

# Mental Health Provider List

*You have choices. Review  
your list of service providers.*

**[ For assistance call  
(530) 225-5200 ]**

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### **INTRODUCTION TO YOUR PROVIDER LIST**

As a Medi-Cal beneficiary, this directory is provided to inform you of individuals, clinics, hospitals and agencies that provide mental health services. This is called a provider list, and contains names, phone numbers, addresses and other information about doctors, therapists, hospitals and other places where you may be able to get help. If you are interested in receiving services from any of the providers in this booklet, call Shasta County Mental Health at 530-225-5200 before scheduling your visit.

### **HOSPITAL PROVIDERS**

A hospital provider is a locked facility that offers acute inpatient psychiatric care. Some providers are located in a general hospital where other medical services may be received. Other providers are stand-alone psychiatric facilities that specialize in psychiatric care only.

### **ORGANIZATIONAL PROVIDERS**

An organizational provider is an agency that offers mental health services such as screening and assessment, plan development, therapy, rehabilitation, case management, medication support, crisis intervention and other therapeutic behavioral services (TBS).

*For more information about your choice in providers, call 530-225-5200 or 888-385-5201 and ask to speak to someone in managed care.*

## HOSPITAL PROVIDERS of the Shasta County Mental Health Plan

HOSPITAL	ADDRESS	PHONE	POPULATIONS SERVED
Butte County Behavioral Health	592 Rio Lindo Ave. Chico, CA 95926	(530) 891-2811	Adults Older Adults
El Dorado County Psychiatric Health Facility	935-B Spring St. Placerville, CA 95667	(530) 621-6211	Adults Older Adults
Heritage Oaks Behavioral Health Center	4250 Auburn Blvd. Sacramento, CA 95841	(916) 489-3336	Adolescents, Adults and Older Adults
John Muir/Mt. Diablo Behavioral Medicine Corporation	2740 Grant St. Concord, CA 94520	(925) 674-4100	Ages 4 and up
North Valley Behavioral Health	1535 Plumas Ct. Yuba City, CA 95991-2960	(530) 750-2520	Adults Older Adults

## HOSPITAL PROVIDERS of the Shasta County Mental Health Plan

HOSPITAL	ADDRESS	PHONE	POPULATIONS SERVED
Sierra Vista Hospital Behavioral Health Center	8001 Bruceville Rd. Sacramento, CA 95823	(916) 423-2000	Adolescents, Adults and Older Adults
St. Helena Hospital	525 Oregon St. Vallejo, CA 94590	(707) 648-2200	All ages
St. Helena Hospital Center for Behavioral Health	10 Woodland Rd. St. Helena, CA 94574	(707) 963-6270	Adults 18+, also medical issues
Woodland Memorial Hospital	1325 Cottonwood St. Woodland, CA 95695	(530) 669-5300	Adults 18+, also medical issues
Sutter Center for Psychiatry	7700 Folsom Blvd. Sacramento, CA 95826	(916) 386-3000	All ages
Sutter Yuba Mental Health Services	1965 Live Oak Blvd Yuba City, CA 95991	(530) 822-7200	Adults

## ORGANIZATIONAL PROVIDERS of the Shasta County Mental Health Plan

ORGANIZATIONAL PROVIDER	ADDRESS	PHONE	POPULATIONS SERVED	NON-ENGLISH LANGUAGE SPOKEN	STILL ACCEPTING REFERRALS	OUT OF COUNTY	SERVICE TYPE
Bridges of Solano	5063 Midway Rd. Vacaville, CA 95688	(707) 678 -5614	Youth	None	Yes	Yes	Day treatment intensive: full day, mental health services, medication support.
Charis Youth Center	714 West Main St. Grass Valley, CA 95945	(530) 477 -9800	Youth	None	Yes	Yes	Day treatment intensive: full day, day rehabilitation: full day, mental health services, medication support plan.
Edgewood Center for Children and Families	1801 Vicente St. San Francisco, CA 94116	(415) 682 -3211	Youth	Spanish, Chinese, Viet- namese	Yes	Yes	Residential, day treatment, outpatient services.
Families First, Inc.	2100 Fifth St. Davis, CA 95616	(530) 747 -3400	Youth	Spanish	Yes	Yes	Mental Health Services, med support, intensive day treatment, full day, day rehab, crisis intervention.
Fred Finch	3800 Coolidge Oakland, CA 94602	(510) 482 -2244	Youth	Spanish	Yes	Yes	Med support, intensive day treatment, full day.
Hill Country Community Clinic	29632 Highway 299 E Round Mountain, CA 96084	(530) 337 -6243	All Ages	Spanish	Yes	Yes	Federally qualified health center, outpatient, mental health services.

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ORGANIZATIONAL PROVIDER	ADDRESS	PHONE	POPULATIONS SERVED	NON-ENGLISH LANGUAGE SPOKEN	STILL ACCEPTING REFERRALS	OUT OF COUNTY	SERVICE TYPE
Milhous Children's Services	24077 St. Hwy 49 Nevada City, CA 95959	(530) 265-9057	Youth	None	Yes	Yes	Day treatment intensive, full day, mental health services, medication support.
Northern Valley Catholic Social Services (NVCSS)	2400 Washington Ave. Redding, CA 96001	(530) 241-0552	New Pathways: youth, teen parents	None	Yes	No	Mental health services, rehabilitation, collateral, case management/ brokerage.
NVCSS Services - Second Home	1250 California St. Redding, CA 96001	(530) 247-3321	Adults	None	Yes	No	Life skills, peer support, anger management, trauma and grief, arts and crafts, gardening, housing education.
Nwangburuka Okechukwu, N. MD	7551 Timberlake #240 Sacramento, CA 95823	(916) 405-6010	Youth	None	Yes	Yes	Psychiatry Services (telepsychiatry).
Remi Vista, Inc.	3191 Churn Creek Rd. Redding, CA 96002	(530) 224-7160	Youth, school-based services, faith-based	Spanish, Mien	Yes	No	Mental health services, crisis intervention, case management/brokerage, therapeutic behavioral services.

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ORGANIZATIONAL PROVIDER	ADDRESS	PHONE	PEOPLE SERVED	NON-ENGLISH LANGUAGE SPOKEN	STILL ACCEPTING REFERRALS	OUT OF COUNTY	SERVICE TYPE
Shasta Community Health Center	1035 Placer St. Redding, CA 96001	(530) 246-5710	Adults. Youth12+ LGBTQ Homeless	Spanish, Mien, Hmong, Chinese	No	Yes	Federally qualified health center, outpatient, mental health services.
Shasta County Mental Health- Crisis Residential and Recovery Center	2640 Breslauer Way Redding, CA 96001	(530) 225-5200	Adults 18+	Spanish, Mien, Hmong, American Sign Language	Yes	No	Crisis residential services.
Shasta County Mental Health- Crisis Stabilization Services	2640 Breslauer Way Redding, CA 96001	(530) 225-5233	All Ages	Spanish, Mien, Hmong, American Sign Language	Yes	No	Crisis stabilization services.
Shasta County Mental Health - Outpatient	2640 Breslauer Way Redding, CA 96001	(530) 225-5200	All Ages TAY LGBTQ Homeless	Spanish, Mien, Hmong American Sign Language	Mandated key point of contact	No	Screening, assessment, plan development, individual and group therapy, rehabilitation, case management.
Summitview Child and Family Services	768 Pleasant Valley Rd., Suite 304 Diamond Springs, CA 95619	(530) 621-9800	Youth	Spanish	Yes	Yes	Art therapy, day rehab, residential treatment, wraparound services.

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ORGANIZATIONAL PROVIDER	ADDRESS	PHONE	PEOPLE SERVED	NON-ENGLISH LANGUAGE SPOKEN	STILL ACCEPTING REFERRALS	OUT OF COUNTY	SERVICE TYPE
Victor Community Support Services, Inc. Family Intervention and Community Support Program (FICS)	3300 Churn Creek Rd. Redding, CA 96002	(530) 223-2822	Youth, school-based services probation youth, teen parents LGBTQ	Spanish and American Sign Language	Yes	No	Mental health services, rehabilitation, targeted case management/brokerage, therapeutic behavioral services, crisis intervention, Triple P
Willow Glen	1547 Plumas Ct. Yuba City, CA 95991	(530) 751-9900	Adults	None	Yes	Yes	Medication management, day rehab, medical service referral, community socialization, daily living skills, therapeutic community.
Youth for Change	7204 Skyway Paradise, CA 95969	(530) 877-1865	Youth	None	Yes	Yes	Mental health services, med support.
Victor Treatment Centers, Inc. North Valley Schools	855 Canyon Rd. Redding, CA 96001	(530) 378-1855	Youth	None	Yes	No	Day treatment intensive: full day, day rehabilitation: targeted case management, therapy, medication support.





SHASTA COUNTY HEALTH AND HUMAN SERVICES  
2640 Breslauer Way, Redding, CA 96001  
[www.shastahsa.net](http://www.shastahsa.net)  
Revised 6/2011