

Stand Against Stigma Committee (SASC)
Redding Library, Foundation Room
1100 Parkview Ave.

Mission statement: The CEC works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

AGENDA

1-2:30 p.m. Tuesday, January 9, 2018

- 1. WELCOME and INTRODUCTIONS**
- 2. NOV/DEC IN REVIEW**
 - a. **Speaking Engagements – Simpson College and National University**
 - b. **Gallery Install – Mountain Valley Health Center**
 - c. **Events – Facing ACEs Forum**
 - d. **Community Outreach – Redding Health Expo**
- 3. UPCOMING EVENTS, PRESENTATIONS & OUTREACH**
 - a. **BRAVE FACES PLANNING**
 - i. **Speaking engagements**
 1. Shasta CAPCC/AmeriCorps, NAMI, Happy Valley Middle School, Wright Education Services
 - ii. **Gallery Displays**
 1. Shingletown Medical Center, Mountain Valley Medical Center, HHSA Office of the Director, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends
 - iii. **Events**
 1. HOPE IS ALIVE! OPEN MIC – Fri., Jan. 12th | Old City Hall | 6-9 p. m.
 2. BECOMING BRAVE TRAINING – Sat., Jan. 27th | Boggs | 10 a.m.-4 p.m.
 3. MINDS MATTER FAIR – Sat., May 5th | Promenade | 12-4 p.m.
 4. *HOPE IS ALIVE! OPEN MIC – April | Anderson Teen Center
 5. *QUARTERLY FORUM ON OPIOID ADDICTION – TBA | TBA
- 4. SOCIAL MEDIA/WEBSITE**
- 5. RESOURCE SHARING**
 - a. **Suicide Prevention Workgroup | Amy Sturgeon**
- 6. COMMUNITY PLANNING AND COLLABORATION**
 - a. **Small Group Discussions**
 - i. **Minds Matter**
 - ii. **Get Better Together**
 - iii. **Living Brave**
 - iv. **Mental Health Solutions Conference**

REMINDER The next Stand Against Stigma Committee (SASC) meeting will be held Tuesday, February 13th, 2018, 1-2 p.m., at the Redding Library.

Sponsored by the Shasta County Health and Human Services Agency in conjunction with our many community partners and advisory boards. Funding for this event is provided through the Mental Health Services Act.