

**Stand Against Stigma Committee**  
**Hill Country CARE Center**  
**1401 Gold Street, Redding**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**AGENDA**

**1:30-3 p.m. Tuesday, June 12, 2018**

- 1. WELCOME and INTRODUCTIONS**
- 2. APR/MAY IN REVIEW**
  - a. Speaking Engagements**
    - i. May – UPrep, Foothill High School, Project X
  - b. Gallery Install** - None
  - c. Events** – Minds Matter and Intermountain Mental Health Week (Finding Hope In Our Neighbors, Hope Is Alive! Open Mic, Becoming Brave Training)
  - d. Community Outreach** – Minds Matter
- 3. UPCOMING EVENTS, PRESENTATIONS & OUTREACH (\* = Tentative)**
  - a. Speaking engagements**
    - i. June – Mental Health Awareness Training for RPD Records Technicians, CRRC, Wright Education Services, HHSa Clerical All Staff Meeting
    - ii. July – Social Security Administration
  - b. Gallery Displays**
    - i. Shasta County Admin, Shingletown Medical Center, Mountain Valley Medical Center, HHSa Office of the Director, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends
  - c. Events (\* = Tentative)**
    - i. HOPE IS ALIVE! OPEN MIC | Fri., July 13<sup>th</sup> | Old City Hall | Performer Sign-in 5:30 p.m., Open Mic 6-9 p.m.
    - ii. BECOMING BRAVE TRAINING | Sat., August 4<sup>th</sup> | Location TBA | 10 a.m.-4 p.m.
  - d. Community Outreach**
    - i. June – Shasta County Employee Appreciation Event
    - ii. July – Good Medicine Health Fair in Burney
    - iii. August – Discover Health Fair – Redding Rancheria
    - iv. September – Out of the Darkness Walk, Suicide Prevention Symposium, Latino Independence Fiesta, Redding LGBTQ+ Pride
- 4. SOCIAL MEDIA/WEBSITE**
  - a. Hope Is Alive! Mini Promo Clips**

**5. MINDS MATTER TV/PODCAST**

**6. RESOURCE SHARING**

- a. Suicide Prevention Workgroup | Amy Sturgeon, HHSA CES
- b. Women's Connect | Samantha Hummel, HHSA CES

**7. COMMUNITY PLANNING AND COLLABORATION**

- a. Minds Matter debriefing and 2019 planning
- b. Proposed event schedule for 2018-2019
- c. Social Media outreach for 2018-2019 brainstorming

**REMINDER** The next Stand Against Stigma Committee meeting will be held **Tuesday, July 10<sup>th</sup>, 2018, 1:30-3 p.m., at the Hill Country CARE Center.**