

## Stand Against Stigma Committee

Redding Library, - 1100 Parkview Ave.

### MINUTES

February 14, 2018

Committee Members – Nancy Saeteurn (SCHC); Jeanine Gonzales (Circle of Friends); Dan Trott (Circle of Friends); Robin Ivins (Redding Rancheria); Norma Franauilb (Olberg); Chenchio Saecho (Community Member); Dee Madden (NVCSS/Olberg); Julie Driver (KIXE); Tom Bosenko (Shasta County Sheriff).

Shasta HHS Staff – Amy Sturgeon, Lindsay Tibbetts, Tracy Osterday, Carrie Jo Diamond.

Agenda Item	Discussion	Action	Individuals Commenting
1. Welcome and Introductions	Carrie Jo welcomed everyone to the meeting and asked attendees to introduce themselves.		Carrie Jo, Stand Against Stigma Coordinator
2. Jan/Feb in Review	Carrie Jo recapped speaking engagements at Shasta CAPCC, Happy Valley Middle School, Redding Lions Club, the CRRC, gallery install at the Shasta County Admin building, and the outreach table at the Multicultural Festival.		Carrie Jo, Stand Against Stigma Coordinator
3. Upcoming Events	<ul style="list-style-type: none"> <li>i. Speaking engagements - Carrie Jo spoke about the upcoming Brave Faces speaking engagements at the Institute of Technology, Project X, Sociology of Minorities class at Shasta College, HHS Office of the Director, One Safe Place, CIT Training for law enforcement, and a forum for the AAUW in Fall River Mills</li> <li>ii. Gallery - Carrie Jo noted that all but one of the Brave Faces Gallery Displays were hanging in all areas of Shasta County. Brave Faces stories are up in Redding, Shingletown and Burney.</li> <li>iii. Events - Carrie Jo reminded the committee about events in the near future:               <ul style="list-style-type: none"> <li>1. Hope Is Alive! Open Mic – Fri., Apr. 20<sup>th</sup>, 2018 at Anderson Teen Center 6-9 p.m. (performers sign in at 5:30 p.m.)</li> <li>2. Becoming Brave Training – Sat., Mar. 31<sup>th</sup> in the Boggs Building (Breslauer) from 10 a.m.-4 p.m.</li> <li>3. Minds Matter Mental Health Resource Fair May 5<sup>th</sup> 12-5 p.m.</li> <li>4. Quarterly Forum on Opioid Addiction – TBA - March or April</li> </ul> </li> </ul>		Carrie Jo, Stand Against Stigma Coordinator CES
4. Social Media / Website	Carrie Jo let the committee know that a video of the January Hope Is Alive! Open Mic is available to watch online.		Carrie Jo, Stand Against Stigma Coordinator CES
5. Resource Sharing	Amy Sturgeon spoke about:		Amy Sturgeon, Suicide Prevention CES

	<ul style="list-style-type: none"> <li>• The Men’s Mental Health Campaign is looking for nominations for Captain Awesome – men who are willing to share what wellness, strength and resilience means to them. She also needs help getting materials out, and reminded the group to please share the website, <a href="http://www.ShastaSuicidePrevention.com/Men">www.ShastaSuicidePrevention.com/Men</a> on social media. There have been three photoshoots so far and a launch event being planned for June to take place in the Mt. Shasta Mall.</li> <li>• The Directing Change deadline for submissions is March 1<sup>st</sup>.</li> <li>• The Suicide Prevention Symposium will feature the documentary “The S Word.” <a href="https://theswordmovie.com/">https://theswordmovie.com/</a></li> </ul> <p>Shasta County Sheriff, Tom Bosenko, came to ask the group about what is being done in the community to help those who are suicidal. Amy Sturgeon fielded the questions and gave him details on what the Suicide Prevention Workgroup has been working on, and offered to connect with him about the Men’s Mental Health Campaign, as well as reducing access to lethal means.</p>		
6. Community Collaboration	<p>Small Group Discussions – the committee formed small groups to provide input on the Minds Matter Mental Health Fair, Recovery Happens, and Living Brave Group. Collaboration on the Mental Health Solutions Conference was tabled for a future meeting. Group ideas are taken into consideration when planning events and resources.</p>		All Committee Members and HHSA Staff Present