

# SHASTA COUNTY MENTAL HEALTH, ALCOHOL AND DRUG ADVISORY BOARD (MHADAB) and PUBLIC HEALTH ADVISORY BOARD (PHAB)

*Joint Meeting*

**Redding Library**

1100 Parkview Avenue, Redding, CA 96001

## AGENDA

September 3, 2014 - 5:15 p.m.

### I. CALL TO ORDER AND INTRODUCTIONS

### II. PUBLIC COMMENT PERIOD – OPEN TIME

#### **To Address the Board During Public Comment:**

The Brown Act (Government Code Section 54950 et seq) requires that every agenda for regular meetings provide an opportunity for members of the public to directly address the Shasta County Mental Health, Alcohol and Drug Advisory Board on any item of interest to the public, before or during the Board's consideration of the item. Persons wishing to address the Board should fill out a Speaker Request Form by 4:30 p.m. prior to the beginning of the meeting (forms are available from Cara Schuler, Shasta County Mental Health, Alcohol and Drug Services, 2640 Breslauer Way, Redding, CA 96001). When the Chairperson announces the public comment period, any person wishing to address the Board will be recognized by the Chairperson and is requested to state their name and make their comments. Each speaker is allocated up to three (3) minutes to speak. **Comments must be limited to matters within the jurisdiction of the Board.** The Board will take no action and will hold no discussion on matters presented during public comment unless the matter is an action item on the Board agenda. The Board may refer the subject matter to the appropriate department or agency for follow-up and/or to schedule the matter on a subsequent Board agenda.

### III. DIRECTORS' REPORT (written report)

Donnell Ewert, HHSA Director

Dean True, Adult Services Branch Director and Drug and Alcohol Administrator

Maxine Wayda, Children's Services Branch Director

Terri Fields Hosler, Public Health Branch Director

Mary Schrank, Regional Services Deputy Branch Director

### IV. PRESENTATIONS

A. Alcohol and Other Drug Use Prevention – Terri Fields Hosler, Public Health Branch Director

B. MHSA Prevention and Early Intervention - Evidence Based Practice Implementation:  
A Review of Positive Action – Maxine Wayda, Children's Services Branch Director

### V. REMINDERS

A. The next **Shasta County Mental Health, Alcohol and Drug Advisory Board (MHADAB)** meeting will be November 5, 2014 at 5:15 p.m. at Mae Helene Bacon Boggs Conference Center. For information, please contact Cara Schuler at 225-5900, or via e-mail at [cschuler@co.shasta.ca.us](mailto:cschuler@co.shasta.ca.us).

B. **Shasta County Mental Health, Alcohol and Drug Advisory Board Executive Committee (MHADABEC)** meeting will be on October 20, 2014 at 11 a.m. in the Administrative Conference Room at Mental Health. For information, please contact Cara Schuler at 225-5900, or via e-mail at [cschuler@co.shasta.ca.us](mailto:cschuler@co.shasta.ca.us).

C. The next **Mental Health Services Act Advisory Committee (MHSAAC)** meeting will be December 5, 2014 at 10:00 a.m. at Redding Library. For information, please contact Rosemary Suhar at 225-3678, or via e-mail at [rsuhar@co.shasta.ca.us](mailto:rsuhar@co.shasta.ca.us).

- D. The next **Community Education Committee (CEC)** meeting will be September 9, 2014 at 1:00 p.m. at Olberg Wellness Center, 2757 Churn Creek Rd., Suite D. For information, please contact Marc Dadigan at 225-5970, or via e-mail at [mdadigan@co.shasta.ca.us](mailto:mdadigan@co.shasta.ca.us).
- E. The next **Suicide Prevention Workgroup** meeting will be September 16, 2014 at 2:30 p.m. at The Lotus Center, 3290 Bechelli Lane. For information, please contact Theresa Tibbett at 229-8487, or via e-mail at [ttibbett@co.shasta.ca.us](mailto:ttibbett@co.shasta.ca.us).
- F. The next **ADP Provider** meeting will be November 26, 2014 at 10:00 a.m. at Mae Helene Bacon Boggs Conference Center. For information, please contact Liz Leslie at 225-5105, or via e-mail at [lmleslie@co.shasta.ca.us](mailto:lmleslie@co.shasta.ca.us).
- G. The next **Public Health Advisory Board (PHAB)** meeting will be November 12, 2014 at 12:00 pm at the Community Conference room, 2660 Breslauer Way. For information, please contact Katherine Hughes at 225-3761, or via email [kahughes@co.shasta.ca.us](mailto:kahughes@co.shasta.ca.us).

## VI. ADJOURNMENT

The County of Shasta does not discriminate on the basis of disability in admission to, access to, or operation of its buildings, facilities, programs, services, or activities. The Shasta County Mental Health, Alcohol and Drug Advisory Board will make available to any member of the public who has a disability a needed modification or accommodation including an auxiliary aid or service, in order for that person to participate in the public meeting. A person needing assistance should contact Cara Schuler by telephone at (530) 225-5900, or in person 2640 Breslauer Way, Redding, or by mail at P. O. Box 496048, Redding CA 96049-6048, or by e-mail at [cschuler@co.shasta.ca.us](mailto:cschuler@co.shasta.ca.us) at least two (2) working days in advance. Accommodations may include, but are not limited to, interpreters, assistive listening devices, accessible seating, or documentation in an alternate format. If requested, this document and other agenda materials may be made available in an alternative format for persons with a disability who are covered by the Americans with Disabilities Act.

Questions, complaints or requests for additional information regarding the Americans with Disabilities Act (ADA) may be forwarded to the County's ADA Coordinator.

### ADA Coordinator

Angela Davis, Director of Support Services  
County of Shasta  
1450 Court Street, Room 348 ~ Redding, CA 96001-2676  
Phone: (530) 225-5515 Fax: (530) 225-5345  
California Relay Service: 711 or 1-(800)-735-2922  
E-mail: [adacoordinator@co.shasta.ca.us](mailto:adacoordinator@co.shasta.ca.us)

Public records which relate to any of the matters on this agenda (except Closed Session items), and which have been distributed to the members of the Advisory Board, are available for public inspection at the Shasta County Mental Health, Alcohol and Drug Services, 2640 Breslauer Way, Redding, CA 96001.

If there are any questions regarding this agenda please contact Cara Schuler at 225-5900, or via e-mail at [cschuler@co.shasta.ca.us](mailto:cschuler@co.shasta.ca.us).



# Health and Human Services Agency

Donnell Ewert, MPH, Director

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Dean True, RN, MPA, Adult Services Branch Director and Alcohol and Drug Program Administrator  
Maxine Wayda, LCSW, Children's Services Branch Director  
Terri Fields Hosler, MPH, RD, Public Health Branch Director  
Mary Schrank, RD, MA, MS, Regional Services Deputy Branch Director

## Directors' Report - September 3, 2014

### Mental Health, Alcohol and Drug Advisory Board (MHADAB) and Public Health Advisory Board (PHAB)

#### CURRENT ISSUES:

##### Health & Human Services Agency Update:

**Deputy Branch Director Recruitment:** We are in the final stages of the interview process for the Deputy Branch Director for Children's Services, which should be over during the first half of September. We plan to make a decision soon thereafter. We are initiating a process to fill the new vacancy for the same role in the Adult Services Branch.

**Medi-Cal Managed Care:** It has been one year since the implementation of Medi-Cal managed care in Shasta County through Partnership HealthPlan of California (PHC). The PHC Commission meets every month and it met for the first time in Redding on August 27 at its office near the Redding Airport where they employ almost 70 people. There was an open house the night before and it seems that all of the local health care organizations are more convinced than ever that having a county organized health system (COHS) model with PHC was a much better way to go than the two-plan model that was forced on most of rural California. For example, PHC is about to spend almost \$200,000 on local grants to increase primary and specialty care capacity in the North State, and \$300,000 on physician recruitment for the North State.

##### Adult Services Branch Update:

**Crisis Services Update:** Shasta County staff responded and evaluated approximately 156 individuals experiencing a psychiatric crisis in local emergency rooms during the month of July. Approximately 56 of those individuals were transferred to an acute inpatient psychiatric facility, with an average length of stay of 8 days. 17 individuals were admitted to the county's Crisis Residential and Recovery Center (CRRC) for July, with an average length of stay of approximately 20 days.

**Private Facility Updates:** No remodel activity to report for the Shasta Lake City Board and Care project at this time.

**External Quality Review Organization (EQRO) Update:** The organization, APS, has had the contract to conduct on-site county evaluations for approximately 8 years. The state informed counties in August that a new organization has been awarded the EQRO contract: Behavioral Health Concepts. Shasta County had been scheduled for an EQRO visit with APS in August, but this was cancelled secondary to change in contractor. A visit by the new organization has not yet been scheduled.

**Passing:** Shasta County Health and Human Services, Adult Services, lost a dedicated county employee in August with the passing of Jim Livingston, Branch Deputy Director. Jim was an extremely dedicated, well liked individual who worked for Shasta County for over 17 years, focusing his attention and hard work on helping the elderly, disabled, and those with mental illness. Please see the attached obituary for more on the life of this exceptional man.

**Remodel of the Mental Health Clinic:** The remodel project is moving forward. Bids were sought for the project which was awarded to Gifford Construction, Inc., the low bidder at \$519,000. Construction on the lobby is expected to begin in October and will take about three months. While the remodel is in process, a temporary entrance in Wing I will be made ADA accessible and used instead of the current lobby. The next phase of the remodel involves replacing flooring and paint throughout the building and installing improved way finding signage. An estimated date for completion of that portion of the project has not yet been determined.

**Drug and Alcohol Education in the County Jail:** The Community Corrections Partnership recommended and the Board of Supervisors approved one year of funding for a Drug and Alcohol Education program in the county jail. The program, which began August 12, is staffed by the three private Drug Medi-Cal (DMC) providers and they are compensated for their efforts at the same rate as they would be for DMC groups. There are three groups, two for men and one for women, and the course consists of four 90 minute weekly sessions. The goal of the program is to increase the percentage of jail inmates who seek community-based drug/alcohol treatment once released from the jail.

#### **Public Health Branch Update:**

- We have embarked on the process for Public Health Accreditation by hiring of Trong Le as a full-time Accreditation Coordinator and forming our Accreditation Readiness Team (ART), consisting of senior leadership, program managers and key supervisors. ART held a full day retreat on August 27th planned by Deputy Director Brandy Isola to learn more about the 12 Domains, Measures and Standards that will guide our process. The All Staff meeting on September 24th will launch the effort to fully engage staff throughout the branch, and we will keep PHAB updated and involved as we begin the Community Health Assessment effort.
- Jenn Snider, along with Healthy Shasta partners and staff, submitted a CDC grant entitled “Partnering to Improve Health.” This three year, \$1.4 million dollar proposal will provide valuable resources for the implementation of Healthy Shasta’s strategic plan. Additionally, SCPH was included in the state’s application for a similar grant from CDC that would also bring over \$1 million dollars into our community over four years. Applicants for both grants will be notified by September 30th so keep your fingers crossed!
- Healthy Shasta’s STARS workgroup awarded 20 Healthy Student’s Initiative grants to local schools to improve nutrition and physical activity. Grants ranged from \$1,300 to \$45,200, with a total awarded of \$285,000. The STARS group also provided a Hands-On Cooking Skills workshop for school food service personnel on August 6th. Chefs James Leedy, Jadda Miller, and Cal DeMercurio provided information on whole grains, sodium reduction, creative recipes for fruits and vegetables, and knife skills
- We are proud of our community partner, Shasta Regional Medical Center, went smoke free on August 1, 2014, with support from our Tobacco Staff.
- Please join staff and community members on the Walk to Prevent Suicide - Out of the Darkness at the Sundial Bridge on Saturday, September 13th. The walk start time is at 9:00 am.

- The National Take Back Medication Disposal Event coordinated by the Drug Enforcement Administration (DEA), Shasta County Sheriff's Office (SO), Redding Police Department (RPD) and Shasta County Public Health will be held from 10:00am to 2:00pm on Saturday September 27<sup>th</sup> at the Shasta Mall Sears parking lot.
- In response to the Eiler fire, staff initiated the Disaster Operations Center (DOC) and HHS staff previously trained by Red Cross helped set up and man a shelter at Foothill High School.
- *We are thrilled with our new Immunization Campaign "Friends Don't Give Friends Measles" that is a collaboration between Public Health and Partnership HealthPlan. Materials contain both logos and will be featured in medical provider offices, schools and clinics throughout the county. This is part of our awareness campaign to change the perception of community immunity, and later this year we will be working directly with schools with the highest Personal Belief Exemption/Lowest IZ rates.*
- Our Injury Prevention Unit secured another year of funding to focus on reducing distracted driving and driving under the influence in the amount of \$135,000. Public Health and Business and Support Services staff recently participated in a Grantee Performance Review by the state and received a clean audit with no areas of improvement noted. Kudos to all staff involved

### **Regional Services Branch Update:**

#### **Health Care Reform (HCR):**

- Covered Shasta Community Stakeholders Group held their bimonthly meeting on August 27<sup>th</sup> where participants shared updates on enrollment efforts and techniques for navigating the CalHEERS interface. The group also reviewed lessons learned from last year's Health Care Reform roll out and discussed preparations for the next open enrollment scheduled to start November 15<sup>th</sup>, 2014. The next stakeholder's meeting is scheduled for October 29<sup>th</sup>.
- **Outreach Unit:** The Outreach Unit wrapped up a year-long grant from the Blue Shield Foundation to assist our low income population as they transitioned to the new Affordable Care Act (ACA) programs. Grant deliverables included creating a "Covered Shasta Community Stakeholders Group", and website (coveredshasta.com). Over 30 organizations are participating in the successful and ongoing bi-monthly meetings including the Covered CA staff, federally qualified health centers, hospitals, food banks, government agencies, and private businesses. One insurance agent noted, *"As an agent, I have learned a great deal about how MediCal works and how I can better assist my clients. I have also developed relationships that help me better serve my clients by knowing the appropriate referral source."*
- August 2014 enrollment numbers for Shasta County topped out at 23,863 MediCal cases. Since this time last year, and adjusting for the CMSP/Path to Health conversion, our health care reform efforts have resulted in 6,462 NEW MediCal cases, a substantial increase in the number of residents with healthcare coverage. Although the state CalHEERS program is still working with systems issues and case back-log, Shasta County eligibility services are current in their application and case processing.

#### **Nurse Family Partnership (NFP):**

- As of 7/1/2014, the NFP program has received 357 unduplicated referrals. Seventy-one babies have been born into the program since November 2012. Positive outcomes over the last year include: 96% of babies were born full term; 96% of mothers initiated breastfeeding and 47% continued to breastfeed at six months, and 94% of babies were born at a healthy weight (at or above 5.5lbs).
- PHAB-NFP Community Advisory Committee met on August 1<sup>st</sup>, 2014 and discussed the first of three identified priority areas for this year's CQI program: Contraception. The group reviewed NFP client demographics, discussed contraception access barriers and possible solutions. Next meeting, in October, will focus on the second CQI priority: ER Visits.

## **Board of Supervisor Staff Reports (July-August 2014): MHADAB**

- Agreement with County of El Dorado for Psychiatric Inpatient Hospitalization Services
- Agreements with Right Roads Recovery Programs, Inc., Empire Hotel, EHARC, Inc. dba Empire Recovery Center and VOTC, Inc. dba Visions of the Cross for Outpatient Treatment Services
- State Department of Health Care Services Performance Agreement #13-90339 for Fiscal Year 13-14
- Amendment to the Agreement with VOTC, Inc., dba Visions of the Cross Alcohol/Substance Abuse Treatment Services and Renewal Agreement with VOTC, Inc., dba Visions of the Cross for Residential Treatment Services
- Agreement with Aurora Behavioral Healthcare-Santa Rosa, LLC
- Medicare Enrollment Application for Outpatient Mental Health Services and Authorization of Delegated Official Signers
- Agreement with Victor Treatment Centers, Inc.
- Agreement with the Shasta County Office of Education for the Provision of Foster Youth Education Services
- Agreement with Shasta County Child Abuse Prevention Coordinating Council
- Agreement with Youth for Change for Mental Health Services
- Agreements with Milhous Children's Services and Catholic Charities CYO of the Archdiocese of San Francisco, dba St. Vincent's School for Boys
- Personal Services Agreement between the County of Shasta and Victor Community Support Services, Inc.
- Agreement with Northern California Youth and Family Programs for Administration of the Independent Living Program

## **Board of Supervisor Staff Reports (July-August 2014): PHAB**

- Resolution Designating Authorized Agents for the Purpose of Obtaining Funding Through Homeland Security Grant Programs
- McConnell Foundation Agreement for Ongoing Support of the Healthy Shasta Collaborative
- Accept Donation from Dignity Health, dba Mercy Medical Center Redding for Health Shasta
- Contract Extension for Shasta County Children and Families Commission and Memorandums of Understanding with Northern Valley Catholic Social Services, Inc. and Creekside Counseling Center, Inc. for Early Mental Health Program



# James Dale Livingston

## 6/12/1956 - 8/5/2014

Champion of the Underserved

Shasta County Deputy Director of Adult Services James Dale Livingston passed away unexpectedly at his Redding home on Tuesday. He was 58.

Preceded in death by his parents, Dale and Evelyn Livingston of Fortuna, he is survived by his beloved wife of 26 years Jody Schlesiger Livingston, his brother Tom, his sister-in-law Jana, his numerous and cherished godchildren, nieces, nephews, and the myriad people who were fortunate to call him their friend.

Jim was born in Scotia on June 12, 1956, and was raised in Fortuna, graduating from Fortuna High in 1974, where he was a stellar athlete and the consummate teammate. Jim played collegiate football at both College of the Redwoods and Humboldt State University. Leaving the University when his academic eligibility expired, one semester short of graduation, Jim began his career as a full-time logger, where his intellect, work ethic, toughness, and his affable demeanor made him popular with both management and his co-workers.

In 1994, he completed his Bachelor's Degree in Psychology at Simpson College and beginning his career in mental health as a social worker in Tehama County. In 1997, he began working in Shasta County where he rose through the ranks to become Deputy Director of Adult Services in 2014. He attained a Master's Degree in Behavioral Science from California State University Dominguez Hills.

Known to many as Livy, Jim was a larger than life human with a gigantic heart and boundless energy, and his infectious enthusiasm and his magnanimity made an instant impression on all he encountered. He lived life to the fullest and pursued his passions with evangelistic zeal, nurturing others who shared the same interests. He was a champion of the underserved, with a soft spot in his heart for the elderly, veterans, the mentally ill, the developmentally disabled, children, and animals. He was an avid skier, an outdoorsman, and a humanitarian who gave his time generously to his favorite causes.

Livy was a legend. While living in the woods one summer, he had a number of encounters with an old, rogue black bear. Livy and the bear faced off twice. Livy was mauled in the first battle and the results of the second battle were more ambiguous although the bear succumbed to a case of lead poisoning shortly thereafter. While snowed in on his family's ranch on Eight Mile Ridge on South Fork Mountain in Humboldt County, Livy delivered a baby in a barn, providing care to both the newborn and her mother until the snow thawed a few weeks later. After 16 years in the woods, when it became apparent to him that the timber business held little future for him, Livy, then a handsome, young, hard-working, driven, book-smart, woods-smart logger, left the woods, returned to college, and became a social worker, distinguishing himself through his earnestness, his toughness, and his dedication, and become a tireless and powerful advocate for elders and a vehement enemy of perpetrators of elder abuse.

To his wonderful wife of 26 years, Jody Schlesiger Livingston, who he called "Lovey," Jim was a dedicated husband, a best friend, and a true life-partner. Jim and Jody were inseparable and Jody meant everything to him.

To his friends, Livy was a constant source of wonderment and amusement. He was a writer, a comedian, and a performer who relished an audience and loved to make them laugh. He was a born leader who artfully managed to live authentically by balancing his contradictory character traits: he was an authority figure and a rebel, a staunch advocate and gentle soul, a rascal with an innate sense of propriety, a serious and effective adult possessing a child's capacity for fun and frivolity.

His memorial service will be held on Friday, August 15 at 11 am at [Elks Lodge](#), 250 Elk Drive in Redding, CA.

In lieu of flowers, donations to Power to Seniors Soup Kitchen, care of Golden Umbrella 200 Mercy Oaks Drive, CA 96003 would be appreciated.