

**Stand Against Stigma Committee**  
**Redding Library, Foundation Room**  
**1100 Parkview Ave.**

**Mission statement:** The CEC works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**AGENDA**

**1-2:30 p.m. Tuesday, March 13, 2018**

- 1. WELCOME and INTRODUCTIONS**
- 2. BRAVE FACES SPEECH** – Tony Pisciotta
- 3. FEB/MAR IN REVIEW**
  - a. Speaking Engagements**
    - i. February – Redding Lions Club, CRRC, IOT, Project X
    - ii. March – Sociology of Minorities Class at Shasta College
  - b. Gallery Install** – Shasta County Admin Display Case
  - c. Events** – None
  - d. Community Outreach** – None
- 4. UPCOMING EVENTS, PRESENTATIONS & OUTREACH (\* = Tentative)**
  - a. Speaking engagements**
    - i. February – Institute of Technology, Project X Group
    - ii. March – Shasta College Sociology of Minorities Class, HHSA Office of the Director All Staff, Wright Educational Services DUI Class, CRRC\*
    - iii. April – One Safe Place, CIT Training, CRRC\*
    - iv. May – CRRC\*, UPrep High School, Foothill High School
  - b. Gallery Displays**
    - i. Shasta County Admin, Shingletown Medical Center, Mountain Valley Medical Center, HHSA Office of the Director, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends
  - c. Events (\* = Tentative)**
    - i. BECOMING BRAVE TRAINING – Sat., Mar. 31<sup>st</sup> | Boggs | 10 a.m.-4 p.m.
    - ii. HOPE IS ALIVE! OPEN MIC – Fri., Apr. 20<sup>th</sup> | Anderson Teen Center | 6-8 p. m.
    - iii. MINDS MATTER RESOURCE FAIR – Sat., May 5<sup>th</sup> | Promenade | 12-4 p.m.
    - iv. INTERMOUNTAIN MENTAL HEALTH WEEK – May 14<sup>th</sup>-19<sup>th</sup>
    - v. BRAVE FACES FORUM – (TOPIC TBA) – Tues., May 15 | Burney | 6-8 p.m.
- 5. SOCIAL MEDIA/WEBSITE**
  - a. Hope Is Alive! Open Mic Video** (created by Shasta County Arts Council)

**6. RESOURCE SHARING**

- a. Suicide Prevention Workgroup | Amy Sturgeon, HHSA CES
- b. Women's Connect | Samantha Hummel, HHSA CES

**7. COMMUNITY PLANNING AND COLLABORATION**

- a. Shasta County Mental Health Resource Guide
  - i. Crisis Mental Health/Access Screening
  - ii. Mental Health Providers
  - iii. Programs that refer to Mental Health Providers
  - iv. Peer/Family Support

**REMINDER** The next Stand Against Stigma Committee meeting will be held Tuesday, April 10<sup>th</sup>, 2018, 1-2:30 p.m., at the Redding Library.