/11)</li> </ul> <p><b>Events (* = Tentative)</b></p> <ul style="list-style-type: none"> <li>• September – <b>Recovery Happens</b> – Saturday 9/29, 10 a.m.-2 p.m., at the Lake Redding Park Gazebo <ul style="list-style-type: none"> <li>○ Next planning meeting 8/16, 3-4 p.m. at the CARE Center</li> </ul> </li> </ul>		

	<p><b>Community Outreach</b></p> <ul style="list-style-type: none"> <li>• August – Shasta College Welcome Day (8/29)</li> <li>• September – Out of the Darkness Walk (9/8), Project Homeless Connect (9/12), Latino Independence Fiesta (?), Redding LGBTQ+ Pride Festival (9/22)</li> </ul>		
4. Gallery	<p><b>Currently On Display At</b></p> <ul style="list-style-type: none"> <li>• Shingletown Medical Center, Mountain Valley Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends</li> </ul>		
4. Social Media/Website	<p><b>Facebook</b></p> <ul style="list-style-type: none"> <li>• I Am/Was Homeless Video (posted July 16<sup>th</sup>)</li> </ul> <p><b>Instagram</b></p> <ul style="list-style-type: none"> <li>• No updates</li> </ul> <p><b>Website</b></p> <ul style="list-style-type: none"> <li>• Revamp expected to start in October</li> </ul>		
5. Minds Matter TV/Podcast	<p><b>Production Test Run</b> - postponed due to Carr Fire and hoping to have the first show produced by October or November. * Note - The show will take the place of the Brave Faces Forums for the time being.</p>		
6. Resource Sharing	<p><b>Community Partner Updates</b> – Open to all</p> <p><b>Carr Fire Recovery Mental Health Related Resources</b></p>		
7. Community Planning and Collaboration	<p><b>Discussion</b> – What can we do as a community to promote mental wellness as Shasta County recovers from the wildfires?</p>		