

SHASTA COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB)
REGULAR MEETING
Minutes
May 1, 2019

Members: Charles Menoher, Kari Hess, Connie Webber, Cindy Greene, Ronald Henninger, Elizabeth Jarrett and Mary Rickert

Absent Members: Sam Major, Dale Marlal, Marvin Peterson and Ron Vigil

Shasta County Staff: Dianna Wagner, Paige Greene, Kerri Schuette, Carrie Jo Diamond, Marc Dadigan, and Teri Linson

Guests: David Kehoe, Charles Horner, Art Sevilla, Marjeanne Stone, Tammy Allan, Kristen Schreder, Rachel Popovich, Courtney Parker and Brad Hart

Agenda Item	Discussion	Action	Individual Responsible
I. Introductions	<ul style="list-style-type: none"> ➤ Chair extended a warm welcome to all attendees. Chair also read the Public Comment requirements. ➤ Board members and staff introduced themselves. 		<ul style="list-style-type: none"> ➤ Charlie Menoher, MHADAB Chair
II. Public Comment Period	<ul style="list-style-type: none"> ➤ None. 		
III. Provider Reports	<ul style="list-style-type: none"> ➤ None. 		
IV. Approval of Minutes	<ul style="list-style-type: none"> ➤ Minutes from the March 6, 2019 meeting were presented in written form. 	<ul style="list-style-type: none"> ➤ Approve the March 6, 2019 minutes as submitted. 	<ul style="list-style-type: none"> ➤ Cindy Greene (Motion) Connie Webber (Second) Mary Rickert (Abstain)
V. Announcements and Review of Correspondence	<ul style="list-style-type: none"> ➤ None. 		
VI. Action Items	<p>A. Consider recommending to the Board of Supervisors the Membership Committee's nominations of the following new members to fill the vacant MHADAB positions: David Kehoe – term to expire 12/31/2021; Kalyn Jones – term to expire 12/31/2019; Jo-Ann Medina – term to expire 12/31/2019; Jessica Mitchell – term to expire 12/31/2020.</p>	<p>A. Recommend to the Board of Supervisors the Membership Committee's nominations of the following new members to fill the vacant MHADAB positions: David Kehoe – term to expire 12/31/2021; Kalyn Jones – term to expire 12/31/2019; Jo-Ann Medina – term to expire 12/31/2019; Jessica Mitchell – term to expire 12/31/2020.</p>	<ul style="list-style-type: none"> ➤ Kari Hess (Motion) Elizabeth Jarrett (Second) Mary Rickert (Abstain)
VII. Presentations	<p>A. <u>GROUPS:</u> A PowerPoint presentation on Groups was provided by Amy Spier. She went over handouts and answered questions. [See Attachment A]</p> <p>B. <u>CRISIS RESIDENTIAL & RECOVERY CENTER:</u> A PowerPoint presentation on the Crisis Residential & Recovery Center was provided by Phil Crawford. Discussion followed. [See Attachment B]</p>		<ul style="list-style-type: none"> ➤ Amy Spier, Associate Executive Director, Regional Manager, Groups ➤ Phil Crawford, HHSA Supervisor - CRRC
VIII. Discussions/Updates	<p>A. <u>MHADAB YOUTH SERVICES GOAL UPDATE:</u> MHADAB Chair advised that letters were sent to parents and educators at Shasta Union High School District, Gateway Unified School District and Anderson Union High School District to help spread</p>		<ul style="list-style-type: none"> ➤ Charlie Menoher, MHADAB Chair

	<p>awareness of services available for youth who are struggling and in need of services. Chair Menoher also spent time with Redding, Enterprise, Cascade and Anderson elementary schools to get the message out regarding services available to youth. The 2nd goal planned is the Adult Services Awareness Campaign. Discussion to take place at the July meeting to determine how to proceed with this next goal.</p>		
IX. Directors' Report	<p>➤ The Directors' Report was sent out prior to the meeting for the Board and guests to review. [See Attachment C] Summary of the Staff Reports from the Board of Supervisors meeting pertaining to HHSA have been added to the Director's Report. Further discussion took place regarding the Navigation Center.</p>		<p>➤ Dianna Wagner, Children's Services Branch Director</p>
X. MHADAB Standing Committee Report	<p>➤ <u>MHADAB EXECUTIVE COMMITTEE MEETING:</u> Discussion at the Executive Committee meeting revolved around programs/presentations and committee assignments. The Board is currently 4 seats short, once new members are approved by the Board of Supervisors, committee assignments will be determined.</p>		<p>➤ Charlie Menoher, MHADAB Chair</p>
XI. Other Reports	<p>➤ <u>STAND AGAINST STIGMA COMMITTEE:</u> Mental Health Month is here and it kicked off last night with a mental health rock painting night. On May 4th, there will be a Becoming Brave peer led training. The Minds Matter Mental Health Fair will be Friday, May 10th from 5:00 pm to 9:00 pm and will feature a Hope Is Alive! open mic. It will take place at the Sundial Bridge which will be lit in green for mental health awareness. The 2nd annual Intermountain Mental Health Week will be held May 13th – May 17th. Monday, May 13th there will be a free mental health first aide training for people living in eastern Shasta County. Tuesday, May 14th will be a Stand Against Stigma Committee meeting at Circle of Friends in Burney. Wednesday, May 15th there will be a showing of the Resilience Documentary at the Mt. Burney Movie Theater. Thursday, May 16th there will be a Mind/Body Skills Workshop at the Burney Circle of Friends and Friday, May 17th there will be a Hope Is Alive! open mic at the Burney Lions Club.</p>		<p>➤ Carrie Jo Diamond, Community Education Specialist</p>

	<ul style="list-style-type: none"> ➤ <u>SUICIDE PREVENTION WORKGROUP:</u> None. ➤ <u>ADP PROVIDER MEETING:</u> Next quarterly meeting will be held May 22nd. ➤ <u>HOMELESSNESS MEETING:</u> In place of the County COC, there will now be NorCal COC. The reorganization will take place July 1st. Each county will have their own advisory board and each advisory board will send a representative to the Executive Board, with Shasta County being the lead. 		<ul style="list-style-type: none"> ➤ Charlie Menoher, MHADAB Chair ➤ Kari Hess, MHADAB Vice Chair ➤ Charlie Menoher, MHADAB Chair
XII. Reminders	<ul style="list-style-type: none"> ➤ See Agenda. 		
XIII. Adjournment		<ul style="list-style-type: none"> ➤ Adjournment (6:20 p.m.) 	

Charlie Menoher, Chair

Teri Linson, Secretary



WE FOUNDED GROUPS: RECOVER TOGETHER TO MAKE TREATMENT FOR OPIATE USE:

RESPECTFUL
Choosing to stop using and change your life is one of your most important decisions. At Groups we make it easier.

ACCESSIBLE
The best evidence-based treatment is available whenever you need it.

AFFORDABLE
Ability to pay should never be a barrier to getting treatment.


I became a physician because I believe everyone should be able to access the help they need to get well. Drug users have been made into illegal and invisible people; their behavior criminalized and pushed out of sight. I founded Groups to bring the best of modern medical science to those most in need.
—DR. BEFFI PLANK, FOUNDER

GROUPS DELIVERS A PROVEN, EVIDENCE-BASED MODEL.

WE EMPOWER OUR MEMBERS TO REGAIN CONTROL OF THEIR LIVES THROUGH A COMBINATION OF THERAPY AND MEDICATION.

OUTPATIENT WEEKLY GROUP THERAPY
delivered by licensed counselors in a respectful and welcoming environment - encourages members to form community, which is essential for success in recovery.


FDA-APPROVED MEDICATION
retrains the brain to function without opiates. Free from withdrawal, members can work, take care of family, and be part of the community. We prescribe buprenorphine (also known as Suboxone®) and naltrexone.



MEDICATION-ASSISTED TREATMENT (MAT) IS WIDELY CONSIDERED THE GOLD STANDARD FOR THE TREATMENT OF OPIATE USE DISORDER

Including by the American Society for Addiction Medicine (ASAM) and Substance Abuse and Mental Health Services Administration (SAMHSA). MAT using medications such as buprenorphine has been shown to reduce mortality from opiate use by more than half.


Buprenorphine is a partial agonist that partially fills opioid receptors which allows the medication to prevent withdrawals, but has a 'ceiling effect' which prevents abuse.





WE BELIEVE


 <p>COMMUNITY IS THE FOUNDATION OF RECOVERY</p> <p>Our members are not alone. They have a support system that helps them through the toughest days of their recovery journey. We help them find the right support system for their recovery journey.</p>	 <p>ACCOUNTABILITY IS CRITICAL</p> <p>Members of our community are held accountable for their recovery. We help them find the right support system for their recovery journey.</p>	 <p>MEDICATIONS HIT FOREVER</p> <p>Medications are a critical part of recovery. We help them find the right support system for their recovery journey.</p>
 <p>EVIDENCE IS ESSENTIAL</p> <p>Recovery is not a one-size-fits-all. We help them find the right support system for their recovery journey.</p>	 <p>ADDICTION IS SOCIAL AND SO IS RECOVERY</p> <p>Recovery is not a one-size-fits-all. We help them find the right support system for their recovery journey.</p>	 <p>FRONTLINE ADDICTION IS A TEAM SPORT</p> <p>Recovery is not a one-size-fits-all. We help them find the right support system for their recovery journey.</p>



THE MEMBER JOURNEY

<p>34-48 HOURS</p> <p>When someone is ready for treatment, we are always available and work hard to get them in right away.</p>	<p>1 WEEK</p> <p>New members meet with a counselor and provider to determine if there is a good fit with our program and the right dose of buprenorphine to prevent a relapse.</p>	<p>30 DAYS</p> <p>Groups are held (10-15) and with the same people every week. They last 1 hour and are led by a licensed clinical social worker/counselor.</p>	<p>30 DAYS</p> <p>All members are made to feel respected and valued. They can expect to work with our case management team as well as every member of the group.</p>
<p>60-90 MONTHS</p> <p>Each group forms its own supportive community. Counselors schedule all members a meeting with paperwork for probation or child contact therapy.</p>	<p>60-90 MONTHS</p> <p>A provider attends each group monthly and is available to help members with medication when they feel ready.</p>	<p>60-90 MONTHS</p> <p>After members graduate they are welcome to visit our standing weekly group for a change.</p>	

OUR OUTCOMES



groups
Cancer Treatment

>70%
of our patients are back to work in 4 weeks

90%
of our patients are satisfied with their care

89%
of our patients are satisfied with their care

8
Hot Treatment Sites
across the country
providing the same
high-quality care
as our main sites


groups
Cancer Treatment

WE ARE COMMITTED TO PROVIDING AFFORDABLE, ACCESSIBLE TREATMENT.


Groups does not have a wait list, and our outpatient model designed to fit into people's schedules so they can keep working and living a normal life.

We accept insurance and Medicaid in some states, and are always working hard to add new insurance plans to make treatment accessible to more people. For those without insurance, we offer a discounted weekly rate starting at \$65.

All of our California offices participate in the Hub & Spoke grant which subsidizes treatment for the uninsured and underinsured.



SINCE 2014, WE HAVE BEEN PRIVILEGED TO SERVE AND PARTICIPATE IN 50+ COMMUNITIES ACROSS 8 STATES, AND COUNTING.



groups
Cancer Treatment

South Central Oxnard, California

Recovery Ridge New York

Camp Fire Foundation California

Breast Cancer Awareness Month Oklahoma

Crises & Crisisline UK New Hampshire

OUR PEOPLE

WE ARE A TEAM OF MORE THAN 150 PROFESSIONALS AND PROVIDERS COMMITTED TO FIGHTING OPIATE ADDICTION WITH DIGNITY.

WE RECOGNIZE THE EXPERIENCES OF PEOPLE STRUGGLING WITH OPIATE ADDICTION AS PART OF OUR MISSION AND ARE PROUD TO HELP THEM RECLAIM A SENSE OF PURPOSE AND MEANING IN THEIR LIVES, FAMILIES, COMMUNITY AND SOCIETY.

TO LEARN MORE OR SCHEDULE AN APPOINTMENT, REACH OUT TO OUR CLINICAL SUPPORT CENTER AT (800) 683-8313.

<p>FAST-TRAK AVAILABILITY</p> <p>Our team is always available to answer questions or help new patients get into treatment.</p>	<p>FAST ACCESS</p> <p>Everyone seeking treatment is seen within one week, most within 48 hours.</p>	<p>CRISIS SUPPORT</p> <p>Our CSC is staffed with licensed nurses who are available to provide crisis support to Grups members as appropriate.</p>
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Potential members and their loved ones are also welcome to walk into any of our offices during business hours to meet our staff and learn more.

IN AMERICA, SOMEONE DIES FROM AN OPIATE OVERDOSE EVERY 11 MINUTES.

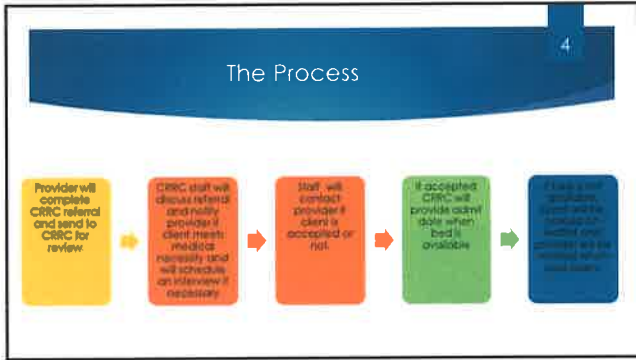
TOGETHER WE CAN END THIS.

Crisis Residential and Recovery Center

- ## Overview
- ▶ Community Care Licensed Social Rehabilitation Facility #455002111
 - ▶ 15 beds
 - ▶ 30 days
 - ▶ Voluntary

What We Do

- Reduce Mental Health Symptoms
- Alt to Inpatient Hospitalization
- Medication Stabilization/Compliance
- Connect to Local Resources
- Increase Positive Coping Skills



- ### Exclusionary Criteria 5
- ▶ Currently meets any of the 5150 criteria
 - ▶ Under 18 years old
 - ▶ Co-morbid medical condition requiring medical monitoring
 - ▶ (client must be able to self-manage any medical condition)
 - ▶ Active tuberculosis
 - ▶ Incontinence
 - ▶ Private insurance
 - ▶ Registered sex offender
 - ▶ History of arson

- ### Required Information 6
- Referral Form
 - Physicians Report (UC 602)
 - Functional Capability Assessment (UC 9172)
 - PPD Clearance (negative/clear, placed within past year)
 - Signed medication orders for all medications (psychiatric/physical/CPAP)

Contact Us

CRISIS RESIDENTIAL & RECOVERY CENTER
3443 Broadway Way, Redding, CA 96001
Phone: (530) 225-6975 Fax: (530) 225-6941

SHASTA COUNTY MENTAL ILLNESS, ALCOHOL, AND DRUG SERVICES
3443 Broadway Way, Redding, CA 96001
Phone: (530) 225-6200 TDD/Hea: (888) 345-6203 TTY: (711)
WWW.SHASTAHHSA.NET



Shasta County
**Health & Human
Services Agency**



Shasta County Health & Human Services Agency

Directors' Report – May 1, 2019

Mental Health, Alcohol and Drug Advisory Board (MHADAB)

Adult Services Branch Update

- **Updates on Improvements - County's Continuum of Care for Mental Health and Substance Use Disorders:**
 - Mobile Crisis Team – Hill Country staff are still getting to know county needs, working relationship with Redding Police Department, etc. One team continues in place to serve City of Redding during business hours, M-F.
 - Sobering Center – The center is open and has provided services to several individuals. Continue to work on issue of medical clearance and law enforcement policies and procedures for drop off.
 - Methadone Full Clinic - Aegis continues to work with the state for final approval/certification of full clinic. Hope had been for a May opening, but the state is moving slowly.
- **Medication Assisted Treatment (MAT) in the Jail:** The project is back on track, with initial plan in place. Wellpath (medical provider in jail) will provide Suboxone for individuals already enrolled and receiving treatment before incarceration.
- **Involuntary Psychiatric Hospitalizations (5150s):** The last several months have seen a significant increase in hospitalizations. While it cannot be determined specifically, there is possibly a correlation to the opening of the Center for Behavioral Health (CBH) at SRMC. As with many new services started in the last several years, demand for that new service seems to go along with availability. The county is reviewing internal processes, and carefully tracking numbers, to try and determine possible causes.
- **Crisis Intervention Team (CIT) training:** The next CIT training for law enforcement is scheduled for May 13-15. It is anticipated that approximately 30 officers from a variety of agencies will attend including Sheriff's office, Probation, Redding and Anderson Police Departments.
- **Learning Collaborative Targeting Opioid Treatment within the Criminal Justice System:** HHSA continues to participate in the learning collaborative.

“Engaging individuals, families and communities to protect and improve health and wellbeing.”

Donnell Ewert, MPH, Director

Dean True, RN, MPA, Adult Services Branch Director and Alcohol and Drug Program Administrator

Dianna Wagner, MS, LMFT, Children's Services Branch Director

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- **Drug Medi-Cal Organized Delivery System:** Partnership has received initial approval from the California Department of Health Care Services (DHCS) of its fiscal plan for their Regional Model. There are still many pieces that will need to be put in place, but this is the final major step forward that was needed. Start-up is not likely before late fall 2019.
- **ADP Provider Meeting:** The next ADP Provider meeting is scheduled for Wednesday, May 22, 2019, 10:00 am at the Mae Helene Bacon Boggs Conference Center.

Children's Branch Update:

- **Youth Substance Use Treatment Collaborative:** Due to the continuance of implementing the SUD organized delivery system until Fall 2019. Partnership has extended the grant to June 30, 2019. Therefore, the Youth SUD Collaborative is continuing our work with Dr. Rachel Gonzales-Castaneda through 2019. The collaborative be holding training in the summer 2019 to address harmful substance use of youth 11-17. We will also be developing a Secondary Prevention curriculum to educate youth 11-17 on the impact harmful substance use can have on their developing bodies.
- **AB 1299 (Presumptive Transfer):** The California Mental Health Services Authority (CalMHSA) reimbursement bank is now fully functioning and Shasta County is encouraging all counties that place foster youth in Shasta to join.
- **At Risk Middle School:** Botvin Life Skills are fully implemented at Cascade Elementary School District, Anderson Teen Center, and Gateway Middle School into 6th grade classrooms and at sites in the community.
- **Week of the Young Child:** First 5 Shasta had many great activities during the week of April 6-13 to promote healthy beginnings for children 0-5.

Board of Supervisor Staff Reports (March – April)

- **Agreement with Oscar and Ghislaine Ramasar dba Crest Home for the Elderly for Residential Care Facility Services** (Provide residential care facility services within a board and care setting to support Shasta County individuals with severe and persistent mental illness in the least restrictive environment possible.)
- **SacValley MedShare Healthcare Information Exchange Participation Agreement** (Participation agreement will allow Shasta County Health and Human Services Agency to securely share patients' medical information with other providers, non-providers, and software and system providers.)
- **First Amendment to the Agreement with BHC Heritage Oaks Hospital for Inpatient Psychiatric Hospitalization Services** (Continue to provide additional acute psychiatric inpatient services to Shasta County residents on a fee-for-service basis.)

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- **First Amendment to the Agreement with Hill Country Health and Wellness Center Hill County Community Clinic** (Hill Country provides a wellness and recovery program in Burney called Circle of Friends. The budget increase will enable Hill Country to provide mandated Wellness Recovery Action Plan trainings.)
- **Memorandum of Understanding with Partnership HealthPlan of California** (Approval of this MOU will allow the continued collaboration between the County's Mental Health Plan and Partnership HealthPlan of California.)
- **Agreement with Riverside Heights Healthcare Center, LLC for Adult Residential and Skilled Nursing Facility Care** (Allows Riverside Heights Healthcare Center, to provide long-term residential treatment for adults with severe and persistent mental illness as an alternative to placement in an acute inpatient care setting or a state hospital.)
- **Week of the Young Child Proclamation** (To promote and inspire high quality early childhood experiences.)
- **First Amendment with California Department of Health Care Services and Second Amendment with Northern Valley Catholic Social Service for Crisis Counseling Program** (Approval of the recommendations will allow the California Department of Health Care Services (DHCS) to reimburse costs, funded by the Federal Emergency Management Agency (FEMA), for equipment, public messaging, and other materials for the Crisis Counseling Program and training (CCP) to Health and Human Services Agency (HHSA) and to Northern Valley Catholic Social Service, Inc. (NVCSS) for CCP services within the Immediate Services Program (ISP), ISP extension period, and Regular Services Program (RSP) retroactively, in order to assist individuals and communities recovering from the effects of these natural disasters.)
- **Unsheltered Adult Navigation Center Presentation** (Approval of the recommendations will allow Shasta County Health and Human Services Agency (HHSA) to serve unsheltered adults with behavioral health challenges through a homeless navigation center thereby reducing communicable disease and fire risk to Shasta County residents, as well as law enforcement and health care costs.)
- **Children's Memorial Day Proclamation** (The Health and Human Services Agency, Children's Services Branch requests that the Board adopt a proclamation declaring the fourth Friday of every April as "Children's Memorial Day" in Shasta County to increase awareness of child abuse and neglect prevention and remember the lives of children lost.)
- **First Amendment with Quest Court Investigations** (Quest Court Investigations prepares, investigates, and files reports pursuant to orders of the Shasta County Superior Court in matters involving stepparent adoptions and petitions filed under Part 4 of Division 12 (commencing with section 7800) of the California Family Code. Recent regulation changes through the Department of Justice and Welfare and Institutions Code have prompted the need to update the scope of work to require investigated individuals read and sign an Authorization and Release of Information, change the location of Live Scan services, and update the Letter of Advisement.)

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