



VIII. Discussions/Updates	<p>A. <u>2019-2020 ADULT SERVICES GOALS:</u> MHADAB Chair advised that the Youth Services goals are in effect and continuing. Communication is well under way regarding the Adult Services available in our community. The goal for the upcoming year is program outcomes, with the expectation of future presentations focusing on outcomes. Kerri Schuette provided information on the new Children’s Services webpage on the HHSA website. It’s full of useful information and is very easy to navigate.</p> <p>B. <u>AD HOC 2019 DATA NOTEBOOK COMMITTEE:</u> MHADAB Chair explained what the Data Notebook Committee’s role is, and that the topic for this year is “Trauma-Informed Care Across the Lifespan.” Chair asked for volunteers for the Ad Hoc Committee. Elizabeth Jarrett, Ron Henninger and Kalyn Jones volunteered.</p> <p>C. <u>AD HOC NOMINATING COMMITTEE UPDATE:</u> MHADAB Chair advised that the Ad Hoc Nominating Committee met and are happy to announce that all five Board members up for reappointment have expressed interest in being reappointed. Also, that the committee will be recommending to the Board in November that Sam Major and Ron Henninger fill the seats of the Chair and Vice Chair for the Board for 2020.</p>		<p>➤ Charlie Menoher, MHADAB Chair and Kerri Schuette, HHSA Program Manager</p> <p>➤ Charlie Menoher, MHADAB Chair</p> <p>➤ Charlie Menoher, MHADAB Chair</p>
IX. Directors’ Report	<p>➤ The Directors’ Report was sent out prior to the meeting for the Board and guests to review. [See Attachment B] Discussion took place regarding the Drug Medi-Cal Organized Delivery System and the Medication Assisted Treatment in the Jail.</p>		<p>➤ Dean True, Adult Services Branch Director and Nancy Bolen, Children’s Services Branch Director</p>
X. MHADAB Standing Committee Report	<p>➤ <u>MHADAB EXECUTIVE COMMITTEE MEETING:</u> Discussion at the Executive Committee meeting revolved around goals, programs/presentations, and committee assignments.</p>		<p>➤ Charlie Menoher, MHADAB Chair</p>
XI. Other Reports	<p>➤ <u>STAND AGAINST STIGMA COMMITTEE:</u> Recovery Happens is a national program that will take place on Sunday, September 29<sup>th</sup> from 10:00 am – 3:00 pm at the Lake Redding Park gazebo. There is also a Recovery Happens Passport 2019 available, where Shasta County substance use recovery programs and sober living homes open their doors to share with community members what they offer and to answer questions about treatment. The open house event is</p>		<p>➤ Kerri Schuette, HHSA Program Manager</p>

	<p>scheduled for the week of September 16<sup>th</sup> through September 20<sup>th</sup>.</p> <ul style="list-style-type: none"> <li>➤ <u>SUICIDE PREVENTION WORKGROUP:</u> No Report.</li> <li>➤ <u>ADP PROVIDER MEETING:</u> MHADAB Vice Chair Hess shared that at the last meeting they learned about the youth substance use disorder screening tool, and the American Society of Addiction Medicine (ASAM) screening/diagnostic tool, which helps to determine levels of care, and found the information very informative.</li> <li>➤ <u>HOMELESSNESS MEETING:</u> Each county now has its own continuum of care advisory group. The big hang-up for Shasta County is a communication issue between the Homeless Management Information System and the Good News Rescue Mission. Also discussed was the 2-1-1 program through the United Way, and the hopes of having their one system be the keeper of all the resources.</li> </ul>		<ul style="list-style-type: none"> <li>➤ Kari Hess, MHADAB Vice Chair</li>   <li>➤ Charlie Menoher, MHADAB Chair</li> </ul>
XII. Reminders	➤ See Agenda.		
XIII. Adjournment		➤ Adjournment (6:55 p.m.)	

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Charlie Menoher, Chair

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Teri Linson, Secretary

# BEHAVIORAL HEALTH COURT

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BY JENNIFER ABERNATHY AND KIM MCKINNEY

# BHC PURPOSE

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- To treat those suffering from a severe and persistent mental illness (linked to criminal activity).
- To identify and treat any co-occurring substance abuse disorders.
- To teach offenders about their mental illness in an effort to create insight into their symptomology.
- To identify and teach positive/pro-social coping tools to replace the negative/anti-social techniques they previously used.
- To provide oversight and accountability regarding compliance with not only terms of probation but also compliance with doctor's medication/treatment recommendations.

# BHC PHASES

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- Phase 1 (6 months)
  - Required 90 days sobriety
  - Establish stable funding source
  - Establish stable living environment
- Phase 2 (5 months)
  - Additional 90 days sobriety
  - Actively use coping tools to manage mental health symptoms
  - Communicating symptoms with treatment team

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# BHC PHASES CONT.

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- Phase 3 (4 months)
  - Integrate into the community by volunteering, working, or continuing education.
  - Complete Wellness Recovery Action Plan (WRAP) and share with a trusted person
- Phase 4 (3 months)
  - Maintain sobriety/medication compliance
  - Individual relapse prevention/mental health plan implementation
- Graduation
- Aftercare (3 months)

# STATISTICS

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<b>Current Participants:</b>	<b>15</b>	<b>Terminated:</b>	<b>33</b>
Rejected:	82	To CDCR:	9
Declined:	33	AOP	1
Graduated:	12	Reduced Per 1170.18 PC	2
		Deceased:	1
		Conserved:	1

# GUEST SPEAKER

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Colby Brousseau

# QUESTIONS?

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Mental Illness is a life long battle. If we can educate people on their mental illness, teach them to identify their symptoms, know the importance of medication compliance and who to turn to for support, the quality of not only their life is improved but also the community as a whole.



## Shasta County Health & Human Services Agency

### Directors' Report – September 4, 2019 Mental Health, Alcohol and Drug Advisory Board (MHADAB)

#### Adult Services Branch Update:

- **Updates on Improvements - County's Continuum of Care for Mental Health and Substance Use Disorders:**
  - Methadone Full Clinic - Aegis is now a licensed full clinic. They can provide the full spectrum of services and there is no longer any need for individuals to go to Chico.
- **Medication Assisted Treatment (MAT) in the Jail:** Meetings continue to occur monthly. The medical provider in the jail, Wellpath, will begin contract amendment discussions with the Sheriff's Office regarding the administration of suboxone. There is no date if or when this may be completed. HHSa has begun working on a contract amendment with Empire to provide assessment/counseling services in the jail. It is hoped that these services can begin in the jail by end of October, regardless of Sheriff's discussions with Wellpath. While drug/alcohol counseling only is not MAT, it is a significant step forward in providing rehabilitative services for incarcerated individuals.
- **Involuntary Psychiatric Hospitalizations (5150s):** There has been a slight reduction in hospitalizations, but it is too early to tell whether this will continue. The county continues to involuntarily hospitalize somewhere between 70 to 80 individuals a month. The majority of these are adults – individuals over 18 years old.
- **Learning Collaborative Targeting Opioid Treatment within the Criminal Justice System:** HHSa continues to participate in the learning collaborative, and a portion of ongoing grant monies will be utilized to fund drug/alcohol services in the jail as noted above.
- **Drug Medi-Cal Organized Delivery System:** Significant progress has been made in getting final approval for our regional model (the only one of its kind in the state). There is cautious optimism, including information from the state, to believe the program will begin February 1, 2020.
- **ADP Provider Meeting:** A meeting was held on Wednesday, August 28, 2019, 10:00 am at the Mae Helene Bacon Boggs Conference Center. Information to follow. The next meeting is

scheduled for Wednesday, November 27, 2019 at 10:00 am at the Mae Helene Bacon Boggs Conference Center.

### Children's Services Branch Update:

- **Youth Substance Use Treatment Collaborative:** The county has finalized the amendment with Partnership Health Plan that extended grant funding through June 30, 2019. There was a training provided to Partnership Health Plan staff and other community partners on June 25, 2019 with the subject matter being the determination of Medical Necessity: Screening and Assessment of Youth Substance Use Disorders and At-Risk Youth. The Children's Branch has also applied for a grant June 7, 2019 with YOR California <https://www.cibhs.org/yorcalifornia> to expand medication assisted treatment to youth in Shasta County.
- **County Self-Assessment:** California Department of Social Services (CDSS) requires child welfare departments to work on ways to continuously improve outcomes for children and families. Children's Services is working in partnership with Juvenile Probation on their next 5-year County Self-Assessment and upcoming system improvement plan. Children's Services completed 6 stakeholder feedback sessions with community partners, staff, parents and youth in May and June. During the week of June 17<sup>th</sup>, ten counties participated in the review of 14 child welfare and four probation case reviews to look for trends in helping to achieve permanency in 12 months for those youths in foster care. The final County Self-Assessment will go to the state for final approval in January of 2020.
- **CANS & CFTS:** Children's Services is piloting the use of the Child and Adolescent Needs and Strengths (CANS) assessment in child and family teams for those youths in foster care. This comes from CDSS as a requirement to ensure that youth are not overly assessed and that the CANS is used as the communication tool between mental health and child welfare.
- **Organization Provider Request for Proposal:** Children's Services is in the process of drafting a competitive procurement request for proposal for new and existing specialty mental health organizational providers to be released in the fall of 2019 to serve children ages 0-21.
- **Intensive Services Foster Care (ISFC):** Children's Services was approved to provide Intensive Services Foster Care (ISFC); both the plan and the rate were approved by the California Department of Social Services. The intensive services will include behaviorally based services, mental health services, supervision, care, and activities in a resource family home with wraparound care and practices using child family team meetings. We are excited to provide intensive services to youth in a family home setting. Each resource home will be limited to 2 children/youth receiving ISFC.
- **Children's Services Leadership Transition:** Children's Services is currently recruiting for a Deputy Branch Director.

## Board of Supervisor Staff Reports (July-August):

- **Renewal Agreement with California Locums P.C. for Temporary Psychiatrist Services** (The proposed renewal agreement will allow Shasta County to have continued access to temporary psychiatric physician services through California Locums P.C. as needed during periods of psychiatrist staffing shortages.)
- **Renewal Agreement with Sutter Yuba Behavioral Health** (This agreement with Sutter-Yuba Behavioral Health, a joint powers authority, through the County of Sutter will allow Sutter-Yuba Mental Health Services Psychiatric Health Facility to continue to provide acute psychiatric inpatient services to Shasta County residents.)
- **No Place Like Home Noncompetitive Funding Allocation** (Approval of the recommendations will allow the County to use No Place Like Home Program funding, to serve adults with serious mental illness who are chronically homeless, homeless, or at-risk of being chronically homeless.)
- **Agreement with NCS Pearson Inc. for Q-global online testing, scoring, and reporting services** (This agreement will allow the Health and Human Services Agency to purchase online psychological tests, including the administration and scoring of test results.)
- **Agreement with Butte County for Acute Psychiatric Inpatient Care** (The renewal of this agreement will allow Butte County Department of Behavioral Health to continue to provide acute psychiatric inpatient services to adults placed by Shasta County in their Psychiatric Health Facility located in Chico, California.)
- **Loan for The Woodlands II** (PC Redding Apartments II Limited Partnership plans to provide permanent supportive housing by adding 20 more units to The Woodlands on Polk Street in the City of Redding. Five of these one-bedroom units will be reserved for persons with psychiatric disabilities, and five of the two-bedroom family units will be reserved for persons with psychiatric disabilities or families of children with serious emotional disturbance. In part because of an increase in construction costs due to last year's local wildfires, the cost estimate for this project has increased by \$1,000,000. Because the need for low-income housing in Shasta County is so dire, the HHSA recommends bridging this gap with a 55-year, simple interest loan from MHSA funds.)
- **Amendment to Agreement with Northern Valley Catholic Social Service, Inc** (The proposed amendment will allow Northern California Catholic Social Service, Inc. to continue to provide medically necessary youth specialty mental health services to Medi-Cal eligible youth, with the increase of maximum compensation due to the higher than anticipated number of clients being served by NVCSS.)